

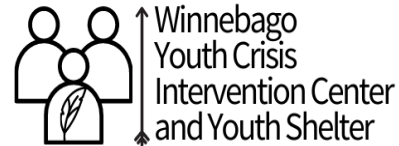


## About Us

With the increasing number of treatment recommendations from the Youth Crisis Intervention Center (YCIC) Assessment Unit, we are expanding our services to include outpatient treatment program services. The YCIC currently provides lower-level treatment services such as Alcohol & Other Drug (AOD) classes and individual therapy with a licensed therapist. However, when youth require a higher level of care, they often must be sent off-reservation for residential inpatient treatment.

To address this gap, we are introducing Drum-Assisted Rehabilitation Therapy for Native Americans (DARNTA) program, which will enhance the treatment options available at YCIC by providing a midlevel outpatient treatment program. This program is expected to reduce inpatient referrals and help keep youth connected to their culture and community while receiving necessary support services.

DARTNA will not only provide a cultural-based approach to recover but will also serve as a cultural preservation tool for the Winnebago Ho-Chunk Community. Throughout the program, youth will also explore topics related to addiction, recovery, cultural identity, and gender roles within drum culture.



Winnebago  
Youth Crisis  
Intervention Center  
and Youth Shelter



# Drum-Assisted Recovery Therapy for Native Americans (D.A.R.T.N.A)

Drum-Assisted Recovery Therapy  
for Native Americans  
(D.A.R.T.N.A)

Winnebago, NE 68071

*Youth Crisis Intervention Center  
Winnebago Tribe of Nebraska*



## Vision & Goals

The Youth Crisis Intervention Center (YCIC) aims to enhance its culturally specific substance-use disorder treatment program to better serve Winnebago tribal members, ages 8 to 21. The program's goals include:

- Reduce substance use by promoting healing through culturally relevant treatment.
- Expand capacity to offer outpatient substance use disorder treatment.
- Provide outpatient treatment services for referred youth and young adults over the five-year grant period.

## Program Description & Implementation

*Sessions run Monday through Thursday and are 3 hours long.*

### Start Times:

*Ages 8-17:*

*Tuesday & Thursday, 4:30pm-7:30pm*

*Ages 18-21:*

*Monday & Wednesday, 4:30pm- 7:30pm*

**\*SUBJECT TO CHANGE\***

### Enrollment Methods:

Referral (by a professional or agency)

Volunteer Participation

Court Order

### Family Orientation (Schedule Appointment):

Complete Treatment Program Forms

Program Reviewal

Complete Survey

***\*DARTNA Prevention Program –  
Designed to support at-risk youth in  
our community. Available by referral  
only***

### *Program Staff:*

**Daryl LaPointe, Jr. – Program  
Coordinator, YCIC/YS Director**

**Charles Hindsley – Cultural  
Specialist**

**Scott Aldrich – Cultural Specialist &  
Substance Abuse Counselor**



The DARTNA program collaborates with the following agencies:

- Youth Crisis Intervention Center Assessment Unit
- Winnebago Tribal Courts
- Winnebago Social Services
- Winnebago Public School
- Winnebago Police Department

## Anticipated Practice and System Improvements

This program aims to:

- Reduce adolescent and young adult substance use in the Winnebago community
- Strengthen cultural integration in treatment programs
- Expand substance abuse treatment services within the community
- Reduce reliance on out-of-community placements for youth and young adults.