

**Bago Bits...**



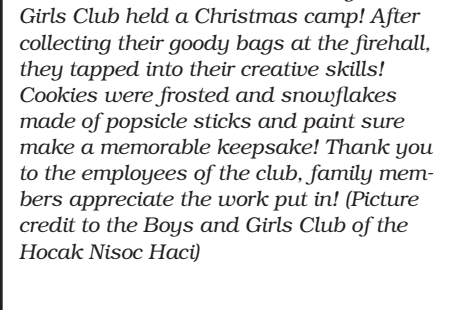
On December 28th, the Winnebago Public School held their 6th Annual All-Girls Wrestling Tournament. It is safe to say this was a successful invitation with almost 200 participants, 41 Teams in total, that have competed in this tournament! If you missed it, you could still watch it on Winnebago Public School's YouTube channel, as well as past and future livestreams. Congratulations to the Winnebago Girls for taking 9th place out of 41 teams and their personal wins! Teamwork always pays off, as always #GoBigBlue!! (Picture courtesy of Janiyah Earth & WPS)



On December 22nd, the Winnebago Volunteer Fire Department had an abundance of children's hats, gloves, & traditional brown bags filled with fruit, peanuts & old-fashioned Christmas candy. Thank you to those who handed out the items to our community and volunteers of the Fire Department for making this happen!! Pictured above is Kids from the Boys & Girls Club with their bags. (Picture credits to the Boys and Girls Club of the Hocak Nisoc Haci)



Also, on December 22nd: The Boys and Girls Club held a Christmas camp! After collecting their goody bags at the firehall, they tapped into their creative skills! Cookies were frosted and snowflakes made of popsicle sticks and paint sure make a memorable keepsake! Thank you to the employees of the club, family members appreciate the work put in! (Picture credit to the Boys and Girls Club of the Hocak Nisoc Haci)



Ho-Chunk, Inc. hosted an informative Lunch & Learn for Winnebago community organizations on Wednesday, January 5th where information was shared on how to apply for their Ho-Chunk Way employee donation program. Additionally, guest speakers shared their experiences of having received the donation award in previous years. The Ho-Chunk Way builds on the mission of Ho-Chunk, Inc. to provide a better way of life for the Winnebago community. Thank you to all employees of Ho-Chunk, Inc. who make this possible each year!

**Winnebago's BIGGEST Moments of 2021!**



Winnebago, NE – As we prepare for a new year, let's recap our year with a reflective look back at the biggest moments of 2021 in Winnebago:

**January 2021:** Little Priest Tribal College debuted a new IT building and new dormitory with a virtual dedication ceremony which was also livestreamed via LPTC Facebook page.

**February 2021:** Winnebago Girls Wrestling Program makes history at STATE wrestling tournament with WPS Senior & Team Captain Zeria George becoming the back-to-back champion for 2 consecutive years!

**March 2021:** "WE BELIEVE! The Lady Indians shocked the world!" Advancing to the semi-finals, the Lady Indians closed their historical season by placing 4th in the NSAA State Girls Basketball tournament.

**April 2021:** The Winnebago Land Transfer Act is introduced into Congress on April 8th, 2021. "The Winnebago Land Transfer Act is an important bill that returns to the Winnebago people

this piece of Winnebago land," shared from Fortenberry's statement.

**May 2021:** Winnebago Indians Football team earn a trip to the All-Nations Football Championship against Tiospa Zina. Rain or shine, they played a good game and a great season bringing home the runner-up title for the Spring Football Season.

**June 2021:** Winnebago Pride Organization hosted a Two-Spirited event in honor of Pride Month which consisted of a free meal followed by movies and snacks at the Winnebago Community LED Screen.

**July 2021:** Winnebago's 155th Annual Homecoming Celebration Powwow was held with a fully vaccinated 3-day celebration on July 23-25 in Winnebago, NE.

**August 2021:** The Tribal Opioids Response Outreach/Winnebago Alcohol Program hosted the "Walk for the Children" event where the Winnebago community honored children who died at boarding schools.

**September 2021:** Little Priest Tribal College partners with Doane University to offer first time ever Associates Degree in Cannabis Studies in the State of Nebraska.

**October 2021:** Hocak ra hagire no – The First Indigenous People's Day Celebration was held in Nebraska at the Nebraska State Capitol.

**November 2021:** Two big moments to share for this month. First off, the Winnebago Indians GO UNDEFEATED!!! Earning their way into the All-Nations Class A Championship Game, the Indians take the W against Todd County Falcons with a score of 62-12. Secondly, the Winnebago Tribe held a big role in the White House Tribal Nations Summit where Winnebago Chairwoman Victoria Kitcheyan facilitated a discussion with Chief Medical Advisor to the President of the United States, Dr. Anthony Fauci.

**December 2021:** The Winnebago Tribe distributes \$500 to every Enrolled Tribal Member for Winter COVID-19 Relief.

**'Very historic moment': Initial rules approved for Nebraska casinos**



MATT OLBERDING Lincoln Journal Star

In a move that one commissioner called "historic," the Nebraska Racing and Gaming Commission on Friday voted unanimously to approve rules for casinos at the state's horse racing tracks.

The 6-0 vote moves the package of rules on to Attorney General Doug Peterson and Nebraska Gov. Pete Ricketts, who must sign off on them. Once they do, the rules will go to the Secretary of State and become effective approximately a week later.

That opens the door to allowing casinos at the state's horse tracks nearly 90 years after Nebraska first authorized betting on horse racing.

"This is kind of a very historic moment today in the history of Nebraska racing," said Dennis Lee, chairman of the commission.

It's taken more than a year to get to this point, after voters in November 2020 overwhelmingly approved a constitutional amendment allowing casinos at the state's tracks.

Despite the long process, racetrack and casino operators have had nothing but praise for how the commission has approached the issue.

Lynne McNally, executive vice president of the Horsemen's Benevolent

and Protective Association -- which is partnering with Ho-Chunk Inc. to build casinos in Lincoln, Omaha and South Sioux City under the WarHorse name -- said the 67 pages of regulations are extensive and have been thoroughly vetted.

"They, in our opinion, have extensive focus on integrity and security, which we think is essential," McNally said.

**Casino startup price in Nebraska: \$1 million**

Many aspects of the rules come from language in the constitutional amendments voters approved, as well as standard practices that were suggested by consultants and industry experts.

For example, the initial casino licensing fee of \$1 million for a 20-year license was included in amendment language.

Sean Boyd, president of Global Gaming Network, a subsidiary of the Chickasaw Nation of Oklahoma, said he fully supported the rules as written, which he said will help foster "ethical" gaming operations.

"That's a critical piece of ensuring ... the future of Nebraska horse racing for years to come," said Boyd, whose company is looking to operate casinos at the existing track in Hastings and proposed new tracks in North Platte and Gering.

Even gambling critics praised the commission for the job it has done putting together the rules.

Nate Grasz, policy director of the Nebraska Family Alliance, said that because of his group's stance opposing gambling, he couldn't support the rules and was testifying in a neutral capacity.

"But there are certainly many elements of the proposed rules that we are strongly supportive of," he said.

Grasz suggested a couple of changes to language that would ensure casinos are required to post signs about casino gambling and that they are prohibited from targeting certain groups, such as seniors, with advertising.

**It's likely to be months before Lincoln casino, others can get licenses**

Pat Loontjter, whose organization Gambling With The Good Life has been on the forefront of opposition to expanded gambling since 1995, said she was disappointed to lose the battle last year to keep casinos out of the state, but nonetheless supports the proposed rules.

"It looks very thorough, and it looks like you put a lot of time and energy into it," she said.

Loontjter did say, though, that one thing she does want to see is no expansion of casinos beyond the existing six horse racing tracks in the state.

Cont. on pg. 3...

# BAGO NEWS

**WORK IN THE ENTERTAINMENT INDUSTRY!**

## On The Spot Interviews

Monday - Friday • 7am - 5pm

Great Benefits Including:

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- 401K
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- Exciting Work Environment
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Please apply online at [www.WinnaVegas.com](http://www.WinnaVegas.com)

Located in the Training Center behind the Casino. Please Contact Human Resources at HR@winnavegas.biz for more information

Scan me and apply for a job!

## Youth Group

**For 3rd - 6th graders**

Mondays Starting Jan. 10th - Jan. 31st, 2022  
(Week of MLK Jr. Day will be held on Tues. 1/18)  
From 4:30 p.m. -5:30 p.m.  
Located at Whirling Thunder Wellness Center

Limit 10 participants

**Activities will include:**

- Arts & Crafts
- Health & Wellness
- Prevention Topics

**Contact Susie Snyder for info:**  
402-385-4188

**Masks required.**  
COVID-19 Precautions will be in place.

## Have the flu? Things to do at home:

**Make sure to wash your hands after touching someone sick. Wash hands often, especially after handling tissues or laundry.**

**Drink plenty of water and other clear liquids to prevent fluid loss (dehydration).**

**Avoid close contact with others, including people in your house so you won't make them sick.**

**Stay at home and get plenty of rest.**

Get immediate medical care if the sick person experiences:

**In children**

- Fast breathing or trouble breathing
- Bluish lips or face
- Ribs pulling in with each breath
- Chest pain
- Severe muscle pain (child refuses to walk)
- Dehydration (no urine for 8 hours, dry mouth, no tears when crying)
- Not alert or interacting when awake
- Seizures
- Fever above 104°F or any fever in children less than 12 weeks
- Fever or cough that improves but then returns or worsens
- Worsening of chronic medical conditions

**In adults**

- Difficulty breathing or shortness of breath
- Persistent pain or pressure in the chest or abdomen
- Persistent dizziness, confusion, inability to arouse
- Seizures
- Not urinating
- Severe muscle pain
- Severe weakness or unsteadiness
- Fever or cough that improve but then return or worsen
- Worsening of chronic medical conditions

DANGER!

## CARBON MONOXIDE (CO) POISONING

**CAN'T BE SEEN**

**CAN'T BE SMELLED**

**CAN'T BE HEARD**

**CAN BE STOPPED**

Carbon monoxide (CO) is an odorless, colorless gas that kills without warning. It claims the lives of hundreds of people every year and makes thousands more ill. Many household items including gas- and oil-burning furnaces, portable generators, and charcoal grills produce this poison gas. Following these important steps can keep your family safe.

**CO DETECTORS**

- Install battery-operated or battery back-up CO detectors near every sleeping area in your home.
- Check CO detectors regularly to be sure they are functioning properly.

**OIL & GAS FURNACES**

- Have your furnace inspected every year.

**PORTABLE GENERATORS**

- Never use a generator inside your home or garage, even if doors and windows are open.
- Only use generators outside, more than 20 feet away from your home, doors, and windows.

**U.S. Department of Health and Human Services**  
Centers for Disease Control and Prevention

PROTECT YOUR FAMILY

## Stories from the Boarding School Era

On March 3rd, 1819 the United States government issued the Civilization Fund Act which ultimately led to the "Indian boarding-school" era. (1860 - 1978)

It effected tribes from across the nation, stripping children of their ancestral knowledge and cultural teachings.

Many Winnebago children were taken from their families and sent off to boarding schools across Turtle Island.

**CALL TO ACTION!**

Today we see the effects of *intergenerational trauma* due to the boarding school era. Many of our children were silenced, and we are looking to give them a voice. Telling you or your family members experience, will bring healing.

WE ARE LOCATED AT LITTLE PRIEST TRIBAL COLLEGE

FOR MORE INFORMATION PLEASE VISIT US AT:  
415 East Little Priest Dr, Winnebago, NE 68071  
or call (402) 257-5587

**If you would like your home tested for radon free of charge, please contact the Winnebago Office of Environmental Health at 402-878-3588.**

### How Radon Gets into Your Home

Radon is the second leading cause of lung cancer in the U.S.

Test your home | Make repairs | Learn more: [www.cdc.gov/radon/index.html](http://www.cdc.gov/radon/index.html)

# TRIBAL NEWS

Cont. from front pg...

"We're vehemently opposed to any form of expansion other than the six that were going to happen," she said.

The amendment language did not spell out how many casinos are allowed or where they can be located.

All six existing tracks, in Lincoln, Omaha, South Sioux City, Columbus, Grand Island and Hastings, have publicly announced plans to seek casinos. At Friday's meeting, Hastings Exposition and Racing announced that it plans a new facility on 160 acres just north of the city near Walmart and Lochland Country Club.

The site would have a 35,000-40,000-square-foot building for a casino and simulcasting operations and a 5/8-mile quarter horse race track. Hastings horse races currently take place at the Adams County Fairgrounds.

**State's horse racing could become a crowded field if commission approves five new proposals**

Plans at Lincoln Race Course call for a \$220 million project that would include more than 1,200 gaming stations, a 196-room hotel, event space, several restaurants and other amenities such as a spa.

McNally said Friday that plans are to eventually rename the race track portion of the development Legacy Downs.

There also have been proposals announced for new tracks in Bellevue, Gering, Kimball, Norfolk, North Platte and York, all of which are likely to seek casino licenses as well.

Operators of the existing tracks have said they don't believe the state can

support more than about six casinos, and they have expressed worries that approving additional casinos could lead to market saturation, especially if casinos are too close together.

Even some of those proposing new casinos don't believe there's room for all 12 that have been proposed.

Global Gaming Nebraska's Boyd said earlier this month that he believes the state can support eight to 10 casinos.

It's possible the Legislature may regulate the number of casinos allowed in the state. Sen. Tom Briese of Albion, who is chairman of the Legislature's General Affairs Committee, plans to introduce legislation next month that would potentially require casinos to be at least 50 miles apart and have a minimum number of race days. That could limit further casino development, especially in eastern Nebraska.

Lee said it's likely the commission will consider casino applications from existing tracks first before considering new applications from new operations, which will first have to be approved for a racing license before they can apply for a gaming license.

He and other officials also stressed that the rules approved Friday are a work in progress that will likely be amended many times in the future.

"This was our initial start to get the process going," said Racing and Gaming Commission Executive Director Tom Sage, who noted that the regulations don't have any language yet about sports betting, an issue that still needs to be addressed.

**Estimates on Nebraska casino revenue 'are all over the place'**

## Radon Awareness

Well here we are again. January is here, its cold out, and the family is indoors. We all love the feeling of being at home sharing a warm and safe place with our family and friends. However, chances are you may not be as safe as it would seem.

In Nebraska, Thurston County is a high-risk area for Radon, where on average, homes test well above the recommended levels for radon. But this doesn't mean your home is automatically getting Radon gas. Radon might invade one house but skip the house next door. The only way to know is to test for it.

Radon is a naturally occurring element that forms in the ground from the decay of another element called "Radium" which itself is radioactive. As Radium decays it gives off atoms of Radon which forms as a gas which migrates up through the soil to escape into the atmosphere. From there radon disperses into the air becoming mostly harmless. But sometimes radon finds its way into homes or buildings where it can become trapped. When this happens radon gas becomes more dangerous. If constantly exposed to high levels of Radon long enough the accumulative effect can harm you.

How does Radon get inside? Being a gas, Radon seeps up through the cracks or gaps in your basement or crawlspace floor and walls, any joints, and around pipes, etc. Because the indoors usually has a negative pressure compared to the outside, radon will be drawn into a house or building before it gets a chance of venting up through the surrounding soil to the surface outside.

Since Radon is a gas, it mixes in with the indoor air where it enters your lungs as you breathe. Being radioactive, radon gives off what's known as "alpha particles". Alpha particles are a classification of radioactivity which

happens to be the weakest and least harmful of all the types of radioactivity. But that's not to say it's a safe radioactivity. In large enough volumes it can cause damage to cell DNA if exposed to it long enough. Typically, the exposure needs to be somewhat constant, 10-18+ hours a day over tens of years. Since we tend to spend so much time at home, it's important to know if you're at risk. Children are especially susceptible since their lungs are still developing.

So the question becomes, how can I find out if I have radon in my home and at what levels? You can't see smell or taste Radon. The only way to know it's there is to test for it. One testing method is what's called a "Short term test" where you buy a test kit, read the directions, set the tester out for 2-4 days, then package it, send it to a lab then wait for the analysis in a few weeks. There are many brands of radon tests available and you can find them on-line or at your local hardware store. They are relatively cheap. -- Less than \$15. You can usually find them in the plumbing section. But ask if you can't find it.

Another way is to contact some of these sources where you can get reduced cost, or free test kits.

Nebraska Dept. of Health and Human Services at (402) 375-2200. Ask for Kim Shultz

National Radon Hotline at (800) 767-7236 or 1-800-SOSRADON (1-800-767-7236)

Also the EPD Air dept. will be holding 3 Radon outreach events on - Jan 6, at the Blackhawk Center 10am - 2pm, Jan 13, at the 12 Clans Hospital 10am - 2pm, and Jan 27, at the Blackhawk Center 10am - 2pm. If you have questions about radon come talk to me or call the Environmental Protection Department at 878 - 4060. Ask for Kurt Lyons. I'd be happy to speak to you.

*Environmental Protection Department - Air Quality - Kurt Lyons*

## Question of the Issue:

**Did you do any New Year resolutions for 2022?**



**Garan Coons**  
Winnebago Communications Officer

*I'm not one to really get into all that but I seen a quote recently that I'm going to see if I can make it a resolution. The quote is "You are responsible for your own happiness". Well, that's pretty true if you think about it. So, the next time I'm real crabby I'm going to remember this quote and see if can make myself happy.*



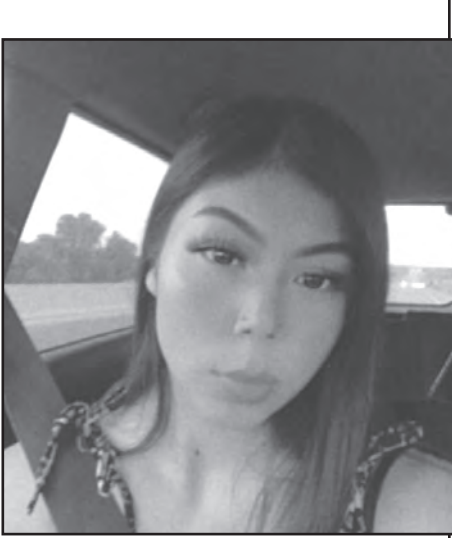
**Bethani Redhorn**  
Communications Office Manager

*I have one solid resolution this year and that is to be more assertive in all aspects of my life. By this, I mean what I say, and I say what I mean. If I commit to something, I must see it through. The way I see it, personal growth is an endless cycle but worth the work.*



**Christina Parker**  
Desktop Publisher

*Instead of calling it a resolution, I'd prefer to call it a goal(s) for 2022. Of course lose weight is always on top of the list, a must after the huge holiday dinners. But this year I would like to focus more on the future of my family since I'm going to be Kerepana Jop. I feel like time has flown by and I need to do something now if I'm going to.*

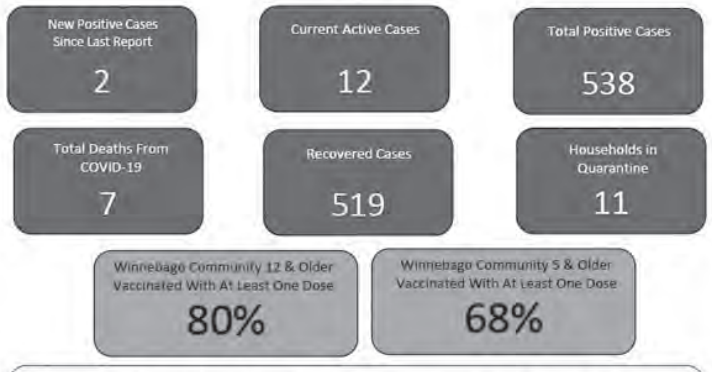


**Tyler Snake**  
WIN Office Manager

*Yes! Mine is kind of basic haha I already like to work out but there are other factors like eating to keep muscle gain/mass that I wasn't meeting. My goal this year is to focus on feeding my muscles and being consistent with it! I encourage anyone else to join me on my fitness journey!*

## Winnebago COVID-19 Status Report

Date: Wednesday, January 5th, 2022



For COVID-19 vaccination appointments, please call (402) 878-2258

[www.WinnebagoHealth.com](http://www.WinnebagoHealth.com)



## Hocak Corner

**Huc wiconi na**  
*(hoonch wee-choh-nee nah)*

*January*

**Hap hocuina**  
*(hahp hoh-chuee-nay-rdah)*

*Birthday*

The next issue of the WINNEBAGO INDIAN NEWS will be published on January 22, 2021. DEADLINE for this issue will be January 18, 2021.

## Winnebago Indian News

Postmaster Send Address Changes To  
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Winnebago, Nebraska 68071

The Winnebago Indian News (WIN), founded in January 1972, is published bi-weekly for the Winnebago Tribe of Nebraska.

The Mission of the WIN is to inform and to educate the Winnebago Tribe of Nebraska of issues that affect them, and to be a vehicle in which stresses positive and beneficial concerns and points of view. LETTER POLICY: Signed editorials, letters and articles appearing in the WIN are the responsibility of the authors and do not necessarily reflect the opinion or attitude of the Winnebago Indian News or the Winnebago Tribal Council. The WIN encourages the submission of Letters to the Editor; however, letters must be signed and addressed. Letters may be edited for language and length.

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**Winnebago Indian News Staff**  
..... Editor  
Tyler Snake..... Office Manager  
Bethani Redhorn..... Comm. Office Mgr  
Christina Parker..... Desktop Publisher

**Winnebago Tribal Council**  
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# LETTERS TO THE EDITOR

## Thoughts from Lance...



What if the federal government took your land, paid your neighbor for the land they just took from you, then let your neighbor use it? That is bad enough, but what if your ancestors already paid for that land with their lives and despair? The average American would lose their mind and could not even conceive of this happening to them, but this is exactly what is happening right now to the Winnebago Tribe of Nebraska.

Most people know that tribes did not exactly get a fair deal when it comes to the land in our country. The Winnebago Tribe once owned a large portion of Wisconsin and Northern Illinois. The ceded land now includes the cities of Chicago, Milwaukee, Madison, and Green Bay.

Between the 1830's and 1860's the Winnebago Tribe was forced to sign a series of one-sided treaties but had finally found a home in the rich farming land of southern Minnesota. However, in 1863, the Winnebago people were forced by the military to leave our home after the Sioux had an uprising in the state. We aren't the Sioux and did not have anything to do with the uprising, but that really didn't matter. The land we occupied was very valuable and coveted by non-Indian farmer. The uprising became a pretext to take our land.

Our people were placed on a riverboat and dropped off in central South Dakota right before winter. Hundreds of our people died from starvation and disease. In desperation, we ended up seeking refuge with the Omaha Tribe in Nebraska. Official federal reports from the era casually discuss the level of poverty and specifically mention how we survived the cold winter by living in

ravines and ditches with tree branches over our heads. In 1865, we purchased the northern half of present-day Thurston County from the Omaha Tribe and we have lived here since.

Our land extended to the Missouri River, but back then the river meandered after floods. Large amounts of our land ended up on the Iowa side of the river. In the 1950's, the Army Corp of Engineers began condemning land all along the Missouri River to control flooding. It is not a coincidence that the dams along the Missouri River were built on tribal lands. Tribal land was easy and convenient to take because tribes did not have a powerful voice.

In 1970, the Army Corp of Engineers took a few thousand acres of our land on both the Iowa and Nebraska sides of the river. After 16 years of legal fighting, we won our land back on the Nebraska side but not the parcels in Iowa, which totals approximately 1500 acres. The court actually said that the Army Corp did not have the right to take the land from the Tribe in the first place! Because the appeal on these parcels was not filed in time, we still lost these parcels due to a legal technicality.

Thirty years after we lost our legal battle we are still fighting for our land. Even if the Army Corps wanted to give our land back, they couldn't. The problem is that the Army Corps easily took our land but has no power to give it back. This is not a metaphor: It literally takes an Act of Congress to get our land back.

For over fifteen years, we have been trying to get Congress to pass a law to return our land. It was introduced a couple of times by former Iowa Congressmen Steve King, but he left office without getting it done. The bill to return our land has been introduced again Congressman Fortenberry from Nebraska, and is co-sponsored by Congressman Feenstra from Iowa and others, but not much more has happened.

I am 53 years old. We have been fighting this particular injustice for 51 of those years. The land is just sandy land covered in timber and serves as a large habitat for wildlife. We don't plan on changing anything and have promised to let non-Indians continue to use it for hunting and recreational use. This land has no great value to anyone, but us.

It is our land. It was paid for in blood and tears. It was "legally stolen" from us in the modern era. Justice demands its return to the Winnebago people!

## JESUS OUR SAVIOR LUTHERAN OUTREACH



### "What were the Three Gifts given to baby Jesus?"

Maybe you have seen the man on the street who asks a question and puts the person on the spot. My question to you is three-fold. I have already given the number of gifts given to the infant Jesus - three. What were these three gifts; what were these gifts fit for; and why were they given to Jesus?

The three gifts that magi - often referred to as wise men who came from the east as they were led by a star - were? Did you come up with the answer without looking in the Bible; or googling it; or asking a friend? The answer is found only in the Gospel of Matthew, the second chapter. The three gifts were gold, frankincense and myrrh.

What were these three gifts fit for? I was taught that when one gives a gift it is not the price or value of the gift, but the thought that goes into it that really counts. First, what was the gold fit for? Gold is fit for a 'king.'

Next, what about frankincense? Frankincense was fit for or used by 'a priest' - a man of prayer. The high priest would burn incense as he offered prayers on behalf of his tribal people. In Psalm 141 he sang: 'O Lord [YAHWEH], I call to you; come quickly to me. Hear my voice when I call to you. May my prayer be set before you like incense; may the lifting up of my hands be like the evening sacrifice' [Psalm 141:1-2 (NIV84)].

The third and final gift offered to infant Jesus was myrrh. Myrrh was used in the embalming of a dead body and was fit or proper to be given to 'a prophet of God.'

So why were the gifts of gold, frankincense and myrrh given to Jesus? To better understand the answer to this question one needs to know that those who served in these three positions or offices of 'king, priest and prophet' were appointed

or allowed by God to serve in these capacities. Each one of these men were anointed with oil to indicate their serving as prophet, priest or king.

To make a connection to Jesus, one also needs to know what the Greek word 'Christ' or the Hebrew word 'Messiah' means. Jesus was 'The Christ' or 'The Messiah' or in English Jesus was 'The Anointed One.'

Jesus came down from heaven to serve as God's Anointed One as prophet, priest and king. His kingdom was not of this world, but Jesus will reign in the new heavens on the new earth. In the Lord's Prayer, Jesus taught us to pray that His kingdom would come to us and that we would be a part of this kingdom in paradise forever.

Jesus also serves today as he is seated at the right hand of Creator God. He advocates on behalf of those who place their trust in Him. He was a man of prayer and the four Gospels tell of countless times that Jesus was found praying.

Finally, Jesus served as a prophet of God. Jesus spoke words that his heavenly Father gave him. Jesus like many prophets of God before would be put to death. Following His crucifixion his dead body would be anointed with myrrh prior to being placed in a tomb.

We read from the Gospel of John: '[Joseph of Arimathea] was accompanied by Nicodemus, the man who earlier had visited Jesus at night. Nicodemus brought a mixture of myrrh and aloes, about seventy-five pounds. Taking Jesus' body, the two of them wrapped it, with the spices, in strips of linen. This was in accordance with Jewish burial customs' [John 19:39-40 (NIV84)].

And there you have the answers to these three questions: What were these three gifts; what were these gifts fit for; and why were they given to Jesus?

## The ups and downs of Indian casinos

Friday, December 17, 2021  
By Native Sun News Editorial Board  
nativesunnews.today

the wealthiest Tribes in America. There are many Tribes with the similar luck of the draw because of their locations.

The Prairie Wind Casino located on the Pine Ridge Reservation is fairly remote. It is located about 20 miles west of the farming town of Oelrichs. It draws most of its customers from Rapid City and Hot Springs in South Dakota and Chadron in Nebraska.

Rapid City is also located near the gaming city of Deadwood. When South Dakota legalized gambling in Deadwood and in other South Dakota communities it did much to cut into the revenues of the Indian casinos.

In order to draw customers away from Deadwood and to Pine Ridge the Tribe needs to come up with brilliant ideas that would entice the customers to visit their casino in lieu of Deadwood. It's a tough sell.

There are some Tribes that have nearly broken the umbilical cord that has kept them tied to the total control of the federal government by virtue of their lucrative gaming casinos.

Their casinos are lucrative because of geography. They are located near large urban areas where there are plenty of people living who are willing to gamble in their casinos.

Other Tribes are not so lucky. They are located in remote areas where the populations are small and they will never be able to draw the large crowds to their casinos.

The Shakopee Tribe in Minnesota is one example. They are located near the metropolitan area of St. Paul and Minneapolis. As a result they are one of

## New Record Boards at WPS



After a lot of work, we finally have record boards in our school. These are not complete and will be updated as we go. If anyone has proof of a record or records, please bring it into the school and let Adam James or Adam Tranmer know so the record can be changed. This can be done with stat book and newspaper articles. We still have some new records that are coming in that will be posted soon. So please make sure to be patient as this has been a very long process and we are trying our best to get them updated and as accurate as possible. This will take some time so thank you for helping and understanding!

Adam James of Winnebago Public School

## New Year's Resolution Fun Fact:

*Only about 8% of people do actually keep their resolutions for the year. Most of them have a plan! Those that do make a New Year's resolution are ten times more likely to achieve their goals when they vocalize their plans and ideas. Those who do not vocalize the goal as a New Year's resolution, often fail.*

# TRIBAL COUNCIL MINUTES

...Cont. from last issue

[Victoria out]

EDUCARE BOARD/QUALICB  
AA/CB nom Brian Chamberlain  
LLR/RS nom Lorelei DeCora  
VOTE: (5) yes(0) no (0) abstain

Motion carried.

[Victoria in]

NEBRASKA COMMISSION ON INDIAN AFFAIRS:

Brian Chamberlain motioned to advertise for one vacancies on the Nebraska Commission on Indian Affairs for 30 days. Rona Stealer seconded.

VOTE: (6) yes(0) no (0) abstain

Motion carried.

Brian Chamberlain motioned to Nominate Victoria Kitcheyan to NCA. Aric Armell seconded.

VOTE: (6) yes(0) no (0) abstain

Motion carried.

WINNEBAGO GAMING DEVELOPMENT CORPORATION:

Brian Chamberlain motioned to appoint Louis LaRose and John Snowball to the Winnebago Gaming Development Corporation. Rona Stealer seconded.

VOTE: (6) yes(0) no (0) abstain

Motion carried.

[IS in at 12:13 p.m.]

RADIO STATION:

Brian Chamberlain motioned to appoint Isaac Smith to the Radio Station Committee. Aric Armell seconded.

VOTE: (7) yes(0) no (0) abstain

Motion carried.

HO-CHUNK, INC BOARD OF DIRECTORS:

Brian Chamberlain motioned to appoint Rona Stealer and re-affirm John Snowball to the Ho-Chunk, Inc. Board of Directors. Aric Armell seconded.

VOTE: (7) yes(0) no (0) abstain

Motion carried.

WINNEBAGO COMMUNITY DEVELOPMENT FUND REVIEW BOARD:

Aric Armell motioned to appoint Isaac Smith to the Winnebago Community Development Fund Review Board. Brian Chamberlain seconded.

VOTE: (7) yes(0) no (0) abstain

Motion carried.

WINNEBAGO TRIBAL TAX COMMISSION:

Brian Chamberlain motioned to advertise for one vacancy for 30 days. Isaac Smith seconded. Isaac Smith seconded.

VOTE: (7) yes(0) no (0) abstain

Motion carried.

TRIBAL UTILITY BOARD: Tribal Treasurer

WATER QUALITY COMMISSION:

Brian Chamberlain motioned to appoint Victoria Kitcheyan and Isaac Smith to the Water Quality Commission. Aric Armell seconded.

VOTE: (7) yes(0) no (0) abstain

Motion carried.

[John in at 12:23 p.m.]

COMMUNITY POLICING BOARD (POLICE REVIEW BOARD):

Brian Chamberlain motioned to appoint Isaac Smith and Aric Armell to the Community Policing Board (Police Review Board). Coly Brown seconded.

VOTE: (8) yes(0) no (0) abstain

Motion carried.

CONSTITUTIONAL REVIEW COMMITTEE:

Brian Chamberlain motioned to advertise (2) positions for the Constitutional Review Committee for 30 days. Isaac Smith seconded.

VOTE: (8) yes(0) no (0) abstain

Motion carried.

BOYS & GIRLS CLUB BOARD OF DIRECTORS:

Brian Chamberlain motioned to appoint John Snowball and Coly Brown to the Boys & Girls Club Board of Directors. Isaac Smith seconded.

VOTE: (8) yes(0) no (0) abstain

Motion carried.

TRIBAL TRANSIT BOARD:

Brian Chamberlain motioned to appoint Victoria Kitcheyan and John Snowball to the Tribal Transit Board. Coly Brown seconded.

VOTE: (8) yes (0) no (0) abstain

Motion carried.

NURSING HOME COMMITTEE:

Coly Brown motioned to rename the Nursing Home Committee to the Assisted Living Model Committee and appoint Brian Chamberlain, Victoria Kitcheyan, Louis LaRose, and Aric Armell. Rona Stealer seconded.

VOTE: (8) yes(0) no (0) abstain

Motion carried.

WINNEBAGO SENIOR CITIZENS ADVISORY BOARD:

Brian Chamberlain motioned to advertise one vacancy to the Winnebago Senior Citizens Advisory Board. Rona Stealer seconded.

VOTE: (8) yes(0) no (0) abstain

Motion carried.

WINNEBAGO HOUSING & DEVELOPMENT COMMISSION:

Brian Chamberlain motioned to reaffirm Louis LaRose and Coly Brown to the Winnebago Housing & Development Commission. Rona Stealer seconded.

VOTE: (8) yes(0) no (0) abstain

Motion carried.

[Louis LaRose out]

TRIBAL COUNCIL GENERAL INFORMATION REVIEW

Presented by Teresa Littlegeorge.

Aric Armell motioned to approve any exceptions to the Emergency Grant/ Natural Disaster Applications can be done by five-signature, or motion at a duly convened meeting. Brian Chamberlain seconded.

VOTE: (7) yes(0) no (0) abstain

Motion carried.

Lorelei DeCora motioned to approve the Emergency Grant for Louis LaRose. Aric Armell seconded.

VOTE: (7) yes (0) no (0) abstain

Motion carried.

[John out]

GENERAL DISCUSSION:

Minor Trust Funds discussion.

Payment to membership discussion.

Senior Holiday Payment discussion

Lorelei DeCora motioned to strike

the driver's license requirement from

the EPA Director position. Aric Armell

seconded.

OBJECT: Coly Brown, Brian Cham-

berlain, and Rona Stealer.

VOTE: (2) yes, AA, LD (3) no, CB,

RS, IS (1) abstain, BC Motion failed.

\*Policy and Procedure meeting to be

scheduled.

Coly Brown motioned to bring back

suggested amendments to the Drug

Policy for consideration and approval.

Rona Stealer seconded.

VOTE: (6) yes(0) no (0) abstain

Motion carried.

Brian Chamberlain motioned to

direct administration to research and

return language to support reinstatement

regarding terminations related to

driver's license issues going back 7

years. Coly Brown seconded.

VOTE: (6) yes(0) no (0) abstain

Motion carried.

ADJOURN:

Aric Armell motioned to adjourn at

4:09 p.m. Isaac Smith seconded.

VOTE: (6) yes(0) no (0) abstain

Motion carried.

*Respectfully submitted,*

*Teresa Littlegeorge,*

*Executive Assistant*

*Winnebago Tribe of Nebraska*

**CONCUR:**

*Lorelei DeCora, Secretary*

*Winnebago Tribe of Nebraska*

**WINNEBAGO TRIBE OF NEBRASKA**

**EMERGENCY MANAGEMENT SERVICES REPORT**

**November 29, 2021**

**TRIBAL COUNCIL PRESENT:**

Victoria Kitcheyan

Rona Stealer

Lorelei DeCora

Isaac Smith

Louis LaRose

Brian Chamberlain

John Snowball

Coly Brown (in at 9:17 a.m.)

**OTHERS PRESENT:**

Matt May

Lynelle Blackhawk

Jason Lawrence

Esther Mercer

Bethani Redhorn

Teresa Littlegeorge

Clint Free

Brandon Stout

**TRIBAL COUNCIL ABSENT:**

Aric Armell

**OPENING PRAYER:** Louis LaRose

offered the opening prayer.

**EMERGENCY MANAGEMENT REPORT:** Presented by Matt May

**CALL TO ORDER:** Chairwoman

called the meeting to order at 9:14 a.m.

**APPROVE AGENDA:**

Isaac Smith motioned to approve the

agenda. Rona Stealer seconded.

VOTE: (6) yes(0) no (0) abstain

Motion carried.

(Coly Brown in at 9:17 a.m.)

Isaac Smith motioned to approve the

Winnebago Gaming Commission Evaluation

Form. Lorelei DeCora seconded.

VOTE: (7) yes(0) no (0) abstain

Motion carried.

WINNEBAGO POLICE DEPARTMENT

REPORT: Presented by Police Chief

Jason Lawrence. Among the items

presented, Chief Lawrence reported he

will be doing a compliance check with

the 30 sex offenders registered with the

Tribe. He will send a registered letter

first. Then, will do a location visit if they

don't respond.

WINNEBAGO VOLUNTEER FIRE

DEPARTMENT REPORT: Presented by

Clint Free.

ADJOURN:

Isaac Smith motioned to adjourn.

Coly Brown seconded.

VOTE: (7) yes(0) no (0) abstain

Motion carried.

*Respectfully submitted,*

*Teresa Littlegeorge,*

*Executive Assistant*

**CONCUR:**

*Lorelei DeCora, Secretary*

*Winnebago Tribe of Nebraska*

*Winnebago Tribal Council*

**WINNEBAGO TRIBE OF NEBRASKA**  
**REGULAR TRIBAL COUNCIL MEMBER**  
**December 7, 2021**

**TRIBAL COUNCIL PRESENT:**

Victoria Kitcheyan  
Brian Chamberlain  
Lorelei DeCora

Rona Stealer  
Coly Brown  
Louis LaRose (in at 5:47pm)

Isaac Smith  
Aric Armell

**OTHERS PRESENT:**

Lynelle Blackhawk  
Joy Johnson  
Ireta Frazier

Alan Post  
Brandon Stout  
Tyresha Wolfe

Garan Coons  
Esther Mercer  
Erika Dunn

Ron Nohr  
Autumn Nieman  
Cecelia Earth

**TRIBAL COUNCIL ABSENT:**

John Snowball

**CALL TO ORDER:** Chairwoman

Kitcheyan called the meeting to order

at 5:03 p.m.

**OPENING PRAYER:** Coly Brown

offered the opening prayer.

**APPROVE AGENDA:**

LD add: \$500 Covid Relief Distribu-

tion Discussion

VK add: GPTC Meeting, December 17

& 18, Rapid City, SD

Isaac Smith motioned to approve the

Agenda. Aric Armell seconded.

VOTE: (6) yes (0) no (0) abstain

Motion carried.

**READING OF THE MINUTES**

11-15-21 Mid-monthly meeting

minutes

Aric Armell motioned to approve the

11-15-21 Mid-monthly meeting min-

utes. Isaac Smith seconded.

VOTE: (6) yes (0) no (0) abstain

Motion carried.

11-17-21 General Counsel meeting

minutes

Isaac Smith motioned to approve the

11-17-21 General Counsel meeting

minutes. Aric Armell seconded.

VOTE: (6) yes (0) no (0) abstain

Motion carried.

11-19-21 Special Tribal Council

meeting minutes - CFS

Isaac Smith motioned to approve the

11-19-21 Special Tribal Council meeting

- CFS. Aric Armell seconded.

VOTE: (6) yes (0) no (0) abstain

Motion carried.

11-22-21 Orientation/Reorganiza-

tion meeting minutes

Aric Armell motioned to table the 11-

22-21 Orientation/Reorganization meet-

ing minutes. Isaac Smith seconded.

VOTE: (6) yes (0) no (0) abstain

Motion carried.

1-29-21 Emergency Management

Services Report meeting minutes

Isaac Smith motioned to approve the

11-29-21 Emergency Management

Services report. Aric Armell seconded.

VOTE: (6) yes (0) no (0) abstain

Motion carried.

**RATIFY FIVE SIGNATURES**

UTV/ATV Proposal

Vehicle Proposal (RFP Knopfeler

Chevrolet)

Adopt resolution #22-29; Approving

Indian Child Welfare Act Legal Services

Contract

Proposed Agreement with Loderstone

Security, LLC and Baker Hostetler, LLP

(WinnaVegas)

Adopt resolution #22-31; Contract

Signature Authority WinnaVegas Cyber

Attack Insurance Contract.

Approve request from WV Slots Dept.

- Novomatic Agreement

Approve request from WV Main-

tenance Dept. - Bid Proposal for the

reroofing of the main casino and 360

Lounge area from Nohava Construction

Approve selected bid from Global

Class and Glazing for new power sliding

doors for the front entrance

Approve Matching funds for students

that were selected to participate in the

4

# COMMUNITY NEWS

## American Broadband Customer Notice

American Broadband provides basic and enhanced telecommunications services within its service area. Basic services are offered at the following rates:

Single Party Residence Service	\$19.95/month
Single Party Business Service	\$30.00/month

Local residence and business service includes voice grade access to the public telephone network; minutes of use for local service provided at no additional charge; access to 911 emergency services; and toll limitation for qualifying low-income consumers.

The Nebraska Telephone Assistance Program (NTAP) is available for qualifying customers. This program provides for monthly service discounts on telephone service. NTAP reduces the cost of local phone service by up to \$8.75 per month. Toll blocking at no charge and reduced deposits are also available through NTAP. NTAP is administered by the Nebraska Public Service Commission.

NTAP and Toll Blocking support is available from American Broadband. These programs provide discounts to eligible low-income consumers to help them establish and maintain telephone service.

NTAP assistance lowers the cost of basic, monthly local telephone service. Eligible consumers can receive up to \$8.75 per month in discounts. In addition, the Federal Universal Service Charge is not assessed to consumers participating in Lifeline.

Toll Blocking prevents the placement of all long distance calls for which a subscriber would be charged. Toll blocking is available to eligible consumers at no cost. Also, by choosing this option, consumers are usually not charged a deposit.

To qualify for NTAP, subscribers must either have an income that is at or below 135% of the Federal Poverty Guidelines, or the subscriber, one or more of the subscriber's dependents, or the subscriber's household must receive benefits from one of the following assistance programs:

- Federal Public Housing Assistance (Section 8);
- Medicaid;
- Children's Health Insurance Program/Kids Connection (SAM, MAC or EMAC);
- Supplemental Nutrition Assistance Program (SNAP) (formerly the Food Stamps Program);
- Supplemental Security Income (SSI);
- Veterans Pension Benefit/Survivors Pension Benefit

**For More Information And To Apply By Mail, Please Visit:**  
<https://psc.nebraska.gov/telecommunications/nebraska-telephone-assistance-program/lifeline>  
 Mail your completed application to: Lifeline Support Center, PO Box 7081, Lincoln, NE 68509, along with proof of eligible program participation (for providing proof of eligible program see "providing proof of eligible program form")  
 Mail your completed Citizenship Attestation form to: NTAP, PO Box 94927, Lincoln, NE 68509

**You May Also Apply Online Directly At:**  
<https://www.checklifeline.org/lifeline>  
 If you apply through the CheckLifeline portal, please also mail your completed Citizenship Attestation form to: NTAP, PO Box 94927, Lincoln, NE 68509.

Tribal Lifeline and Tribal Link Up support is also available from American Broadband. These programs provide discounts to eligible low-income consumers to help them establish and maintain telephone service.

Tribal Lifeline assistance lowers the cost of basic, monthly local telephone service. Eligible consumers receive \$26.45 per month in discounts.

Tribal Link Up reduces the cost of initiating new telephone service by providing a \$30 credit. Eligible consumers also qualify for a deferred payment schedule for remaining costs of up to \$200.

A subscriber who lives on Tribal lands and is an eligible resident of Tribal lands is eligible for Tribal Lifeline service if the subscriber, one or more of the subscriber's dependents, or the subscriber's household participates in any of the above-listed qualifying assistance programs or one of the following Tribal-specific federal assistance programs: Bureau of Indian Affairs General Assistance; Tribally Administered Temporary Assistance for Needy Families: Head Start (if income eligibility criteria are met); or the Food Distribution Program on Indian Reservations (FDPIR). Tribal subscribers may also qualify if the household income is at or below 135% of the Federal Poverty Guidelines. For information regarding Tribal Lifeline services from American Broadband call American Broadband's office at (888) 262-2661.

American Broadband's voice service is a Lifeline-supported service. Only eligible consumers may enroll in the Lifeline program. Lifeline applicants must present documentation demonstrating eligibility either through participation in one of the qualifying federal assistance programs or through income-based means. Lifeline recipients are required to recertify their eligibility every year. The Lifeline program is limited to one benefit per household, consisting of either wireline or wireless service. A household is defined, for purposes of the Lifeline program, as an individual or group of individuals who live together at the same address and share income and expenses. Lifeline is a government benefit program, and consumers who willfully make false statements in order to obtain the benefit can be punished by fine or imprisonment or can be barred from the program.

If you have any questions regarding telecommunications services, please call American Broadband's office at (888) 262-2661.

## PUBLIC NOTICE OF INCORPORATION OF WINNEBAGO REFORMED CHURCH

In accord with the Nebraska Nonprofit Corporation Act, Neb. Rev. Stat. § 21-1901 et seq., Kenneth Mallory, James Bear, Nancy Gillis, Desiree Kitcheyan and Tonia Keller, Incorporators, submit the following as the Public Notice for the Notice of Incorporation of Winnebago Reformed Church:

### I. NAME

The name of the corporation is Winnebago Reformed Church.

### II. PURPOSE

This Corporation is a mutual benefit corporation, the primary purpose of which is to promote the Christian religion and to do all other associated legal activities.

### III. INITIAL REGISTERED AGENT AND REGISTERED OFFICE

The address of the initial registered office of the Company is 311 North Taft Street, Walthill, NE 68067, in the County of Thurston, and the name of its initial registered agent at such address is Nancy S. Gillis.

### IV. INCORPORATOR

The names and addresses of the incorporators are:

Kenneth Mallory  
 2904 B Ave.  
 Winnebago, NE 68071

James Bear  
 P.O. Box 692  
 Winnebago, NE 68071

Nancy S. Gilles  
 311 N. Taft St.  
 Walthill, Ne 68067

Desiree Kitcheyan  
 P.O. Box 711  
 Winnebago, NE 68071

Tonia Keller  
 P.O. Box 345  
 Winnebago, NE 68071

### V. MEMBERS

The corporation shall have members.

Dated: December 20, 2021.

## SUICIDE IN INDIAN COUNTRY PART 16

Being native myself I understand the hesitancy towards speaking about suicide. Traditionally we were taught that if you talk about it, you call upon it. I respect that tradition of our people's, but having lost my son to suicide I also understand the importance of reaching out for help when someone is having suicidal thoughts. Again mental health needs to be addressed the same way we think about physical health. Suicidal thoughts DO NOT mean the person needs to die because of those thoughts. They CAN be managed. There is HOPE! We have always been a resilient people!

According to recent research, culture plays an integral role in both suicide ideation and willingness to seek help for these feelings. Measures included suicide ideation, enculturation (involvement and identification with American Indian culture), perceived discrimination, negative life events, self-esteem, depressive symptoms, hopelessness, anger, and substance use.

Results indicate that more external forces than psychological variables (self-esteem) are related to suicide ideation in American Indian youth. In addition to suicide ideation, participants were also asked: (1) whether they sought help during the time they were suicidal and; (2) the reasons for not seeking formal and/or informal help (if applicable).

### Importance of Culture

These studies show that cultural factors play a role in both suicidality and help-seeking for suicidal ideation in Native youth. Yoder and colleagues demonstrate that external factors such as discrimination and lack of identification with one's culture correlate with suicide ideation. According to Chandler and Lalonde, suicide rates among First Nation youth vary tremendously by tribal bands, and higher cultural continuity is related to lower suicide rates at a tribal level. Meanwhile, Freedenthal and Stiffman note that feelings of isolation and being stigmatized for one's suicidal feelings contribute to lack of help-seeking for suicidal thoughts. Overall, these results demonstrate a need to educate Native youth about the importance of acknowledging suicidal feelings and seeking help for them. Mental health awareness should be framed in a cultural context. Cultural factors should also be taken into account when investigating why these youth feel suicidal, yet do not seek help when feeling suicidal.

If you know of someone struggling with suicidal thoughts please contact The National Suicide Prevention Lifeline at 1-800-273-8255 (TALK), or the Winnebago Behavioral Health 1-402-878-2911 or the After Hours Crisis # 1-712-259-3263.

## Martin Luther King Jr. Day

## January 18th

## LEGAL NOTICE

Notice of Hearing  
 Case No. CV22-005

In the Matter of the  
 Guardianship Petition of:  
 LOTTIE WHITE  
 In Re:  
 G. M. (Born 7/2015)  
 Krystal White, Mother

TO: SAMMY MORENO, Father

You are hereby notified that a petition has been filed for Guardianship and a hearing concerning the above referred Individual(s) in Case No. CV22-005 has been scheduled and will be heard in the Winnebago Tribal Court of Winnebago, Nebraska on the 20th day of JANUARY, 2022 at the hour of 11:30 A.M.

Next

WIN News

Deadline:

January

18th

## LEGAL NOTICE

Notice of Hearing  
 Case No. CV22-027

In the Matter of the  
 Guardianship Petition of:  
 REBECCA BIGFIRE-  
 ELKSHOULDER  
 In Re:  
 D. E. (Born 6/2007)  
 I. E. (Born 4/2007)  
 A. E. (Born 4/2008)  
 D. E. (Born 10/2009)

TO: VANESSA PRETTY ON  
 TOP, Mother  
 DELRAE MEDICINE HORSE, Mother  
 STONEY ELKSHOULDER, Father  
 GEORGE ELKSHOULDER, Father

You are hereby notified that a petition has been filed for Guardianship and a hearing concerning the above referred Individual(s) in Case No. CV22-027 has been scheduled and will be heard in the Winnebago Tribal Court of Winnebago, Nebraska on the 7th day of FEBRUARY, 2022 at the hour of 11:00 A.M.

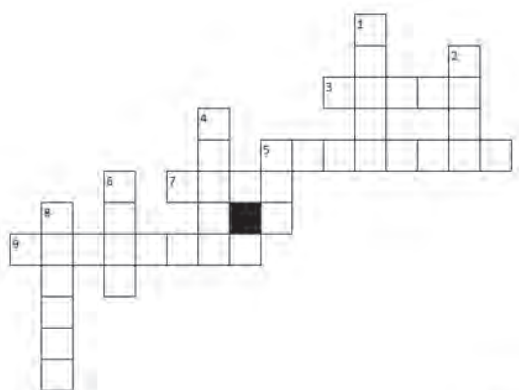
## LEGAL NOTICE

Notice of Hearing  
 Case No. CV22-024

In the Matter of the  
 Name Change Petition of:  
 PAIYA ALDRICH  
 to PAIYA WOLFE

To: ANY INTERESTED PARTIES

You are hereby notified that a petition for Name Change has been filed and a hearing concerning the above referred Individual in case no. CV22-024 has been scheduled and will be heard in the Winnebago Tribal Court of Winnebago, Nebraska on the 7TH day of FEBRUARY, 2022 at the hour of 10:30 A.M.



- |  |   |
|--|---|
| <p><b>Across</b></p> <p>3. One of the sky clans</p> <p>5. Large River</p> <p>7. One of the HoChunk words for grandmother</p> <p>9. Land of</p> | <p><b>Down</b></p> <p>1. Squash, corn,....</p> <p>2. One of the earth clans</p> <p>4. Wild rice is a type of this</p> <p>5. This month is the "earth drying moon"</p> <p>6. Homecoming Month</p> <p>8. Black Hawk</p> |
|--|---|

### Answers

Down: 1. Grass 2. Bear 4. Grass 5. May 6. July 8. Center  
 Across: 3. Eagle 5. Missouri 7. Kaka 9. Wellness

**The Winnebago Tribal Council is 100% AGAINST Meth. Not only is Meth harmful to the individual, it destroys families and our community. Meth use is not the HoChunk/Winnebago way of life. On 12-30-19, during the Winnebago Mid-monthly Tribal Council meeting, a motion was passed to publish all meth related offenses occurring on the Winnebago reservation, in the Winnebago Indian News.**

*The following individual(s) has been arrested for a meth offense...*

As of 1-4-2022, there are no recent meth arrest(s) to report.

# TRIBAL ANNOUNCEMENTS

## Recognizing the effects of Intergenerational Trauma

If trauma is left untreated, it is likely that it would be passed down to the next generation.

Winnebago families may still be impacted from the boarding school era, which forcefully removed indigenous children from their families and placed them into boarding schools.

There, they were forbidden/punished for speaking their language and practicing their traditional ceremonies.

Later generations may not recognize trauma-related patterns, which may lead to repeating them.

This can include: addictions, depression, anxiety, poverty, abuse, suicidal tendencies, violent thoughts/behaviours, domestic violence.

**Patterns can be broken.** You don't need to always be in survival mode.

Talking to a therapist can help you recognize patterns and break the cycle of intergenerational trauma.

Winnebago Behavioral Health Department  
(402.878.2911) 225 S. Bluff St. PO BOX C, Winnebago, NE 68071

Morning Star Counseling Services  
(402.846.5569) 104 S. Costello Walthill, NE 68067

Heartland Counseling Services  
(402.494.3337) South Sioux City, NE 68776

A Better Way Therapy  
(712.253.3925) 3900 Dakota Avenue, South Sioux City, NE 68776

Siouxland Mental Health Center  
(712.252.3871) 625 Court St. Sioux City, IA 51101



Angel De Gora  
Museum & Research Center  
(402) 257-5587  
415 East Little Priest Dr,  
Winnebago, NE 68071



# Mental Health Matters.

**Winnebago Behavioral Health**  
**Appointments & Walk-in Services Available**  
Monday - Friday: 8 a.m. - 4:30 p.m.  
(402) 878-2911  
**Crisis Response After Hours: (712) 259-3263**

### COVID-19 Testing at Twelve Clans Unity Hospital

Please call (402) 878-3404 for COVID-19 testing appointment.

**COURTESY TESTING**  
(COVID-19 Testing Through the Outpatient Drive-Up Clinic)

COVID-19 testing through the Outpatient Drive-Up Clinic can be utilized for patients who do not need emergency care or have little to no symptoms.

COVID-19 testing is done by **appointment only**. Call the Outpatient Clinic at (402) 878-3404 for an appointment.

Patients who have had a COVID-19 exposure should not get tested until 5-7 days after the initial exposure. This is because you can test negative if you get tested too early. It is possible to test positive up to 14 days after an exposure.

**CRITICAL TESTING**  
(COVID-19 Testing Through the Emergency Room)

COVID-19 testing through the Emergency Room is reserved for patients having severe symptoms like:

- Trouble Breathing
- Persistent pain/pressure in the chest
- New confusion
- Inability to wake or stay awake
- Bluish lips/face

This ensures ER resources are allocated to the community members who need immediate attention. This helps ensure that emergency medical attention is available for you, family, friends, and your loved ones when needed.

# January 2022

Monday	Tuesday	Wednesday	Thursday	Friday
3 <b>Closed</b> Holiday	4 <b>Closed</b> Inventory / Restocking <b>Certifications Only</b>	5 FRESH PRODUCE DELIVERY <b>Distribution</b> 10am-2:30pm	6 <b>Distribution</b> 10am-2:30pm	7 Food Tasting <b>Distribution</b> 10am-2:30pm
10 <b>Distribution</b> 10am-2:30pm	11 <b>Distribution</b> 10am-2:30pm	12 FRESH PRODUCE DELIVERY Nutrition Ed. <b>Distribution</b> 10am-2:30pm	13 <b>Distribution</b> 10am-2:30pm	14 <b>Distribution</b> 10am-2:30pm
17 <b>Distribution</b> 10am-2:30pm	18 <b>Distribution</b> 10am-2:30pm	19 FRESH PRODUCE DELIVERY Nutrition Ed. <b>Distribution</b> 10am-2:30pm	20 <b>Distribution</b> 10am-2:30pm	21 <b>Distribution</b> 10am-2:30pm
24 <b>Distribution</b> 10am-2:30pm	25 <b>Distribution</b> 10am-2:30pm	26 FRESH PRODUCE DELIVERY Nutrition Ed. <b>Distribution</b> 10am-2:30pm	27 <b>DRY/FROZEN FOODS DELIVERY</b> <b>Distribution</b> 10am-2:30pm	28 <b>Distribution</b> 10am-2:30pm
31 <b>Distribution</b> 10am-2:30pm	<p><b>MUST call &amp; arrange a "Shopping Appointment" that's within distributing hours.</b></p> <p>Certifications/Re-certifications over the phone — <b>Monday-Friday 8am-4pm</b></p> <p><b>Check out what we have on the 7th, 12th, 19th, &amp; 26th. Don't miss out!</b></p>			

Any Questions Give Us A Call (402)878-2799 or Email to [fooddistribution@winnebagotribe.com](mailto:fooddistribution@winnebagotribe.com)



@WinnebagoFoodDistribution

# Spin to **WINN**

Every Saturday in January\*  
1pm to 5pm • Drawings every 30 minutes

Spin the Money Wheel and win up to **\$10,000 CASH!**

Saturdays we'll draw two winners every 30 minutes from 1pm to 5pm. Each winner will spin the wheel and win \$100 to \$10,000! You could be one of 18 winners!



Swipe daily for one FREE entry every day in January.  
Earn additional entries for every point earned.  
\*No drawing on January 1st, 2022



## FLOWERS ISLAND RESTAURANT THURSDAY NIGHT **\$3 BUFFET** 3PM TO 10PM



EARN 10 PTS  
EVERY FRIDAY  
TO WIN UP TO  
\$200 IN FREE  
PLAY!



# \$28,000

## FRIDAY NIGHT

# FACE OFF

SLOT TOURNAMENT

Every Friday in January, 4pm to 10pm  
Registration starts at 3pm

Play in our action packed Friday Night slot tournament! Simply earn 10 points every Friday then take a seat and press your way to Free Play. Each round we'll pay out **\$540** in prizes to the top 6 places. That's over **\$28,000** in total prizes!

Play in the tournament on Friday and get a WinnaVegas App offer for **\$10 in Free Play** the following Friday when you download, log in and turn on your notifications!

  
WinnaVegas  
CASINO ♦ RESORT

For more information visit [WinnaVegas.com](http://WinnaVegas.com)  
or call 800.468.9466