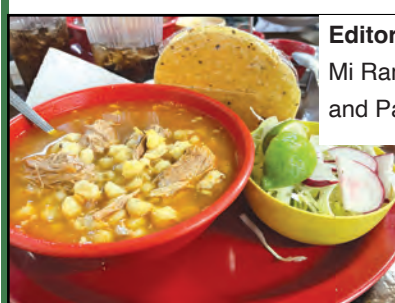




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Volume 53, Number 5

Saturday, March 2, 2024



# Last Bear Moon Powwow Roars



By: Brian Chamberlain  
Photos by: Brian Chamberlain

[Sloan, IA] Saturday, February 24th, 2024, was an incredible day. The Winnebago tribe held its Last Bear Moon Powwow here, hosted by WinnaVegas Casino / Resort. The day was packed to the brim with beautiful indigenous act on as the program was set to feature some of the best singing and dancing for all to see. "Incredible! Simply incredible!" exclaimed one tribal member who attended the day's activities.

The Last Bear Moon "Winter Celebration" Powwow continues to bring all nations to Winnebago keeping on with its original intent to share our unique culture with our fellow tribes. "This powwow had small beginnings and was even delayed due to the pandemic. But now it is growing to be one of the premier events of the season.," said Garan Coons, Communication Officer for the Winnebago Tribe. He also served as

one of the principal committee members responsible for planning this year's event.

Winnebago Homecoming Celebration Princesses, Ms. Paris LaPointe, [Sr. Miss Nebraska-Winnebago], and Ms. Arayah Blackfish, [Jr. Miss Nebraska-Winnebago] were in attendance for the event along with several other visiting royalty. Both young ladies graciously led dancers around the arena helping to fill the circle. Head Man and Head Woman Dancers for the event were: Mr. Lloyd Hamilton (Winnebago, NE), Ms. Thelma Whitewater, (Winnebago, NE). Host Drums for the powwow were Hu-Jop (Winnebago, NE), Haylushka (Winnebago, NE), and New Breed (Winnebago, NE). Arena Director was Mr. Pete Snowball (Winnebago, NE). Head Dance Judge was Mrs. Amy [Bearskin] Painter (Winnebago, NE). Head Singing Judge was John "Johnny Mo" Morris (Thurston, NE). MC for the powwow was Craig "Tunny" Cleveland, Jr. (Winnebago, NE).

The Winnebago tribe began planning for this year's celebration not long after

hosting last year's powwow which was an enormous success. Setting aside funding for the drums, the dancers, and the spectators, the tribe and the committee worked seamlessly with management from WinnaVegas to make it all happen. It is no small feat to host any powwow. One of this size required many hands to bring it to fruition.

Photos of the event are available in this issue of the WIN, as well as online on our social media locations, including videos. The Last Bear Moon Powwow of 2024 had it all, great singing, great dancing, warm comradery, tasty food, smooth traveling mercies, and even a full moon outside. "When I walked in, I felt like I was home!" stated another tribal member who lives away from Winnebago and came to Sloan. With that, we agree, it could not have been done any better. A full list of the winners is inside. Congratulations to the winners and all participants. We hope to see you all come back in July for the 158th, and again here in 2025.

# WTN Awards 2023 Employee of the Year



By: Brian Chamberlain  
Photos by: Brian Chamberlain

[Winnebago, NE] On February 20th, 2024, the Winnebago Tribe of Nebraska celebrated the award of Employee of the Year to Mr. Sean Bear. Sean is a member of the Winnebago Wildlife & Parks Department/Animal Control. A luncheon was held in his honor where he was presented with an award that included a Pendleton blanket, a plaque, and some zura! WTN CEO, Esther Mercer, and Tribal Council Chairwoman, Victoria Kitcheyan, were on hand, along with his family, to help celebrate the occasion.

Several members of the administrative staff and tribal council members were present and offered him their encouragement and congratulations. His colleagues were present for the happy occasion too and provided some good-natured words during the event. "His work exemplifies the duty of his office and taking those tasks above and beyond the daily work." said the Administration during his award presentation. Congratulations, Sean! Keep up the exceptional work. - WIN

James E. Snow / Ineki Nažj Ga [He Stands Alone] (1947-2019) is our featured tribal leader on this edition of the WIN. A long serving member of the Winnebago Tribal Council [Vice-Chairman], Jim was also a U.S. Army Veteran who served in Vietnam. He was a lifelong member of the Winnebago Veteran's Association. A perennial figure in the arena of the Winnebago Homecoming Celebrations, Jim's presence can still be felt as the flags are raised there every morning. Our continued gratitude for the legacy he left behind and for his family who graciously gave permission to feature him here. A true Winnebago leader.

## BAGO BITS

By: Tyler Snake



The HoChunk Community Capital Corporation will be hosting a bi-weekly Winter Market at the Woodland Trails building. Located at 214 HoChunk Plaza N. This event will follow WTN pay periods. Happening 10am to 2pm. At the most recent event vendors were set up with a variety of goods: Beadwork of all types from earrings, keychains, hats and more. Those interested in the new trend: freeze dried snacks, The most preferred are different types of candy. Informative/employment booths. Knitted items and usually breakfast/lunch sales. Stop by and check out what our local vendors have to offer! #SupportLocalVendors



WPS alumni David Wingett Jr. Plays ball for the Peru State College Bobcats. In their most recent win against the Central Methodist team Wingett has scored his 1000th career point! Congrats on this accomplishment! The Bobcats continue in the conference tournament semifinals March 1st against the MidAmerican Nazarene in Olathe, KS. Check their schedule out at pscbobcats.com.



# LAST BEAR MOON 2024



Men's Fancy contestant



Garan Coons and Brittany Pelkey



Lloyd Hamilton



Thelma Whitewater & Tiffany Warner



Men's Traditional Contest



Men's Traditional Contest



Men's Golden Age Souther Straight Contest



Men's Woodland Contest



Men's Woodland Contest



Men's Woodland Contest



Men's Woodland Spotlight Contest



Men's Woodland Spotlight Contest



Men's Fancy Contest



Men's Woodland Contest Spotlight Winners



# LETTERS TO THE EDITOR

*In loving memory...*

## Anthony Joseph Payer



I, Linda Appleton, would like to express my heartfelt thanks to our community. On behalf of my children and myself. We are so grateful for your appearances, donations and all who helped prepare for Anthony's final resting day. It is never easy for any family to have to say goodbye to a loved one. God bless you all. Linda Appleton

### LEGAL NOTICE

Notice of Hearing  
Case No. CV24-057

In the Matter of the  
Name Change Petition of:  
BRENDA JEAN PAYER  
to BRENDA SNOWDEN PEARSON

To: ANY INTERESTED PARTIES

You are hereby notified that a petition for Name Change has been filed and a hearing concerning the above referred Individual in case no. CV24-057 has been scheduled and will be heard in the Winnebago Tribal Court of Winnebago, Nebraska on the 21ST day of MARCH, 2024 at the hour of 10:00 A.M.

### LEGAL NOTICE

Notice of Hearing  
Case No. CV24-069

In the Matter of the  
Divorce Petition of:  
ALISHA LOPEZ  
vs  
WALTER LOPEZ

To: WALTER LOPEZ

You are hereby notified that a Divorce petition has been filed and a hearing concerning the above referred Case No. CV24-069 has been scheduled and will be heard in the Winnebago Tribal Court of Winnebago, Nebraska on the 8TH day of APRIL, 2024 at the hour of 11:30 A.M.

**To: ALL Creditors of James Louis LaRose**  
**Case #: CV24-035**

You are hereby notified that Anita LaRose has been appointed as Personal Representative for the Estate of James Louis LaRose, who died on November 7th, 2023. Pursuant to Winnebago tribal Code § 14-115, you have ninety (90) days from the date of this Notice to file a claim against the Estate of the Decedent with the Winnebago Tribal Court or be forever barred from exercising that claim.

*Dated this 12th day of February 2024*  
*Signed: Anita LaRose,*  
*Personal Representative*

**Next  
WIN News  
Deadline:  
March 12th**

### LEGAL NOTICE

Notice of Hearing  
Case No. CV24-061

In the Matter of the  
Name Change Petition of:  
LATECIA MALIA CONTRERAS  
to LATECIA MALIA MEANS

To: ANY INTERESTED PARTIES

You are hereby notified that a petition for Name Change has been filed and a hearing concerning the above referred Individual in case no. CV24-061 has been scheduled and will be heard in the Winnebago Tribal Court of Winnebago, Nebraska on the 14TH day of MARCH, 2024 at the hour of 10:30 A.M.

### LEGAL NOTICE

Notice of Hearing  
Case No. CV24-072

In the Matter of the  
Guardianship Petition of:  
Jacobie Grant  
In Re:  
O.L. (Born 09/2010)

TO: ORLANDO LASLEY SR, FATHER

You are hereby notified that a petition has been filed for Guardianship and a hearing concerning the above referred Individual(s) in Case No. CV24-071 has been scheduled and will be heard in the Winnebago Tribal Court of Winnebago, Nebraska on the 11TH day of March, 2024 at the hour of 10:30 A.M.

## JESUS OUR SAVIOR LUTHERAN OUTREACH



By: Pastor Ricky Jacob

### "Lukewarm"

During this forty day spring season of Lent, Christians around the world reflect on the price that Jesus paid in order to rescue us from the just wrath of our Creator. I have chosen to reflect on the seven letters to seven Christian churches in in Asia Minor, present day Turkey.

In the book of the Revelation of Jesus Christ instructs John to write to the messenger of God in Laodicea, Revelation chapter three, verses fourteen through twenty-two. "These things says the Amen, the witness, the faithful and true one, the source of the creation of God." Through these words we know who is instructing John to write these words. It is none other than Jesus, the son of God who is one with his heavenly Father. Jesus the one and only one who lived up to the commands of our Creator.

Jesus continues his instruction for John to write: 'I know our works, namely, that you are neither cold or hot. Would that you were cold or hot! Because you are thus lukewarm and neither hot nor cold, I am going to spit you out of my mouth. For you are saying, "I am wealthy and I have acquired riches and I have need of nothing more," but you do not know the you are wretched one and pitiful and poor and blind and naked. I advise you to purchase from me gold which has been refined by fire so that you may be wealthy, and white garments so that you may clothe yourself and the shame of your nakedness may not be seen, and eye salve to rub on your eyes so that you may see. All whom I love I myself reprove and discipline. Be zealous, then, and repent!

Laodicea was situated in the neighborhood of hot springs. Emitting lukewarm

water from the mouth was a figure which its citizens could easily understand. I do not know of anyone who orders lukewarm coffee or tea, ice cold coffee or ice cold tea - YES! Hot coffee or hot tea YES! Lukewarm coffee or tea NO!

Lukewarm, tepid, half-hearted, limp, always ready to compromise, indifferent, listless these were the attitudes of the people of Laodicea. This was directed to the so-called Christians - believers in Jesus.

How does a half-hearted Christian behave? He/she feels prosperous and content. He has everything he needs. He doesn't feel the need for revival or the need for self-sacrifice. He doesn't especially feel the need to attend Divine Services. Everything is just fine as it is for him or for her, with no care for others. He is called to instead be zealous and to repent!

Jesus goes on: 'Behold, I stand at the door and knock. If anyone should hear my voice and should open the door, then I will enter to be with him, and I will dine with him and he with me.'

When was the last time that you dined with Jesus? When was the last time you allowed him to speak to you through hearing, or reading, or meditating on His words?

Jesus continues: 'The one who conquers, I will grant to him to sit with me on my throne, even as I myself have conquered and have sat down with my Father on his throne. The one who has an ear, let him listen to what the Spirit says to the churches.'

Are you one who conquers or not? If you don't know or are not sure come and we can talk about how one conquers. Join us each Lord's Day - 10 am Bible study on the Revelation of Jesus, followed by Divine Service at 11 at Jesus Our Savior Lutheran Church.

## Ho-Chunk, Inc.'s Fan Appreciation Night Celebrates Winnebago Community

Winnebago, NE – Ho-Chunk, Inc. brought the community together for another unforgettable Fan Appreciation Night at Winnebago Public School.

The event was a showcase of athletic talent and a celebration of our Winnebago community as the Winnebago Indians faced off against the Isanti Warriors from Santee, Nebraska.

The evening's festivities began at 5:30 PM with "Tacos-in-a-Bag" being served by Ho-Chunk, Inc. employees and volunteers to the first 500 fans that came through the door.

The girls' varsity game opened the competition at 6 PM, followed by the boys' varsity game.

A centerpiece of the night was the "Pop for a Shot" contest during

halftime of the two games. This was an engaging activity where fans had the chance to shoot a basketball for \$1 per attempt, and if the shot was made, they could choose a 2L bottle of soda or lemonade.

This fun challenge was more than just an entertaining activity; it was a means of giving back. \$200 was raised from Pop for a Shot – directly benefitting the Winnebago Senior Center. This contribution highlights the current focus of Ho-Chunk, Inc.'s employee donations program, Ho-Chunk Way, underscoring the company's commitment to supporting vital community resources and initiatives.

There was also a raffle that added another layer of excitement to the event, offering attendees the chance to win various prizes.



The next issue of the WINNEBAGO INDIAN NEWS will be published on March 16, 2024. DEADLINE for this issue will be March 12, 2024.



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The Mission of the WIN is to inform and to educate the Winnebago Tribe of Nebraska of issues that affect them, and to be a vehicle in which stresses positive and beneficial concerns and points of view. LETTER POLICY: Signed editorials, letters and articles appearing in the WIN are the responsibility of the authors and do not necessarily reflect the opinion or attitude of the Winnebago Indian News or the Winnebago Tribal Council.

The WIN encourages the submission of Letters to the Editor; however, letters must be signed and addressed. Letters may be edited for language and length.

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**Winnebago Indian News Staff**  
Brian Chamberlain.....Editor  
Tyler Snake.....Office Manager  
Christina Parker.....Desktop Publisher

**WTN Communications**  
Garan Coons.....Comm. Officer  
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Isaac Smith.....Vice Chairman  
Lorelei DeCora.....Secretary  
Rona Stealer.....Treasurer  
Coly Brown.....Member  
Kenny Mallory.....Member  
Aric Armell.....Member  
Theresa Littlegeorge.....Member  
Eugene DeCora.....Member





# TRIBAL COUNCIL MINUTES

## WINNEBAGO TRIBE OF NEBRASKA REGULAR TRIBAL COUNCIL MEETING February 12, 2024

### TRIBAL COUNCIL PRESENT:

Isaac Smith  
Lorelei DeCora  
Coly Brown  
Kenneth Mallory  
Teresa Littlegeorge  
Aric Armell  
Victoria Kitcheyan – *Travel*  
Rona Stealer – *Travel*  
Eugene DeCora – *Travel*  
**OTHERS PRESENT:**  
Esther Mercer  
Paul McCarty  
Larry Watts  
Esther Mercer  
Kevin Ebert  
Annabess Preston  
Cecelia Earth  
James Sun III  
Eli Painter  
John Big Eagle Sr.  
Jesse Big Eagle  
Desiree Kitcheyan  
Miskoo Petite  
Lauren Buchanan

**CALL TO ORDER :** Vice Chairman Isaac Smith Called the Meeting To Order at 9:18 a.m.

**PRAYER:** Offered by Coly Brown

**AGENDA:** Add as #3 under New Business: WCHS Title V Construction Project. Add J.B.E. to an Executive Session.

Aric Armell motioned to approve the agenda. Teresa Littlegeorge seconded.

VOTE: (5) yes (0) no (0) abstain  
Motion carried.

### READING OF THE MINUTES:

Aric Armell motioned to approve the January 24, 2024 Special Tribal Council Meeting Minutes With Wild Life & Parks. Teresa Littlegeorge seconded.

VOTE: (5) yes (0) no (0) abstain  
Motion carried.

Aric Armell motioned to approve the January 24, 2024 Mid-Monthly Tribal Council Meeting Minutes. Teresa Littlegeorge seconded.

VOTE: (5) yes (0) no (0) abstain  
Motion carried.

Teresa Littlegeorge motioned to approve the January 26, 2024 Treasurer's Report Meeting Minutes. Aric Armell seconded.

VOTE: (5) yes (0) no (0) abstain  
Motion carried.

### RATIFY FIVE SIGNATURES:

Aric Armell motioned to Ratify the Five Signature: Approve the IT Building from GraybaR for the fiber project. The building will house our main equipment for the ISP \$441,783.79. Teresa Littlegeorge seconded.

VOTE: (5) yes (0) no (0) abstain  
Motion carried.

Teresa Littlegeorge motioned to Ratify the Five Signature: Approve the Winnebago Healthcare Plan 2024 presented to the Winnebago Tribal Council today, 2-2-24. Coly Brown seconded.

VOTE: (5) yes (0) no (0) abstain  
Motion carried.

### NEW BUSINESS:

Aric Armell motioned to adopt Resolution #24-85 to Authorize the Winnebago Tribe Chief Administrative Officer to Implement a Reporting System for Law Enforcement Complaints and Take Disciplinary Action if Warranted. Coly Brown seconded.

VOTE: (5) yes (0) no (0) abstain  
Motion carried.

Teresa Littlegeorge motioned to refer the Wayne Dominowski Proposal to the Winnebago Public School Superintendent and the Little Priest Tribal College President. Aric Armell seconded.

VOTE: Aric Armell seconded.  
VOTE: (5) yes (0) no (0) abstain  
Motion carried.

Lorelei DeCora motioned to adopt Resolution #24-86 to approve the Title V Construction Project Agreement, M & I Backlog of Essential Maintenance, Alteration, and Repair Project GP22WI400H10 12 Clans Unity Hospital. Kenneth Mallory seconded.

VOTE: (5) yes (0) no (0) abstain  
Motion carried.

Aric Armell motioned to go into Executive Session. Teresa Littlegeorge seconded.

VOTE: (5) yes (0) no (0) abstain  
Motion carried.

In Executive Session at 9:40 a.m.

Teresa Littlegeorge motioned to come out of Executive Session. Kenneth Mallory seconded.

VOTE: (5) yes (0) no (0) abstain  
Motion carried.

Out of Executive Session at 11:32 a.m.

Lorelei DeCora motioned to adjourn. Aric Armell seconded.

VOTE: (5) yes (0) no (0) abstain  
Motion carried.

Vice-Chairman Isaac Smith adjourned the meeting at 11:33 a.m.

*Respectfully submitted,  
Lorelei DeCora, Secretary  
Winnebago Tribal Council*

## WINNEBAGO TRIBE OF NEBRASKA PHYSICAL RESOURCES REPORT FEBRUARY 12, 2024

### TRIBAL COUNCIL:

Isaac Smith  
Lorelei DeCora  
Coly Brown  
Kenneth Mallory – *in at 1:35 p.m.*  
Aric Armell  
Teresa Littlegeorge  
Victoria Kitcheyan – *Travel*  
Rona Stealer – *Travel*  
Eugene DeCora – *Travel*  
**OTHERS:**  
Desiree Kitcheyan  
Fannie LaTray  
Annabess Preston  
Esther Mercer  
Autumn Niewman  
Ireta Frazier  
Julie Smithart  
Cecelia Earth

**CALL TO ORDER:** Vice-Chairman Isaac Smith Called the Meeting To Order at 1:13 p.m.

**PRAYER:** This morning's Prayer was already offered.

**AGENDA:** Add as #4. CEO Item Aric Armell motioned to approve the agenda. Teresa Littlegeorge seconded.

VOTE: (4) yes (0) no (0) abstain  
Motion carried.

**LAND MANAGEMENT:** Fannie LaTray presents.

Aric Armell motioned to adopt Resolution #24-87 approve an Agricultural five (5) year lease for T-2065 to Ho-Chunk Farms 70.1 farmable acres at the rate of \$18,650.00 per year for the term of the lease. Teresa Littlegeorge seconded.

VOTE: (4) yes (0) no (0) abstain  
Motion carried.

Teresa Littlegeorge motioned to adopt Resolution #24-88 approve an Agricultural five (5) year lease for T-2065 to Heath Barclay 80 pasture acres at the rate of \$7,200.00 per year for the term of the lease. Coly Brown seconded.

VOTE: (4) yes (0) no (0) abstain  
Motion carried.

Aric Armell motioned to adopted Resolution #24-89 approve an Agricultural five (5) year lease for T-78L to Ho-Chunk Farms 72 farmable acres at the rate of \$19,400.00 per year for the term of the lease. Coly Brown seconded.

VOTE: (4) yes (0) no (0) abstain  
Motion carried.

Coly Brown motioned to adopt Resolution #23-26A amended to 193 acres for a three (3) year agricultural lease for Tract Nieman to Ho-Chunk Farms at the rate of \$62,725.00 per year for the term of the lease. Teresa Littlegeorge seconded.

VOTE: (4) yes (0) no (0) abstain  
Motion carried.

Aric Armell motion to adopt Resolution #24-90 cancels Mamie Redhorn-Brownrigg's homesite lease, now deceased. Teresa Littlegeorge seconded.

VOTE: (4) yes (0) no (0) abstain  
Motion carried.

Coly Brown motioned to adopt Resolution #24-91 approving a homesite lease to Stormy Brownrigg T-2030 of 1.89 acres for 25 years with the Annual rental at \$175.00 per for the term of the lease. Teresa Littlegeorge seconded.

VOTE: (4) yes (0) no (0) abstain  
Motion carried.

**EMERGENCY MANAGEMENT** – Julie Smithart presents  
Hazard Summary discussion with the Tribal Council.

KM- in at 1:35 p.m.

Aric Armell motioned to approve the Emergency Management Report. Teresa Littlegeorge seconded.

VOTE: (5) yes (0) no (0) abstain  
Motion carried.

**PHYSICAL RESOURCES REPORT** – Ireta Frazier & Autumn Nieman present.

Kenneth Mallory motioned to approve the Physical Resources Report. Teresa Littlegeorge seconded.

VOTE: (5) yes (0) no (0) abstain  
Motion carried.

Lorelei DeCora motioned for the CEO to take all actions necessary for employee insubordination. Aric Armell seconded.

VOTE: (5) yes (0) no (0) abstain  
Motion carried.

Aric Armell motioned to adjourn. Kenneth Mallory seconded.

VOTE: (5) yes (0) no (0) abstain  
Motion carried.

Vice-Chairman Isaac Smith adjourned the Meeting at 2:34 p.m.

*Respectfully submitted,  
Lorelei DeCora, Secretary  
Winnebago Tribal Council*

## WINNEBAGO TRIBE OF NEBRASKA CEO REPORT FEBRUARY 14, 2024

### TRIBAL COUNCIL:

Isaac Smith – *in at 10:07 a.m.*  
Lorelei DeCora  
Coly Brown  
Kenneth Mallory  
Teresa Littlegeorge  
Victoria Kitcheyan – *Travel*  
Rona Stealer – *Travel*  
Eugene DeCora – *Travel*  
Aric Armell – *Leave*  
**OTHERS:**  
Kevin Ebert  
Karl Baker  
Esther Mercer  
Desiree Kitcheyan  
Willie Bass  
Josua Chamberlain  
Cecelia Earth  
Jasmine Lambers  
Lynelle Blackhawk  
Shelly Bear  
Annabess Preston  
Joy Johnson  
Kellie Snow  
Tyresha Romero  
Ramona Sheridan  
Lewis St. Cyr  
Janelle DeCora  
Amy LaPointe  
Trina Aldrich  
Brittany Thomas  
Jonathan Seagrass  
Terri Medina  
Misty Jefferson

**CALL TO ORDER:** Vice-Chairman Isaac Smith Called the Meeting To Order at 10:07a.m.

**PRAYER:** Coly Brown

**AGENDA:** Added three items to the Executive Session

Add: under 5. Planning, d. 2024 Connecting With Our Homelands Grant Move the Executive Session to 11 a.m.

Teresa Littlegeorge motioned to approve the Agenda. Coly Brown seconded.

VOTE: (4) yes (0) no (0) abstain  
Motion carried.

CEO Report – presented by Esther Mercer, CEO

CEO will develop an internal notification list for Emergency Grants by the Tribal Council and Emergency Assistance by the Human Services Department.

Establish a Tuesday morning Huddle regularly with the Tribal Council and Administration.

Kenneth Mallory motioned to approve the CEO Report. Teresa Littlegeorge seconded.

VOTE: (4) yes (0) no (0) abstain  
Motion carried.

CAO Report – presented by Lynelle Blackhawk, CAO

Kenneth Mallory motioned to accept the CAO Report as presented. Teresa Littlegeorge seconded.

VOTE: (4) yes (0) no (0) abstain  
Motion carried.

PTO Cash Out Policy

Teresa Littlegeorge motioned to approve the PTO Cash Out Policy as presented. Kenneth Mallory seconded.

VOTE: (4) yes (0) no (0) abstain  
Motion carried.

Coly Brown motioned to recommend the Department Heads consider two (2) Cash Outs per year for Tribal employees that worked over 10 years for the Tribe. Kenneth Mallory seconded.

VOTE: (4) yes (0) no (0) abstain  
Motion carried.

Teresa Littlegeorge motioned to go into Executive Session. Coly Brown seconded.

VOTE: (4) yes (0) no (0) abstain  
Motion carried.

In Executive Session at 11:06 a.m.

Lorelei DeCora motioned to come out of Executive Session. Teresa Littlegeorge seconded.

VOTE: (4) yes (0) no (0) abstain  
Motion carried.

Out of Executive Session at 12:28 p.m.

Lorelei DeCora motioned to direct the General Counsel to send a letter to the Village of Winnebago they are legally obligated to follow Winnebago Tribal Laws and Codes within the boundaries of the Winnebago Reservation. Coly Brown seconded.

VOTE: (4) yes (0) no (0) abstain  
Motion carried.

Lorelei DeCora motioned that rent collected by the Winnebago Veterans Office for use of the Vets Center will be managed by the Winnebago Finance Department. Coly Brown seconded.

VOTE: (4) yes (0) no (0) abstain  
Motion carried.

Lorelei DeCora motioned to direct Administration to do a survey with Winnebago Tribal employees if they are interested in a Charitable Giving Program by 60 days or provide an update. Coly Brown seconded.

VOTE: (4) yes (0) no (0) abstain  
Motion carried.

Boards & Committees

Teresa Littlegeorge motioned to appoint Misty Jefferson to the Flandreau Indian School (FIS) Board pending the FIS background check they require. Coly Brown seconded.

OBJECT: KM  
VOTE: (3) yes, TL, CB, LD (0) no

(1) abstain, Motion carried.  
LPTC Board of Trustees – Two (2) vacancies

Coly Brown motioned to re-appoint Amy LaPointe and Essther Mercer to the Little Priest College (LPTC) Board of Trustees. Kenneth Mallory seconded.

VOTE: (4) yes (0) no (0) abstain  
Motion carried.

HCI Board of Trustees

Coly Brown nominates Ireta Frazier to the HCI Board of Trustees.

Kenneth Mallory nominates Tanya Baker to the HCI Board of Trustees.

Kenneth Mallory motioned to cease nominations. Teresa Littlegeorge seconded.

VOTE: (4) yes (0) no (0) abstain  
Motion carried.

CB & LD vote for Ireta Frazier  
TL & KM vote for Tanya Baker

There is a tie.

Vice-Chairman Isaac Smith votes for Ireta Frazier.

VOTE: (3) yes, CB, LD, IS for Ireta Frazier  
Vote for Tanya Baker

VOTE: (2) yes, TL, KM

Motion carried. Ireta Frazier is appointed to the Ho-Chunk Inc. Board of Trustees.

Hemp Commission

Kenneth Mallory motioned to approve travel for the Hemp Commission to attend the Native American Hemp and Cannabis National Conference in Temecula, CA in June 2024. Teresa Littlegeorge seconded.

VOTE: (4) yes (0) no (0) abstain  
Motion carried.

Ho-Chunk Renaissance ORG Chart

Kenneth Mallory motioned to approve the Ho-Chunk Renaissance revision of their ORG Chart. Teresa Littlegeorge seconded.

VOTE: (4) yes (0) no (0) abstain  
Motion carried.

Enrollment

Lorelei DeCora motioned to adopt Resolution #24-92 approve the Blood Quantum Correction

of #383-UO3133 and her descendants. Teresa Littlegeorge seconded.

VOTE: (4) yes (0) no (0) abstain  
Motion carried.

Teresa Littlegeorge motioned to adopt Resolution #24-93 approve the Blood Quantum Correction of #383-UO5683 and his descendants. Kenneth Mallory seconded.

VOTE: (4) yes (0) no (0) abstain  
Motion carried.

Winnebago Tribal Education – EduCare Network Conference – presented by Amy LaPointe

EduCare of Winnebago will host the EduCare Network Conference, May 1 – May 3, 2024. It will be held at the Sioux City Convention Center. On Thursday evening, May 2, 2024 EduCare of Winnebago will host the conference participants to visit our EduCare. They will have food, singers and dancers for our guests. The Winnebago Veterans will bring in the Colors at the Opening of the Conference and retreat the Colors at the closing. EduCare is requesting an earlier Community Clean-Up for the Community prior to the May 1, 2024 Conference. EduCare of Winnebago is the only American Indian EduCare in the U.S. The Winnebago Education Department & EduCare of Winnebago will be meeting with the Tribal CFO on the budget and will bring it to the Tribal Council once its ready.

Tribal Vocational Rehabilitation Program – Policies & Procedures – presented by Amy LaPointe

Kenneth Mallory motioned to approve the Tribal Vocational Rehabilitation Program – Policies & Procedures Manual. Teresa Littlegeorge seconded.

VOTE: (4) yes (0) no (0) abstain  
Motion carried.

Teresa Littlegeorge motioned to adopt Resolution #24-94 approve the FY 2024 EduCare School Red Nose Day Grant \$43,478.00. Kenneth Mallory seconded.

VOTE: (4) yes (0) no (0) abstain  
Motion carried.

Planning – Fiber Project Business Plan Discussion, presented by Joy Johnson

Legal Aid of Nebraska Tribal Criminal and Civil Legal Assistance Grant.

Lorelei DeCora motioned to table the Legal Aid of Nebraska Tribal Criminal and Civil Legal Assistance Grant request until the February 21, 2024 General Counsel Meeting. Kenneth Mallory seconded.

VOTE: (4) yes (0) no (0) abstain  
Motion carried.

2024 Connecting With Our Homelands

Teresa Littlegeorge motioned to adopt Resolution #24-95 approve the FY 2024 Connecting With Our Homelands Grant \$4,000.00. Coly Brown seconded.

VOTE: (4) yes (0) no (0) abstain  
Motion carried.

Lorelei DeCora motioned to adjourn. Teresa Littlegeorge seconded.

VOTE: (4) yes (0) no (0) abstain  
Motion carried.

Vice-Chairman Isaac Smith adjourned the Meeting at 3:06 p.m.

*Respectfully submitted,  
Lorelei DeCora, Secretary  
Winnebago Tribal Council.*



## ANNOUNCEMENTS

### SUICIDE IN INDIAN COUNTRY PART 41

#### Maintaining a Healthy Lifestyle

Maintaining a healthy lifestyle can affect the way you feel, not only physically, but emotionally. If you feel depressed or overwhelmed emotionally, it's easy to forget the basics of taking care of yourself physically. It will make a difference if you maintain a healthy lifestyle during your recovery. Of course this means limiting your use of alcohol and eliminating other drugs, as these can negatively affect your emotions, but it's more than just that. Getting enough sleep, eating well, and exercising are also crucial to your recovery.

#### Sleep

A link between sleep and depression is well-documented. When depressed, many people find themselves sleeping a lot more than usual, while others are unable to sleep adequately. Poor sleep can lead to fatigue, inactivity, anxiety, and irritability, making depression or other mental health issues even worse. Insomnia can also be associated with suicidal thoughts and actions. If you have depression that includes sleep disturbances, certain kinds of talk therapy (like CBT) can help, as well as medication. So it is important to discuss sleep problems with your counselor or psychiatrist.

Getting enough sleep is crucial because your body restores itself during sleep. For more information you can read Healthy Sleep Tips from the National Sleep Foundation (<http://sleepfoundation.org/sleep-tools-tips/healthy-sleep-tips>).

#### Diet

Appetite changes—either poor appetite with weight loss or increased appetite with weight gain—also can be symptoms of major depression. If your appetite has changed and you have low, depressed mood, please talk with your psychiatrist or counselor about whether you should consider medication.

While no particular diet has been proven to decrease depression and anxiety or improve emotional health, there does seem to be a correlation between what we eat and how we feel. A healthy diet is recommended as a key part of the overall treatment for depression. Additionally, ensuring that your body has the nutrients it needs can increase your energy level.

Enrolling in a healthy cooking class can help you find ways to eat well and meet new people. You also can find out how to prepare healthy food online.

The United States Department of Agriculture (USDA) has a diet and nutrition website: <http://snap.nal.usda.gov/basic-nutrition-everyone> that could be a good starting point.

#### Exercise

When you exercise, your body releases endorphins, a chemical that affects how people perceive pain. It's believed that the release of endorphins can help people feel more energized and even improve their emotional states, allowing them to be more hopeful about life. In fact, some studies suggest that exercise can be an effective treatment for depression.

Given that exercise can improve your mood, you might want to join a local gym, take a walk every day with a friend, or do exercises at home. Incorporating an exercise plan into your daily life (exercising three or more times each week) is highly recommended. You can find more information about depression and exercise online. The National Alliance on Mental Illness (NAMI) has resources about exercise and mental health at <http://www.nami.org/Find-Support/Living-with-a-Mental-Health-Condition/Taking-Care-of-Your-Body>.

For more information about maintaining a healthy lifestyle, see SAMHSA's Wellness Strategies at <http://www.samhsa.gov/wellness/strategies>.

#### Taking Medication

If you choose to go to counseling, your counselor may recommend taking medication to improve your mood, especially if maintaining a healthy lifestyle and counseling aren't giving you the results you're looking for. You may struggle with the decision to take medication and feel as though it's a sign of weakness. It's important to remember that people take medications for all sorts of illnesses, and there is no reason to be embarrassed if you choose to try medications to alleviate depression, anxiety, or another mental health concern that causes you pain.

Certainly, only you can decide if you want to take medication; however, many people have felt that their depression and anxiety improved after taking medication. Most people (including researchers) indicate that counseling combined with medication provides the best results.

If you do choose to try medication, here are a few important things to remember:

It can take some time for medication to have an effect. While some medications (for instance, sleep medication) may work immediately, medications for depression may take up to 8 weeks to reach their full effect. Your psychiatrist or doctor can tell you what to expect.

You must take your medication as directed, without skipping dosages, for it to be effective.

It's important to continue taking your medication for the entire period it is prescribed. You may be tempted to stop taking medication when you start to feel better. Stopping too soon can cause a relapse. Always work with your psychiatrist or doctor if you want to stop or change your medication.

If your thoughts of suicide increase after you start taking medication, be sure to contact your psychiatrist or doctor immediately.

Different medications work for different people. Be patient; sometimes it can take time to find the medications that work best for you. If one medication doesn't work, that doesn't mean none of them will. Finding the right medication can take persistence.

National Suicide Prevention Lifeline 1-800-273-8255 (TALK), Winnebago Behavioral Health 1-402-878-2911, After Hours Crisis #1-712-259-3263.

### WCHS Introduces Patient Experience Specialist



them regularly touring through the facility interacting directly with our patients as they are experiencing our care, to ensure proactive interventions. The role serves as a patient ambassador throughout all parts of WCHS, it is responsible for all patient inquiries or complaints and seeing them through to satisfactory results.

"We couldn't be happier to have Rob here," says Molly Johnson, Director of Quality Management. "His passion for this community shines through his ability to lead and guide our relatives through the process of receiving quality healthcare."

A distinguished graduate of Wayne State College with a bachelor's degree in communications, Manuel brings a wealth of experience and a passion for community wellness to his new role. Manuel's commitment to diversity and unity is evident through his involvement in various councils and organizations, such as the Wayne State Diversity Council and the Minorities in Accordance Coming Together Council. His leadership as a member of the Wayne State Football Unity Council highlights his ability to foster collaboration and teamwork. His WCHS journey began during his time at Whirling Thunder Wellness Center, serving as the Lead Fitness Specialist under the Special Diabetes Program for Indians (SDPI) grant. His dedication to improving health outcomes helped Whirling Thunder earn the John Pipe Voices for Change Award from the American Diabetes Association in 2015. As a Patient Experience Specialist, Manuel's primary focus is on ensuring that patients receive the education and support they need to navigate the healthcare system seamlessly.

Winnebago, NE – The Winnebago Comprehensive Healthcare System is proud to introduce an important member of their team, and a recently reimagined community focused role at WCHS, Rob Manuel, Patient Experience Specialist. Manuel's passion for serving Winnebago has not only stood the test of time – it shows in his work every day.

The Patient Experience Specialist at WCHS is an incredibly important role. Reporting to the Director of Quality Management, the Patient Experience Specialist works together with the WCHS patient care team to guide positive experiences during all preventive, primary, and acute care visits. On a typical day, this role collaborates internally to identify strategy opportunities to ensure patients and relatives are at the center of all WCHS does. They use 'purposeful rounding', which is a healthcare term for saying that a portion of their role involves

### Nurse Suhr and Nurse Ford Receive WCHS's Daisy Award

Winnebago, NE – Winnebago Comprehensive Healthcare System is thrilled to announce that Pediatric RN Makenna Ford and Case Manager RN LaShayna Suhr have been honored as the recipients of the FY24Q2 DAISY Award® for Extraordinary Nurses. Yesterday, WCHS hosted an awards ceremony to honor these nurses and their service to our patients and relatives.

Established in 1999 by the family of Patrick Barnes, the DAISY Foundation celebrates the exceptional care provided by nurses. Inspired by the compassion and kindness they experienced during Patrick's illness, the Barnes family initiated the DAISY Award® to express gratitude for the remarkable dedication of nurses.

Selected from a pool of highly deserving candidates by our esteemed DAISY committee, Makenna Ford and LaShayna Suhr stood out for their unwavering commitment to excellence in nursing. Described by their nominators as consistently providing exceptional care, Makenna and LaShayna exemplify empathy, skill, and dedication in their respective roles, ensuring the well-being

and comfort of their patients.

At a heartfelt awards ceremony held on Monday, February 26, Makenna and LaShayna were surprised and deeply honored in the presence of their peers and leadership. "In a pool of esteemed candidates, Makenna Ford and LaShayna Suhr emerged as shining examples of excellence in nursing. Their unwavering commitment to exceptional care, as described by their nominators, is a testament to their profound empathy, skill, and dedication. Makenna and LaShayna epitomize the spirit of nursing, ensuring the well-being and comfort of their patients with every interaction," said Sara McIntosh, Chief Nursing Officer.

This recognition program, born from a simple expression of gratitude, has evolved into a global movement embraced by healthcare organizations worldwide. WCHS remains dedicated to celebrating and honoring the exceptional efforts of nurses like Makenna Ford and LaShayna Suhr, who embody the spirit of compassion and excellence in patient care.



### WCHS Completes Public Health Accreditation Visits

Winnebago, NE – The Winnebago Comprehensive Healthcare System is celebrating a milestone this month – they have completed all necessary visits to potentially receive their Public Health Accreditation. This gets WCHS one step closer to being recognized as a valid, legitimate public health resource. The Public Health Accreditation Advisory Board has recognized health departments that meet national standards since 2011, ensuring they provide essential public health services in their communities.

Public health is the science of protecting and improving the health of communities through education, promotion of healthy lifestyles, and research for disease and injury prevention. While hospitals serve the individual patient, public health serves the community. This is what makes WCHS so unique, it serves all aspects of the patient community. The Winnebago Public Health Department is seeking accreditation to help stimulate quality improvement, improve accountability and transparency, improve the capacity of the department to provide high quality programs and services, strengthen the relationships with key partners in other sectors, help them use equity as a lens for identifying and addressing health priorities,

increase the extent to which the health department uses evidence-based practices, and strengthen the utilization of resources.

"We differ from a lot of other public health departments in a lot of ways," remarks Chief Public Health Officer Mona Zuffante. "We can focus our resources solely on the needs of our Winnebago community. That could be implementing strategies that would be unique to our community, by incorporating our Indigenous culture into our programming. We are in a unique position to elevate the health of our relatives and receiving public health accreditation will only lift us up more. This journey has allowed the department to identify a clear plan for our community's health, to execute that plan, and then to have it validated by the PHAB is a huge step forward for our organization."

WCHS submitted over 330 documents to be reviewed by the PHAB, encapsulating some WPHD's initiatives to elevate the health of the community. 105 of these measures were reopened for the virtual site visit, and only 21 still needed additional information. These documents are audited and vetted by the PHAB, to ensure their legitimacy, accuracy, and strategic execution. The process for accreditation is lengthy and thorough. WCHS is now patiently awaiting the results of these visits.





# HAKWE

**Question of the Issue:**

***Favorite Movie Line:***

**Garan:** *"I'll be back."* – The Terminator (Arnold Schwarzenegger) (1984)

**Brian:** *"Illusions are by their nature sweet."* – Marquise de Merteuil (Glenn Close) Dangerous Liaisons [1988]

**Tyler:** *"Kindness is just love with its work boots on."* Shelly (Anna Ferris) The House Bunny (2008)

**Kevin:** *"Say hello to my little friend!"* – Scarface (Al Pacino) (1983) My 17 y/o knows the quote but had no idea where it came from. LOL :-p

**Christina:** *"Please bore someone else with your questions."* Miranda Priestly (Meryl Streep) – The Devil Wears Prada (2006)

**Bethani:** *"Don't let anyone ever make you feel like you don't deserve what you want."* Patrick Verona (Heath Ledger) - 10 Things I Hate About You (1999)

**EDITOR'S FOOD REVIEW:**

***"Uncommon Goodness in a Common Field"***

*By: Brian Chamberlain*

*Photos by: Brian Chamberlain / Sharon Redhorn-Chamberlain*

The market for tasty food from South of the border has no shortage of options, especially when you are in South Sioux City, Nebraska. On the contrary, it may seem like it is difficult to choose between all the great possibilities we have been spoiled with. I have long said that our choices here are better than most cities of greater size. That fact remains true to this day. Rising above the fray, however, is this week's review, Mi Rancherita Restaurant in South Sioux City.

Opened several years ago, inside a small strip mall along Dakota Avenue, which did house other failed restaurants prior, Mi Rancherita is a real gem when it comes to unique food fare. The common prevailing theme in SSC is certainly Latino foods of all sorts, and this is where Mi Ranch, as I call it, steps above the others.

Frequenting the establishment since its inception, I have come to test their menu numerous times. The standard food style items exist and are prepared in ways that depict the definition of flavor. But when I go now, I am usually getting a few amazing repeats. I am happy to recommend them, but do not feel limited to only those mentioned here because their menu truly is amazing.

Pozolé. This is the number one choice for me. Mostly because Mi Rancherita is one of the few places anywhere that has it on the menu daily. For those who do not know, Pozole, also spelled posole, and pronounced po-zoe-lay, is a hominy and pork stew that is flavored to the hilt with extras. Onions, cilantro, spices, radishes, and even raw cabbage, the mixture is one that fills your stomach like only a great stew can. This main course is a large bowl filled to the brim and is served hot. Expect a generous portion of white hominy and pork cuts so large you will need to reduce them before you try to eat them. It also comes with wrapped tostadas used to finish the meal.

At Mi Rancherita, the base of this stew is created quite plainly. Meaning, do not expect to be burned out from

spiciness when you eat it. While it certainly has a good flavor served fresh, Mi Ranch allows you to spice it up to your liking by bringing to your table options for you to use that will add as much fire to the stew as you like. You do have to ask for the pozole specific sauce, which I always do, just make sure you are ready for that level of heat, because it will spice up the bowl in a hurry. But I love it, just know you can do the same or eat it plain. It is your choice.

Red Tacos (birria) have also arrived on their menu. Ordered individually, the platter is served with rice and beans and rivals the best in the city. The birria concoction has everything you would expect, and you can even add cheese to your liking. My sons always order these and they like the flavor mixed with the cheese. Needless to say, the plates are clean by the time all is said and done.

Mi Rancherita opened to a mild level of business, but quickly built a strong following. Their choice to serve several soups and stews is one of the things that differentiates them from the crowded field of similarly themed places. They do serve tacos of all meat types, burritos, enchiladas, asada, pupusas, and even have tamales often. There is a full-service bar and they also have an array of great dessert options to choose from. Seasonal items exist as well, like homemade popsicles and Tres Leches cakes. I have also used them to cater.

On our HaazZatt scale Mi Rancherita is a strong 4 ½. I will continue to be a repeat customer because the food is simply great. They have what I want when I want it. They are closed on Wednesdays, are on Facebook and have a website. Open for lunch and dinner 6 days a week, put them on your list of places to eat. You will not be disappointed.

*Mi Rancherita  
1512 Dakota Ave Ste C  
South Sioux City, Nebraska, 68776  
Phone: (402) 404-2960*

**FOOD REVIEW:**



*By: Tyler Snake*

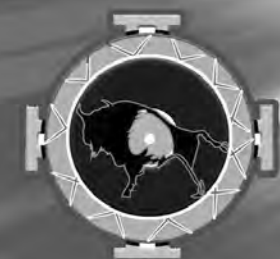
Like most, I've had a typical Subway order I've been loyal to since I was 10, but recently, I branched out and tried Firehouse Subs. The store is in Sioux City on Sergeant Road. Open 10:30am to 9pm. They have your classic cold subs, parm meatball, and hot specialty's and more items like salads & desserts. I ordered the Steak & cheese with lays chips and a sprite. I split it with my son & we finished it in minutes ha-ha, safe to say we'll be eating there more often! To compare, the bread was softer than Subways Italian herbs and cheese bread for sure. The steak was tender and topped with sautéed green peppers, onions, and provolone cheese. I'd recommend it to others! I'd rate this sandwich a strong 4, definitely a step up from my usual Subway order. Glad we tried something new.



**(((TUNE IN NOW)))**

**KWTN 100.9 FM**

**The Official Radio Station of the Winnebago Tribe**



**THE BIG VOICE**

**WWW.WINNEBAGOTRIBE.COM**





# ANNOUNCEMENTS

## WCHS Commissions Appliques for Branding

Winnebago, NE – The Winnebago Comprehensive Healthcare System (WCHS) recently held open submissions for new applique designs to be used in their brand materials. Ensuring WCHS's Winnebago Tribal roots are visually evident in all that they create and do is a priority for the organization.

"As WCHS continues to define our identity and strategic initiatives, everyone is committed to improving our care, communications, and support services to ensure we not only reflect our Winnebago traditions but are centered on our culture," explains Sharon Frenchman, Chief Administrative Officer, before going on to describe, "Creating a Culture Resources Committee and the team's willingness to implement recommended changes – like this one – are just some examples of our organizations dedication to our mission."

WCHS recently established a Cultural Resources Committee of key individuals within the community to serve as an advisory board and provide feedback and

culturally centered recommendations to our executive team as we continue to take ownership of our healthcare. Inspired by the discussions of this committee, earlier this month, WCHS employees who are members of the Winnebago Tribe were asked to help develop and submit Winnebago applique designs inspired by traditional Ho-Chunk ribbon work. The selected submissions will be used in marketing materials to represent the WCHS organization.

The artist selected for this commission was Carmen Snow. In addition to being a member of the Winnebago Tribe of Nebraska, artist Carmen Snow works as a Vendor Manager in WCHS's Women, Infant, and Childrens program.

"We want to offer our congratulations and gratitude to all the tribal artists who entered artwork for consideration. Ms. Snow thank you; your artwork will help us visually tell the WCHS story of providing healthcare for Winnebago by Winnebago," says Frenchman.

### WCHS BRAND UPDATE

We are excited to add these three appliques to our branding toolkit to help us visually tell the Winnebago Comprehensive Healthcare System's story on every announcement, educational graphic, and branded asset that we create.



WCHS IS HEALTHCARE FOR WINNEBAGO BY WINNEBAGO



ARTIST: CARMEN SNOW

### WHAT IS AN APPLIQUE?

For generations, the Winnebago Tribe's traditional regalia has featured ribbon and bead work, most often repeating with two lines of symmetry like the ones shown the images below. These applique designs have become known throughout history as a symbol of the ho-chunk people.



WCHS IS HEALTHCARE FOR WINNEBAGO BY WINNEBAGO



ARTIST: CARMEN SNOW

### WHY DOES WCHS USE THEM?

The Winnebago Comprehensive Healthcare System is a proud subsidiary of the Winnebago Tribe of Nebraska. These Winnebago Tribal appliques were established to visually honor the tribe's unique history and our organization's tribal origins.



WCHS IS HEALTHCARE FOR WINNEBAGO BY WINNEBAGO



ARTIST: CARMEN SNOW

## WCHS Upgrades Respiratory Testing Capabilities

Winnebago, NE – The Winnebago Comprehensive Healthcare System is excited to announce they have expanded their respiratory illness testing and are now using Biofire tests to provide rapid results to the community.

These tests are an asset to communities like Winnebago because of their extensive illness detection capabilities, and because of the short turnaround time for the tests. Previously, there have been occasions where patients waited up to 2 hours to get the results of a simple respiratory panel. Turnaround times for the Biofire panels will be substantially faster. These tests can detect Adenovirus, seasonal Coronavirus, Coronavirus SARS-CoV-2, Metapneumovirus, Rhinovirus/Enterovirus, Influenza A and B, and Respiratory Syncytial Virus. Patients and relatives can expect comprehensive and rapid detection, a reduction in unnecessary treatments, and enhanced infection control within the community.

"We are thrilled to have this resource available for our community," expressed Mindy Johnson,

Laboratory Manager. "This will not only be far simpler and more efficient for our employees to work with – it will enhance patient experience tenfold. No one wants to sit at the doctor for two hours waiting for test results, especially when they aren't feeling well. These tests are producing results nearly 75% faster than their predecessor, which was a worthy investment for both relatives and employees."

This is one of many steps WCHS is taking this year to enhance the experience of their patients and relatives. This new testing system is vital as WCHS works to completely revamp and revitalize the care that's given to the community.

"WCHS has a vision to lead the nation in health for Indigenous people," says Chief Medical Officer Dr. Ganesh Kini, "Through self-determined actions, like investing in these Biofire panels, we are striving to provide the innovative and compassionate care we have promised Winnebago. This cutting-edge technology was just released in April of 2023, and having the most advanced technology is really an investment in the community."



**safeTALK**

Make a connection.  
Help save a life.

Suicide is preventable. Anyone can make a difference.

- Half-day training in suicide alertness skills
- Learn four basic steps to create a life-saving connection
- Widely used by professionals and the general public

safeTALK's impact in 2022



safeTALK works

Studies show that participants gain confidence:

- ✓ Asking people about suicide directly
- ✓ Connecting them to life-saving resources
- ✓ Keeping them safe until those resources take over

**FREE training!**

**Upcoming safeTALK training**  
Date: 3/18/2024, 12-2:30pm  
Location: YCIC Winnebago, NE  
Hosted by: YCIC  
Cost: FREE  
To inquire or register, call 402-841-3834 or email: donna.wolff@winnebagotribe.com

People making a difference with safeTALK



Learn more about safeTALK and see the evidence at [www.livingworks.net/safeTALK](http://www.livingworks.net/safeTALK)





# We are hiring!

Summer Interns



The Ho-Chunk, Inc. Summer Internship Program is designed to give students hands-on experience at an innovative Native-owned company that prides itself on a strong social mission and community impact.

## Internship Opportunities

Communications • Corporate Operations • Finance • Government Contracting • Human Resources • Information Technology • Manufacturing • Marketing • Retail • Real Estate & Construction

*Students pursuing business-related degrees preferred. Other majors encouraged to apply.*

## Qualifications

- Must have completed one semester of college
- Have a cumulative GPA of 2.5 or above
- Interest in advancing economic development for Native Americans a plus
- Preference given to enrolled members of the Winnebago Tribe of Nebraska and other federally recognized tribes

## Benefits

- ✓ 11-week paid program from May 20-August 2
- ✓ Personalized learning and development
- ✓ Make meaningful contributions

**APPLY BY APRIL 1**  
*See yourself here.*



◆ Go to [hochunkinc.com/intern](https://hochunkinc.com/intern) to learn more.



HO-CHUNK INC.

# WINNEBAGO



# COMMUNITY NIGHT 2024

SEMI-PRO INDOOR FOOTBALL GAME

**SATURDAY, APRIL 6 • 7PM**  
**TYSON EVENTS CENTER**

# 50% OFF TICKETS

for Winnebago community members, Winnebago workers, HCI employees and their families

*Discounted tickets must be purchased at the Tyson Event Center box office. ID proof is preferred but not required. Box Office Opens at 3PM.*



VS



Halftime Performance by  
**WINNEBAGO DANCERS**

PRESENTED BY:

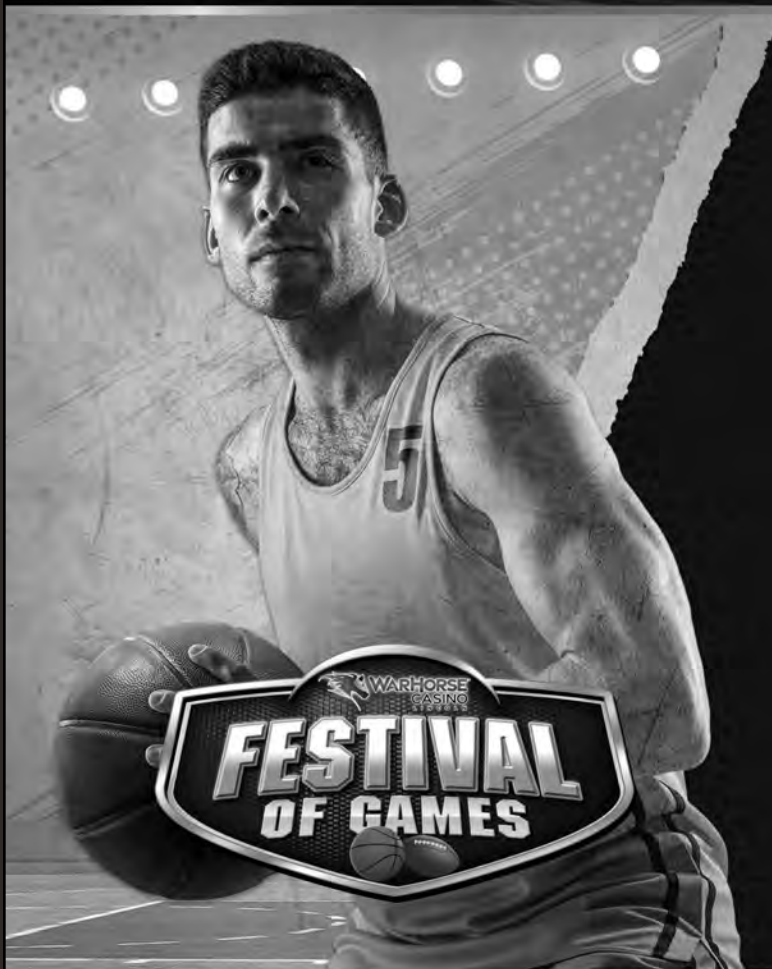




# WARHORSE CASINO

# BE OUR MVP

From hot seats to slot tournaments, you're our most valuable players!  
Claim your prizes all month long at WarHorse Casino Lincoln.



## \$1,000,000 MARCH MANIA

Participate in the WarHorse Festival of Games Bracket & Leaderboard Tournament and win big. The best brackets win prizes each week and a perfect bracket could put **a million dollars in your pocket!**

Earn bonus bracket entries with qualifying slot play, horse racing, and sports wagering.

SCAN QR CODE FOR MORE DETAILS.



## FRIDAY HOT SEAT

**Being in the hot seat isn't always a bad thing!**

**Fridays in March**  
6pm - 9pm

Every 30 minutes, 2 players will  
**WIN \$250 Free Slot Play!**

All guests playing with a WarHorse Rewards card are eligible to win.

## \$30,000 Slot Tournament MADNESS



**Play to secure your spot in the Grand Prize Tournament**

**Saturdays in March**  
March 2, 9, 16 & 23 | 12pm - 6pm  
March 30 | 10am - 3pm

**Grand Prize Tournament**  
March 30 | 6pm - 7pm

Insert your WarHorse Rewards card into a designated slot tournament machine, click on the trophy, select tournament, choose your theme, and ENJOY!

The top 20 winners from each Saturday will move on to the Grand Prize Tournament and play to win a share of  
**\$30,000 CASH!**



**WARHORSE CASINO LINCOLN**

WarHorseCasino.com | Hwy 77 & West Denton Rd

Must be a WarHorse Rewards member. Valid only at WarHorse Casino Lincoln. Management reserves the right to change or cancel promotions offered at any time without notice. Rules and restrictions apply. See website for complete details. Must be 21 or older to gamble. Gambling Problem? Call 1-833-BETOVER.



# LAST BEAR MOON POWWOW



Winnebago Homecoming Jr. & Sr. Princesses



Garan Coons & 2023-24 Winnebago Homecoming Princesses



Teen Boys Fancy Dancer



Teen Chicken Dancer



Winnebago Tribal Veterans



Andi Snowball



Winnebago Veteran, Tony Snake



Last Bear Moon Powwow Committee



Womens Woodland Spotlight Contest Winners



Winnebago Veteran, Alfred Lopez



Winnebago Veteran, Gordon Rave



Tribal Council Member, Aric Arnell & MC, Craig Cleveland Jr.



Teen Girls Fancy Contest



Womens Woodland Contest



Teen Girls Fancy Contest



Womens Woodland Contestants



# \$10,000

## LUCKY LEPRECHAUN HOT SEATS

Every Friday in March\*  
beginning at 5pm, only at  
Winna Vegas Casino Resort!



Win your share of 10,000 in cash!  
Simply play with your player's club card  
at your favorite slot machine or table  
game and you could win!

\*No Hot Seats on March 1st



EVERY  
SATURDAY IN  
**MARCH**  
BEGINNING AT  
**6PM**

Spin the Money Wheel  
and win up to  
**\$5,000  
CASH!**

This March is your chance to spin  
the wheel and win your own  
Pot Of Gold!

Every Saturday, step up and spin  
the wheel for your chance to win up  
to \$5,000 and it all begins at 6pm!

Swipe daily for one FREE entry every day in March. Earn additional entries for every point earned. No Spin To Winn on March 23rd.  
**5X entries** on Mondays!