

Published Bi-Weekly for the Winnebago Tribe of Nebraska • Volume 52, Number 6 • Saturday, March 18, 2023

THE FIGHT FOR QUALITY HEALTH CARE AT WINNEBAGO COMPREHENSIVE HEALTH CARE SYSTEM

Written by: Jordana R. Bass

WINNEBAGO, NE – On Monday, February 27th, 2023, the Director of the Indian Health Service (IHS) took a tour of the Twelve Clans Unity Hospital, and visited with the Winnebago Comprehensive Healthcare System (WCHS) board and Tribal Council. They presented some of the successes and discussed how they can work together to improve access to quality healthcare for tribal members who utilize Twelve Clans for services.

The WIN was invited to attend the presentation to the IHS board. Roselyn Tso, IHS HQ Director, Joe Amiotte, IHS Acting Great Plains Director, Ann Church, IHS HW Chief of Staff, Jillian Curtis, IHS HQ Chief Financial Officer, and William Bearshield, IHS Program Specialist were the administration in attendance from the Indian Health Service.

Representing WCHS board were David Edwards, WCHS Chief Executive Officer, Sharon Frenchman, WCHS Chief Administrative Officer, Austin Schanzenbach, WCHS Chief



photocredit: www.modernhealth.com

BAGO BITS

By: Tyler Snake



In the beginning of March, AIHEC-American Indian Higher Education Consortium- held their annual student conference in Albuquerque New Mexico! Many different competitions/ events fill the agenda from film festival, Archery, Mr. & Ms. AIHEC and thee Hand games to name a few!! After winning three rounds, Little Priest Tribal College students took home 1st place!!! Shoutout to the students for their teamwork! Shoutout to Tyler LaMere, Kia Mallory and the Fun Run team: Denise Milford, Marquesa Tapia and Madelyne for their wins!



Recently The Angel De Cora Museum and Research Center has had special guests from across the pond! The Young Southeast Asian Leaders Initiative is a group of 21 leaders from countries like Thailand, Cambodia, Malaysia, Indonesia, Laos and more with a goal to empower the next generation of leaders! The YSEALI visited the museum and learned about our HoCak History! Thanks to the University of Nebraska at Omaha for this program and the chance for our two different lives to come together thought education! Transformation Officer, Beth Wewel, WCHS Chief Financial Officer, Mona Zuffante, WPHD Chief Public Health Officer, and Sara Mcintosh, ARNP, FNP-BC TCUH Deputy Chief of Staff.

Lastly representing the WTN, Victoria Kitcheyan, Tribal Chairwoman, Lorelei Decora, tribal secretary, Isaac Smith TC member, and Danelle Smith, Attorney Big Fire Law.

In July of 2018 the WTN assumed management of the former Omaha-Winnebago Hospital, which was formerly run through direct health care services through IHS. Since then, strides have been made to improve what was already a broken system.

Frenchman shared, "we had a really strong, dedicated team all through those four years after the assumption. We brought on a new team, and we're proud of the team we have, and we're anxious to keep moving forward."

Kitcheyan expressed "on behalf of the

council this has been a real journey for the tribe and council." In July of 2015 the hospital lost its certification." In a study done on modernhealthcare.com, it stated "the IHS refused to discuss individual cases of at least five unnecessary deaths at the IHS hospital, and countless other instances of deficient care, according to a federal survey report and testimony.

Back in 2014, the Centers of Medicare and Medicaid Services ordered the hospital to take corrective action. However, by July 23, 2015 the CMS had revoked the hospitals Medicare and Medicaid Certification and said the staffing and oversight flaws posed "immediate jeopardy to patient health and safety."

Reflecting on the past, the leadership of the tribal council members that were in office at the time of assumption. They made the decision to take action towards self-determination and self-governance.

Where under the Indian Self-Determination and Education Assistance Act. The federal law was designed to give tribes the ability to assume administration of

Story Continued. p. 3
See, HEALTHCARE



The blessing and ceremony during the time of assumption back in 2018.



photo credit: Robert Ironshell

back row,L to R,Austin Schanzenbach, WCHS Chief
Transformation Officer, David Edwards, WCHS Chief Executive
Officer, Isaac Smith, Tribal Council Member, Brian Chamberlain,
Tribal Council Vice-Chairman, Joe Amiotte, IHS Director of Field
Operations, William Bearshield, IHS Program Specialist, Danelle
Smith, Attorney, Big Fire Law, Sharon Frenchman, WCHS Chief
Administrative Officer. Front row, from L to R, Jillian Curtis, IHS
CFO Beth Wewel, WCHS Chief Financial Officer, Sara Mcintosh,
ARNP, FNP-BC TCUH Deputy Chief of Staff / Interim Chief Nursing
Officer, Roselyn Tso, IHS Director, Tori Kitcheyan, Tribal Council
Chairwoman Mona Zuffante, WPHD Chief Public Health Officer.
(not pictured) Ann Church, IHS Acting Chief of Staff



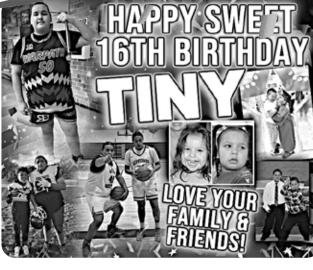


Top: The Omaha/Winnebago hospital sign. Bottom: Upon assumption of the hospital, the hospital was renamed to Twelve Clans Unity Hospital.



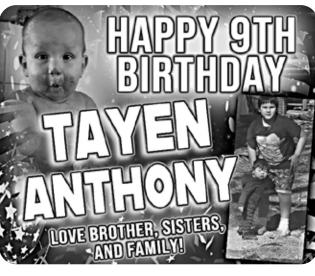
Wambli Sapa Memorial Saturday | April 8, 2023 Hosted by Multicultural Affairs & Intertribal Student Council Event is free & open to the public Invocation: 12:40 PM | Grand Entry: 1:00 PM MC: Gary Farmer & Eddy Z the Urban MC Arena Director: James Mincey Head Man: Dustin Lovejoy Head Woman: Dena Lonedog Committee Chair: Cornelius Levering Dance Categories Golden Age: Men/Women (55+) 1st: \$200 | 2nd: \$150 | 3rd: \$100 1st: \$200 | 2nd: \$150 | 3rd: \$100 Adult: Men/Women (18-54) Grass, Fancy, Northern Traditional, Jingle, Cloth/Appliqué 1st: \$150 | 2nd: \$100 | 3rd: \$75 Potato Dance | \$100 Jr's & Teens: (7-18) | To receive day pay Tiny Tots: (0-6) | To receive candy Men's Traditional special sponsored by the Lovejoy family Spot dance sponsored by Lestina Saul-Merdassi for 10 at \$10 Dance & Drum Registration 9:00 AM - 12:30 PM (<u>12:30 PM Cut-Off</u>) 5 drummers minimum per drum group (<u>5 uninvited at \$200</u>) Host Drum | Youngbucks Drums | Mato Pejuta, New Breed, Upstream Color Guard Omaha Veterans Association Art, Dance, Food Free parking available

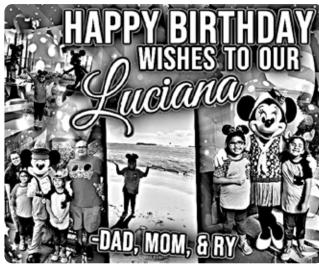


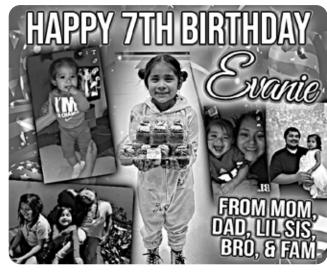


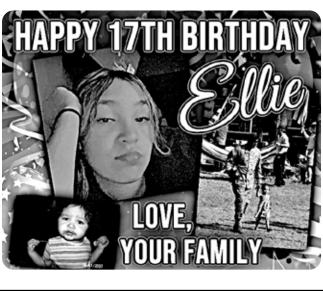
Nebraska

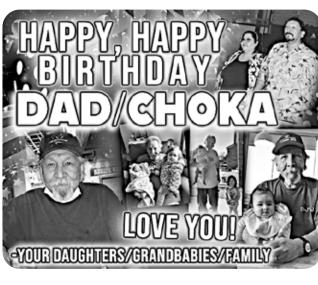


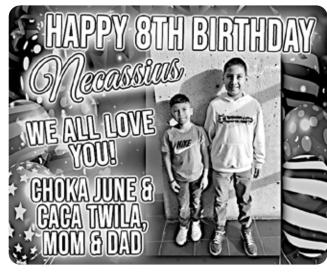












The next issue of the WINNEBAGO INDIAN NEWS will be published on April 1, 2023. DEADLINE for this issue will be March 28, 2023

Winnebago Indian News

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LETTER POLICY: Signed editorials, letters and articles appearing in the WIN are the responsibility of the authors and do not necessarily reflect the opinion or attitude of the Winnebago Indian News or the Winnebage Tribal Council.

The WIN encourages the submission of Letters to the Editor; however, letters must be signed and addressed. Letters may be edited for language and length.

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Κe	nny Mallory	Member
Ar	ik Armell	Member
Lo	uie LaRose	Member
lsa	aac Smith	Member



TOP STORIES

HEALTHCARE

continued from page 1...

programs performed by the federal government to serve their communities.

Self-governance allows the tribe additional flexibility to utilize federal funds associated with the IHS programs and activities.

Where we are at in the present, WCHS and the WTN is continuing to move forward. Smith was the former CEO at WCHS at the time of assumption, she expressed "there will always be more work to do. Our approach in Winnebago is that we're in a continual process of improvement and figuring out how to do things better for our people."

Kitcheyan adds "we have a very intentional goal on getting this place back on its feet. It's all about the people. We acknowledge that the tribal members are the folks that use this facility, they are who we want to succeed for."

Looking to the future, some of the top priorities at WCHS are strategic planning, financial planning, budgeting, and developing an overall vision of the healthcare system.

Upon the short-term planning, Edwards shared "we want to say, what's our vision? So that what we design is fulfilling our vision more fully. There's daily activity on all of these things to move those forward, to have us as a high functioning organization. As we go into the 2024 fiscal year of planning, we will kind of have our ducks in a row and say how can we take this to the next level?"

At the time of assumption there were approximately 199 employees, at a 45% vacancy rate. To date WCHS is at 326 employees. Recently filling eleven

more positions and will be at a 100% capacity rate.

Frenchman adds "we're glad about that, we need everybody to help provide the care for our patients and our community."

One of the major goals is accreditation. Zuffante adds "we (Winnebago Public Health Dept.) have been doing a lot of policy development. We did submit all our documentation on August 30th, 2022."

Later comes the pre-site visit, and then finally the actual site visit. "We'll be in the elite of the top ten tribally public health accredited hospitals in the country."

Some of the goals of the emergency department are to increase access to care. McIntosh expressed "we're trying to get our patients into appropriate care for preventative care and maintenance of their health so they're having the continuity of the care."

Other long term goals are looking towards renovation and modification of space, implementing detox services, and returning shares back to the tribe within the Drug Dependency Unit, as well as a dialysis center.

In conclusion, the groundwork being done by WCHS and the WTN will continue. Kitcheyan concludes by sharing "I won't sit here and say it's not been tough. The toughest people on this endeavor are our tribal members. They have an expectation of us. And it's been tribal council as well as the board to just do anything and everything that we feel will take us to the next step."



A Note from the Editor : " As a tribal member who has lived in the community predominately 90% of my life, I understand that our relatives, loved ones, tribal members and all those who utilize the services at Twelve Clans and WCHS deserve to have access to quality healthcare and be able to trust they are getting the care our youth and elders deserve to ensure a healthier and safer future. We must all take a look at our history to ensure that it doesn't repeat itself. Working together and offering up an open discussion to decide what are the steps that can be made today to support the Twelve Clans vision of leading the nation in quality tribal health care."

- (Hataža Manį Winga - Jordana R. Bass)

PRAYING FOR THE SEVEN GENERATIONS

Written by: Jordana R. Bass



WINNEBAGO, NE – Seven generations ago was 150 years. The belief in praying and planning for the next seven generations is prevalent in many tribal nations around the world. That the impact of our current decisions made by our tribe should be prayed upon seven generations ahead.

Today, we are living on the prayers of our ancestors. 150 years ago, was the year 1873. Looking at our Hocak Nisoc Haci history, Chief Little Priest died the year of 1866. Seven years later, in 1873 is the year HoChunks were forcibly removed from Wisconsin. The years 1865-1874 was when the tribe settled in what is now Winnebago, Nebraska.

Starting on Monday, March 20th – March 23rd, 2023 individuals from the community will be hosting a Praying for Seven Generations fire for the Winnebago community and invite you to pray for the future of our tribe.

This week the WIN met with a couple individuals involved. One being Nathanial Bigfire (Pi Mani Ga – Thunder clan) who is the son of Rebecca Bigfire-Elkshoulder and Albert Red Bear jr., and the grandson of Marjorie Rice Snake-Bigfire and Harold Bigfire.

In 2016 was when the first discussions occurred between a group of tribal members, he shared "back then we were thinking about what we could do about the meth and alcohol that's here. There was a group of us meeting. Me, Wakaja Harden, Darwin Baker, grandma Betty, Ladonna Holstein, Roland Warner, and my aunt Trish. We

had a few meetings, my brother was like, let's put our pipes together, let's pray about it." They got everything together, told the caca's, then went to sweat.

He shared that they prayed and asked Creator for help on creation. Adding, "he said (Harden) let's wait on our prayers and see what transpires."

Two month's later while Bigfire was working with Wildlife & Parks, Aric Armell approached him, he said "brother I want to do something. I need your help. I want to bring the sacred fire down, and I want to light it for 30 days."

Later on tribal members Daniel Wolfe, Isaac Smith, Betty White, Frank White, Winona and Bob Armell were some of the individuals involved in the first fire. Adding "we got the wood and prepared it, and that's how the first fire came." It was lit each year for two years after that.

The purpose of the fire is to pray for healing for our future generations. Due to the intergenerational trauma that is passed down through our DNA.

Issues such as alcohol/substance abuse, anxiety/depression, suicide, diabetes, domestic violence. Can be passed down and the scientific explanation for this are called 'transgenerational effects', the explanation is epigenetics, which are things that affect the function of DNA (the genetic code). When you start messing with the ability of the genetic code, then you have a problem. Transgenerational epigenetic inheritance has been implicated in many diseases. (NRDC.org)

Bigfire expressed "I work with a lot of our people, so it was like how can we get to our children or our people to make that transitional change. The white man came here and severed our spiritual line. They took it away, put us on reservations. That was traumatic for our people. When they did that they made us dependent on them. With housing, food, forced that bible onto us. If you don't pray our way, then we're not going to give you your rations. Sneakily putting alcohol inside those rations."

During that same time they put the children in boarding schools, while some were abused mentally, physically, spiritually, and sometimes would even lead to death.

Bigfire expressed "they took responsibility away from the man, to take the son out to be with creation, to fast, to hunt, to take care of his people. That time alcohol was there. No one showed us how to drink. From going to living a free life and in accordance with Mother Earth, then to being confined like in prison. The man starts drinking, then the woman usually follows. Then they start drinking. Domestic violence comes to the home, then when the child comes back from the boarding school they endured trauma too. Mom and dad are drinking, what does that child usually do? They do what mom and dad does."

If you think about what Winnebago would look like 150 years from now, what would you want to see? In seven generations it will be around the year 2173, our generations won't be around to see it. But what would you want your offspring to endure? By that time, will we have flying transportation? Will our ciporake's be equipped with solar electricity and built in wifi?

Or will by catastrophe of continued colonization or disrespect to our values towards Mother Earth drive us to extinction of our cultural values, and we become completely Americanized.

Either way, today you are encouraged to attend and pray for the future seven generations of our tribe. Hopefully the future is one of prosperity in our cultural values, and healing from intergenerational trauma.

MONA ZUFFANTE AWARDED UNMC COMMUNITY SERVICE TO RESEARCH AWARD

Originally Shared Via Facebook, WINNEBAGO PUBLIC HEALTH DEPT.



photo credit: Winnebago Public Health Dept.

Mona Zuffante was honored at a ceremony on March 9 for UNMC's Scientist Laureate, Research Leadership, Distinguished Scientist, New Investigator and Community Service to Research Award recipients.

For her efforts to forge collaborations with researchers at UNMC, Zuffante will receive the 2023 Community Service to Research Award at this year's Distinguished Scientist Ceremony.

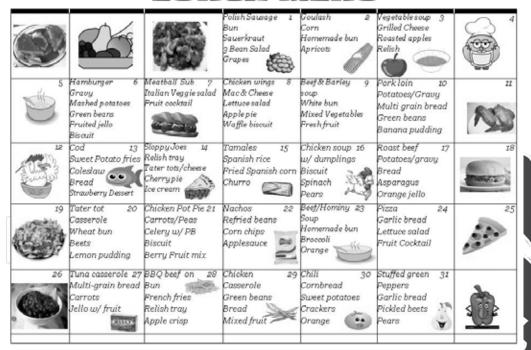
The Community Service to

Research Awards were established to recognize the critical roles many community members have played in UNMC research, as facilitators, implementers, reviewers, and collaborators, among other roles.

The University of Nebraska Medical Center's 2022 honorees will be honored in a hybrid virtual and in-person awards ceremony at 4 p.m. March 9 at the Durham Research Center auditorium.



SENIOR CITIZENS LUNCH MENU



MARCH 2023



Educators Needed

Now Hiring Certified Elementary School Teachers and an Elementary Counselor for the 2023-2024 school year

St. Augustine Elementary School in Winnebago, NE

Applicants must hold a valid Nebraska elementary teaching certificate or qualify for Nebraska certification



Send resume to St. Augustine Indian Mission, PO Box 766, Winnebago, NE 68071 www.staugustinemission.org www.facebook.com/staugustinemission



A WINNEBAGO SON



Alexander Mallory (Hakikóx Walu Piga— "makes his way,"- Bear clan) he is the son of Elizabeth and Marc Mallory and the grandson of Twila and Kenny Mallory, he is an alumni of Arizona State University, with his degree in law.

Recently he has been selected as a recipient of the prestigious "Native American 40 Under 40 award" through the National Center for American Indian Enterprise. The special award was created 14 years ago to acknowledge those emerging Native American, Alaska Native, and Native Hawaiian citizens between 18-39 years of age who have demonstrated leadership, initiative, and dedication to achieve significant contributions to Native communities throughout North America.

The awards will be formally presented at the Native American 40 Under 40 Dinner Reception on Tuesday, April 4. The reception will be an exciting celebration in honor of you and your fellow recipients at Caesars Palace Hotel & Casino in Las Vegas, Nevada (located on the Las Vegas Strip). In honor of the diversity and uniqueness of each honoree, it is recommended to arrive dressed to impress in professional attire that represents your tribal affiliation. This ranges from traditional to contemporary.

Congratulations Alexander, and keep up the great work in all of your endevours!







UPCOMING MEETINGS

YCWAG

PARENT PARTNERS WANTEDII

-ARE YOU A
PARENT/GUARDIAN
OF A CHILD
BETWEEN 0-8
YEARS OLD?

-DO YOU HAVE IDEAS FOR YOUTH 0-8 EVENTS?

PASSION IN CARING FOR YOUTH 0-8?

WE ARE SEARCHING FOR 2-4 PASSIONATE, INVOLVED INDIVIDUALS TO REPRESENT AND IAVE A VOICE FOR THE WINNEBAGO PARENTING COMMUNITY & CHILDREN 0-8 YEARS OLD.

> COMMITTED & INTERESTED INDIVIDUALS

IF INTERESTED



Tuesday 12pm @ LOW Office

Plan for April Events, Learn about current March events with PL and in community, Share ideas for 0-8 youth. **Light lunch provided*

Tuesday 12pm @ LOW Office Plan for May Events (Graduations, End of School Year, etc.), Learn about current April events with PL and in community, Share ideas for 0-8 youth.

Light lunch provided

Tuesday 12pm @ LOW Office

Plan for June and summer events, Learn about current May events with PL and in community, Share ideas for 0-8 youth. **Light lunch provided**

Tuesday 12pm @ LOW Office

Plan for July & Pow Wow Events, Learn about current June events with PL and in community, Share ideas for 0-8 youth. **Light lunch provided**

Jordann Blackfish at 833-391-3797 or jordann.blackfish@winnebagotribe.com or projectlaunch@winnebagotribe.com

Winnebago Tribe of Nebraska **Request of Proposal for Logo Creation**

Background Information

The Winnebago Tribe of Nebraska Education Department has a program called Education Pathways to Student Success (EPSS). The EPSS Program has been accomplishing the grant goals since 2020 to have an education project for elementary and Secondary school-age students focused on improving college and career readiness skills and have an apprenticeship program to expose students to real-life job experiences.

The EPSS Program is seeking a qualified service provider possessing the professional skill making them suitable for creating a digital signage that represents the EPSS Program.

Contents of Proposal

In its proposal, Bidder shall submit, at minimum, Bidder's credentials and qualifications - a brief summary of any prior experiences which makes Bidder qualified to perform the scope of work requested.

Contact Information

Bidder shall submit offer to Sherriel Slowman, EPSS Project Coordinator. EMAIL: sherriel.slowman@winnebagotribe.com DELIVERY: PO Box 687 Winnebago, NE 68071

The Winnebago Tribe of Nebraska shall notify the successful bidder of acceptance of the bid in writing. Prior to performing any services, the successful bidder and the Winnebago Tribe of Nebraska shall enter a contract for services, which will be negotiated and finalized after the bid has been awarded.

WCHS 11TH ANNUAL EASTER



EGG-STRAVAGANZA

11AM TO 1PM AT THE LAND OF WELLNESS

APRIL 7TH 2023

FREE PETTING ZOO / PONY **RIDES**

EGG HUNTS (BY AGE)

0-2 YRS AT 11:20 3-4 YRS AT 11:30 5-6 YRS AT 11:40 7-8 YRS AT 11:50 9-12 YRS AT 12:20 13+ YRS AT 12:30



LITTLE PRIEST TRIBAL COLLEGE

Our Mission: "Be Strong and Educate My Children"

Little Priest Tribal College is now taking applications for the following positions:

- **Full Time Faculty Chemistry Laboratory Teaching Asst. Native American Studies Instructor**
- Tutors 0
- Vice President of Teaching & Learning Administrative Assistant
- **Resident Assistant**
- Director of Student Support Services/ Title IX Coordinator

For more information, visit us on the web at:

https://littlepriest.edu/jobs-openings/ LPTC is an equal opportunity employer.

LPTC 601 E. College Dr. Winnebago, NE



ALL LEGAL NOTICES ARE POSTED ON BEHALF OF: Winnebago Tribal Court

228 Industrial Rd, Winnebago, NE 68071 402.878.2570

LEGAL NOTICE: 1/3

Notice of Hearing Case No. JFJ23-010

The People of the Winnebago Tribe In the Interest of: S.S.B (Born 02/2023)

To: AARON CURRY, FATHER **ALL POTENTIAL FATHERS**

You are hereby notified that a hearing for an Adjudication concerning the above referred minor individual(s) in case no. JFJ23-010 has been scheduled and will be heard in the Winnebago Tribal Court of Winnebago, Nebraska on the 11th day of APRIL, 2023 at the hour of 1:00 P.M.

Dated this 8th Day of March, 2023.

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COMMUNITY

WPS DRAMA CLUB PERFORMS BYE BYE BIRDIE

Written/Photography by: Jordana R. Bass

WINNEBAGO, NE – This week was the premiere of the Winnebago Public School's (WPS) Drama Club's one act performance of their production called Bye Bye Birdie held at the WPS Fine Arts theater.

The production as a musical comedy, and funny it was. The students showed now fear as they portrayed their characters, sang their songs, and danced to their musical numbers.

If you've never been to a theater performance, there is acting, dancing, singing, and the rush between set and wardrobe change you see how much effort goes into making a production flow smoothly.

The night of the premiere tshirts were given out, and the opening of the show was presented by Diane Spirk, who has recently retired from WPS as the music teacher and musical director. Stacy Brasch was behind the scenes as production manager. Production crew included Andrew Halsey in set design as well as lights/sound. Jared Garthoff was the stage and sound manager.

Showtimes occurred Wednesday, March 15, 2023 and Friday, March 17, 2023 at 2pm and 6:30pm.

The WIN says "great job to all students who participated in the production, from acting, directing, production management, and New Stage Players for the costumes, WPS FCCLA and Ms. Shipman for the refreshments."

Here are cast and crew:

- Zayne Bassette as Albert
- Alen Whitewing as Rosie
- Evren Bear as Mrs. Mae Peterson
- Devin Houghton as Conrad Birdie
- Fiona Soap as Kim MacAfee
- Kenny Nieman as Hugo Peabody
- Ayden Littlegeorge as Mr. Harry MacAfee
- Savannah Brasch as Mrs. Doris MacAfee
- Shyleigh Horn as Ursula Merkle
- Paige Bear as Randi MacAfee
- Alex George as Mayor
- Edna-La'hea Kearnes as Mayor's Wife
- · Ariayla Suniga as Mrs. Merkle
- Haksiga Decora as Gloria Rasputin
- Ayden Armell as Harvey Johnson/cameraman
- Donte Mercer as Mr. Johnson
- Morgan Earth as Police Officer

Extras:

- Crystaleen Showecker
- Kimimila Stover
- Eliana Blackhawk
- Tomi Li Scott
- La'Hea Kearnes
- Noah Robinson-worm
- Donte Mercer

Crew:

Makeup -

Miss Adriana Aleman, Evren Bear, Xcaydia Nieman, Florence Soap, Antoinette Blue, Acacia Blue

Set Construction/Design -

Treivan Bear, Nevaeh Redhorn, Haini-wiragusge Morgan, Marisol Puente Lights –

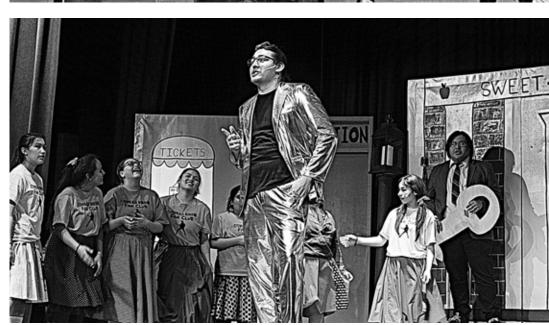
Melodine Earth, Melaki George

Stage Crew -

Jacie Walker, Kahlen Littlegeorge-Cloud, Tylie Chilson, Rein White, and Dimitrious Walker













EDITORIALS

SUICIDE IN INDIAN COUNTRY PT. 27

Submitted by: Youth Crisis Intervention Center



cnoose to ao.

People do not choose to have clinical depression, bipolar disorder, schizophrenia, cancer, post-traumatic stress disorder, obsessivecompulsive disorder, tourette's syndrome, autistic, seasonal affective disorder, heart disease, dysthymia, narcolepsy, muscular dystrophy, Alzheimer's disease, dementia, anxiety attacks, delusions, psychosis, phobias, paralyzed, migraine headaches or victims of crime.

- Children do not choose to be bullied, sexually molested or abused.
- Women do not choose to be brutally beaten by their husbands, have postpartum depression or to be raped.
- People do not choose to be discriminated against or to be mistreated.
- So why do some people think that people choose to die by suicide?

Answer: ignorance.

Many people (including some who are supposed to be "professionals" in the area of suicide, psychology, and religion) maintain the misguided, ignorant, outdated -- and idiotic -belief that people "choose" suicide.

- Over 90 percent of the people who die by suicide have a mental illness at the time of their death. And the vast majority of those mental illnesses are untreated, undertreated, or not properly treated.
- People who die by suicide are not thinking clearly -- and they cannot possibly think clearly -- because their brain is not functioning properly at the time they pass away from suicide.

- Their brain is giving them overwhelming signals to die.
- They have a chemical imbalance in their brain, are in extreme emotional pain, and their mind is saying "you must die by suicide to end this."

Again -it is an overwhelming condition.

- They do not "choose" do die -- their mental illness causes them to die -- just like some people die from heart disease, cancer, or other things that are out of their control.
- And every time an ignorant person makes the statement that "people choose to die by suicide" the stigma of suicide is perpetuated.

Let me draw an analogy between suicide and obsessive compulsive disorder (OCD): People with OCD have recurrent, overwhelming, obsessive thoughts that compel them to act in ways that others do not understand. For instance, a person with OCD may believe that his or her house is contaminated -- even though it is immaculately clean -- and thus compulsively washes his or her hands to get rid of the "germs."

So do people who are otherwise very intelligent simply "choose" to wash their hands 500 times a day?

No.

They have a disorder and need treatment.

Now, someone with severe depression -- and untreated depression is the number one cause for suicide -- has a similar signal that their brain is sending to them, and that signal is this: you must die by suicide.

That "signal" is incessant and overwhelming.

Again, the person does not "choose" suicide; the mental illness causes the suicide.

One more time: People do not choose suicide; their mental illness causes the suicide.

People who die by suicide are strong, intelligent, loving, caring people -- who happen to have a mental illness.

And there should be no stigma whatsoever associated with that mental illness -- regardless of what it is -- as well as no stigma associated with suicide.

The people who do not understand these basic, irrefutable truths about suicide are part of a serious problem -- and that problem is ignorance. And, unbelievably, many psychologists, psychiatrists, suicidologists, and members of the clergy are part of this problem -- and thus they actually perpetuate stigma instead of fighting it!

So, don't be part of the problem. Share your understanding about suicide with others, and help combat this ignorance.

And be as supportive, helpful, and understanding as possible to suicide survivors. They deserve our unconditional love.

And always remember this: People who die by suicide do not choose to die, they have a mental illness -- and it is the mental illness that causes them to pass away.

Suicide can be prevented.

Immediate, effective treatment is the key to preventing suicide.

Please be familiar with the Suicide Warning Signs and be prepared to get help for yourself or someone else when you spot them -- always seek treatment immediately if you or someone you know is suicidal.

The number one cause for suicide is untreated depression -- and depression is highly treatable. So please be familiar with the signs of depression and always act immediately if you or someone you know may have depression.

National Suicide Prevention Lifeline 1-800-273-8255 (TALK) or the

Winnebago Behavior Health 1-402-878-2911

or After Hours Crisis #1-712-259-3263.

My Mental Health: Do I Need Help?

First, determine how much your symptoms interfere with your daily life.



Do I have mild symptoms that have lasted for less than 2 weeks? · Some trouble sleeping

- Feeling a little down
- Feeling down, but still able to do job, schoolwork, Feeling down, but still able to take care of
- or housework
- yourself or take care of others



If so, here are some self-care activities that can help:

- Exercising (e.g., aerobics, yoga)
- Engaging in social contact (virtual or in person)
- Getting adequate sleep on a regular schedule
- Eating healthy
- · Talking to a trusted friend or family member
- Practicing meditation, relaxation, and mindfulness

If the symptoms above do not improve or seem to be worsening despite self-care efforts, talk to your health care provider.



Do I have severe symptoms that have lasted 2 weeks or more?

- · Difficulty sleeping
- · Appetite changes that result in unwanted weight changes
- Struggling to get out of bed in the morning because of mood
- · Difficulty concentrating
- Loss of interest in things you usually find enjoyable
- Unable to perform usual daily functions and responsibilities
- · Thoughts of death or self-harm



Seek professional help:

- Psychotherapy (talk therapy)—virtual or in person;
 Medications individual, group, or family

 - Brain stimulation therapies

For help finding treatment, visit nimh.nih.gov/findhelp.



= TRIBAL COUNCIL MINUTES

minutes continued from last issue...

Brian Chamberlain motioned to authorize the Treasurer to dispose of the remaining Hy-Vee gift cards. Louis LaRose seconded.

VOTE: (7) yes (0) no (0) abstain Motion carried.

Brian Chamberlain motioned to accept the Tribal CFO Report. Kenneth Mallory seconded.

VOTE: (7) yes (0) no (0) abstain Motion carried.

[Lorelei out]

EXECUTIVE SESSION:

Brian Chamberlain Motioned to go into Executive Session at 4:58 p.m. Rona Stealer seconded.

VOTE: (6) yes (0) no (0) abstain Motion carried.

[Lorelei in]

Lorelei DeCora motioned to come out of Executive Session at 5:44 p.m. Kenneth Mallory seconded.

VOTE: (7) yes (0) no (0) abstain Motion carried.

Brian Chamberlain motioned to table the T.E. Complaint until the Tribal Council Gaming Workgroup, and WinnaVegas Management investigates the complaint.

Coly Brown seconded.

VOTE: (7) yes (0) no (0) abstain Motion carried.

ADJOURN:

Kenneth Mallory motioned to adjourn at 5:45 p.m. Coly Brown seconded.

VOTE: (7) yes (0) no (0) abstain Motion carried.

Chairwoman Kitcheyan adjourned the meeting at 5:45 p.m.

WINNEBAGO TRIBE OF NEBRASKA **GENERAL COUNSEL MEETING MINUTES**

January 6, 2023

TRIBAL COUNCIL PRESENT:

Victoria Kitcheyan Brian Chamberlain Lorelei DeCora Coly Brown Isaac Smith Kenneth Mallory Louis LaRose

OTHERS PRESENT:

Danelle Smith Jennifer BearEagle **Esther Mercer** Lynelle Blackhawk Teresa Littlegeorge Cecelia Earth

TRIBAL COUNCIL ABSENT:

Rona Stealer (leave) Aric Armell

CALL TO ORDER:

Chairwoman Kitcheyan called to order at 9:16 a.m.

OPENING PRAYER:

Coly Brown offered the opening prayer.

APPROVE AGENDA:

Isaac Smith motioned to approve the agenda. Kenneth Mallory seconded.

VOTE: (6) yes (0) no (0) abstain Motion carried.

LAND LEGISLATION UPDATE:

Presented by Danelle Smith

Brian Chamberlain motioned to authorize travel for Tribal Council members for the Land Legislation trip to Washington, DC in February 2023. Isaac Smith seconded.

VOTE: (6) yes (0) no (0) abstain Motion carried.

OPIOID LITIGATION:

Brian Chamberlain motioned to approve the Teva, Allergen, Walmart, Walgreens, and CVS Opioid Settlement. Isaac Smith seconded.

VOTE: (6) yes (0) no (0) abstain Motion carried.

ENROLLMENT/SECRETARIAL ELECTION FOLLOW-UP:

Discussion on Tribal member continued education on the secretarial election.

ALCOHOL BAN FOLLOW-UP:

There was never any official action on an alcohol ban, 1953 federal ban on alcohol on a reservation was lifted.

RADIO STATION CONTRACT:

Brian Chamberlain authorizes the Chair to satisfy the legal requirements for the Radio Station. Isaac Smith seconded.

VOTE: (5) yes (0) no (1) abstain, CB Coly Brown seconded. Motion carried.

Brian Chamberlain motioned to approve a budget modification for communications and for Radio Station legal work to add \$20,500 under the legal line item. Louis LaRose seconded.

VOTE: (5) yes (0) no (1) abstain, CB Motion carried. Motion carried.

Brian Chamberlain motioned to adopt resolution #23-60 approving the Legal Services Contract with Sanchez Law Firm. Louis LaRose seconded.

VOTE: (6) yes (0) no (0) abstain Motion carried.

TAX CODE:

Brian Chamberlain motioned to Tax Code for off reservation gaming tax at 25%. Coly Brown seconded.

OBJECT:

Kenneth Mallory, Louis LaRose

VOTE: (4) yes, BC, LD, CB, IS (2) no, KM, LLR (0) abstain Motion carried.

MENTAL HEALTH **COMMITMENT CODE:**

Brian Chamberlain motioned to adopt resolution #23-61: Amendments to the Winnebago Tribal Code Title 7 Health, Safety, and Welfare, Article 1. Louis LaRose seconded.

VOTE: (6) yes (0) no (0) abstain Motion carried.

Brian Chamberlain motioned to approve Tribal Council travel to Lincoln on January 24, 2023 for the Legislative Luncheon sponsored by the Winnebago Tribe of Nebraska. Isaac Smith seconded.

VOTE: (5) yes (0) no (0) abstain Motion carried.

RATIFY FIVE SIGNATURES:

1. Approve admin leave at 12:00 p.m. on December 30, 2022, for NYE holiday

Brian Chamberlain motioned to ratify the five-signature approving admin leave at 12:00 p.m. on December 30, 2022, for New Year's Eve holiday. Louis LaRose seconded.

VOTE: (6) yes (0) no (0) abstain Motion carried.

2. Approve Federal **Communications Commission:** KWTN Compliance Plan

Brian Chamberlain motioned to ratify the five-signature approving the Federal Communications Commission: KWTN Compliance Plan. Louis LaRose seconded. Louis LaRose seconded.

VOTE: (6) yes (0) no (0) abstain Motion carried.

3. Gift Blanket Kenneth Mallory motioned to approve a gift star quilt for Charles

Wooley. Isaac Smith seconded.

VOTE: (6) yes (0) no (0) abstain Motion carried.

EXECUTIVE SESSION:

Brian Chamberlain motioned to go into Executive Session at 11:40 a.m.

VOTE: (6) yes (0) no (0) abstain Motion carried.

Brian Chamberlain motioned to come out of Executive Session at 12:50 p.m. Coly Brown seconded.

VOTE: (6) yes (0) no (0) abstain

Brian Chamberlain motioned to direct the General Counsel to research class III Compact negotiations. Kenneth Mallory seconded.

VOTE: (6) yes (0) no (0) abstain Motion carried.

Brian Chamberlain motioned to direct the General Counsel to draft a strongly worded letter to the direct the General Counsel to draft a Dollar General Corporate on Safety and Fire Hazards. Isaac Smith seconded.

> VOTE: (6) yes (0) no (0) abstain Motion carried.

Brian Chamberlain motioned to authorize Kenneth Mallory to explore and answer the question of the status of the Heritage Building. Isaac Smith seconded.

VOTE: (6) yes (0) no (0) abstain Motion carried.

ADJOURN:

Brian Chamberlain motioned to adjourn at 12:56 p.m. Louis LaRose seconded.

VOTE: (6) yes (0) no (0) abstain Motion carried.

Chairwoman Kitcheyan adjourned the meeting at 12:56 p.m.

WINNEBAGO TRIBE OF NEBRASKA VOTE: (6) yes (0) no (0) abstain PHYSICAL RESOURCES REPORT January 9, 2023

TRIBAL COUNCIL PRESENT:

Victoria Kitcheyan (in at 9:15 a.m.)

Lorelei DeCora Kenneth Mallory Aric Armell Coly Brown Louis LaRose Isaac Smith (in at 9:21 a.m.)

TRIBAL COUNCIL ABSENT:

Rona Stealer Brian Chamberlain

OTHERS PRESENT:

Esther Mercer Lynelle Blackhawk Cecelia Earth Teresa Littlegeorge

CALL TO ORDER:

Secretary Lorelei DeCora called the meeting to order at 9:13 a.m.

OPENING PRAYER: Aric Armell offered the

opening prayer.

APPROVE AGENDA:

Kenneth Mallory motioned to approve the agenda. Coly Brown seconded.

VOTE: (4) yes (0) no (0) abstain Motion carried.

[Victoria Kitcheyan in, assumes Chair]

LAND MANAGEMENT:

1. Land Sale

a. Esteban Blackhawk

Aric Armell motioned to adopt resolution 23-62; Authorizing Request for and Approving Withdrawal Tribal Appropriated Funds and Approving Land Purchase from – Esteban Blackhawk. Kenneth Mallory seconded.

VOTE: (5) yes (0) no (0) abstain Motion carried.

[Isaac Smith in at 9:21 a.m.)

b. Lita Levering Aric Armell motioned to adopt resolution 23-63; Authorizing Request for and Approving Withdrawal Tribal Appropriated Funds and Approving Land Purchase from - Lita Levering. Isaac Smith seconded.

VOTE: (5) yes (0) no (0) abstain Motion carried.

2. Land Leases

Aric Armell motioned to adopt resolution 23-64: Ho Chunk Farms Land Lease. Isaac Smith seconded.

VOTE: (6) yes (0) no (0) abstain Motion carried.

Coly Brown motioned to adopt resolution 23-65; David Rhode Lease. Isaac Smith seconded. VOTE: (6) yes (0) no (0) abstain Motion carried.

Isaac Smith motioned to adopt resolution 23-66; Travis Dunn Lease. Aric Armell seconded.

VOTE: (6) yes (0) no (0) abstain Motion carried.

Coly Brown motioned to adopt resolution 23-67; Michael Heitzman Lease. Isaac Smith seconded.

Motion carried.

Isaac Smith motioned to adopt resolution 23-68; Brian Krouse Lease. Coly Brown seconded.

TRIBAL COUNCIL MINUTES

VOTE: (6) yes (0) no (0) abstain Motion carried.

Isaac Smith motioned to adopt resolution 23-69; Heath & Don Barkley Lease. Aric Armell seconded.

VOTE: (6) yes (0) no (0) abstain Motion carried.

Coly Brown motioned to adopt resolution 23-70; Dillion Martin Lease. Louis LaRose seconded.

VOTE: (6) yes (0) no (0) abstain Motion carried.

Louis LaRose motioned to adopt resolution 23-71; Ho Chunk Farm Lease. Isaac Smith seconded.

VOTE: (6) yes (0) no (0) abstain Motion carried.

Louis LaRose motioned to adopt resolution 23-72; Ho Chunk Farm Lease. Coly Brown seconded.

VOTE: (6) yes (0) no (0) abstain Motion carried.

Isaac Smith motioned to adopt resolution 23-73; Health & Don Barkley Lease. Coly Brown seconded.

VOTE: (6) yes (0) no (0) abstain Motion carried.

Louis LaRose motioned to adopt resolution 23-74; Bryon Olson Lease. Kenneth Mallory Coly Brown seconded.

VOTE: (6) yes (0) no (0) abstain Motion carried.

Isaac Smith motioned to adopt resolution 23-75; Approve Homesite Lease for Pernell & Jordann Blackfish. Aric Armell seconded.

VOTE: (6) yes (0) no (0) abstain Motion carried.

(9:27 a.m. - All Land Leases have been previously approved by Five-Signature and Ratified at the Mid-Month/Regular meeting. - per Teresa Lewis St. Cyr Littlegeorge.)

Aric Armell motioned to rescind motions adopting resolutions 23-64 through 23-75 already completed by five-signatures and ratified on January 5, 2023. Isaac Smith seconded.

VOTE: (6) yes (0) no (0) abstain Motion carried.

PHYSICAL RESOURECES REPORT:

Presented by Ireta Frazier.

[Isaac Smith and Kenneth Mallory out]

Lorelei DeCora motioned to request a Tribal Transit Bus to provide handicap access bus transportation to the Legislative Luncheon in Lincoln, NE on January 24, 2023. Louis LaRose seconded.

VOTE: (5) yes (0) no (0) abstain Motion carried.

(Isaac Smith in]

Isaac Smith motioned to accept the Physical Resources Report. Aric Armell seconded.

VOTE: (6) yes (0) no (0) abstain Motion carried.

EMERGENCY MANAGEMENT

REPORT: Presented by Julie Smithart.

Lorelei DeCora motioned to authorize the Emergency Management Coordinator to establish a small committee to come up with a Basic Operation Plan. Aric Armell seconded.

VOTE: (5) yes (0) no (0) abstain Motion carried.

Aric Armell motioned for administration offices to take all actions necessary to notify the BIA of their pending eviction. Brian Chamberlain seconded.

VOTE: (5) yes (0) no (0) abstain Motion carried.

ADJOURN:

Aric Armell motioned to adjourn at 11:01 a.m. Brian Chamberlain seconded.

VOTE: (5) yes (0) no (0) abstain Motion carried.

Chairwoman Kitcheyan adjourned the meeting at 11:01 a.m.

WINNEBAGO TRIBE OF NEBRASKA **CEO REPORT MEETING** January 11, 2023

TRIBAL COUNCIL PRESENT:

Victoria Kitcheyan Lorelei DeCora Rona Stealer Louis LaRose Coly Brown Kellie Snow Isaac Smith (in at 9:33 a.m.)

TRIBAL COUNCIL ABSENT:

Brian Chamberlain

OTHERS PRESENT:

Christina Parker **Brandon Stout Esther Mercer** Lynelle Blackhawk Ramona Sheridan Tyresha Wolfe Cecelia Earth Teresa Littlegeorge Tania Roberts Desiree Kitcheyan Joy Johnson Aric Armell (in at 9:19 a.m.)

CALL TO ORDER: Chairwoman Kitcheyan called to order at 9:09 a.m. 5. Boys & Girls Club

OPENING PRAYER: Kenneth Mallory Lorelei DeCora motioned to reoffered the opening prayer.

APPROVE AGENDA:

Kenneth Mallory motioned to approve the agenda with additions. Coly Brown seconded.

VOTE: (5) yes (0) no (0) abstain Motion carried.

ADMINISTRATION REPORTS:

1. CEO Report – presented by Esther Mercer.

[Aric Armell in at 9:19 a.m.]

Aric Armell motioned to accept the CEO Report as presented. Rona Stealer seconded.

VOTE: (6) yes (0) no (0) abstain Motion carried.

2. CAO Report - presented by Lynelle Blackhawk

[Isaac Smith in at 9:33 a.m.]

[Aric out]

Coly Brown motioned to accept the CAO report as presented. Louis LaRose seconded.

VOTE: (6) yes (0) no (0) abstain Motion carried.

BOARDS AND COMMITTEES:

1. LPTC Board of Trustees

Kenneth Mallory motioned to advertise (1) vacancy, (4) year term

for 30 days. Louis LaRose seconded.

VOTE: (6) yes (0) no (0) abstain Motion carried.

2. WCHS Board

Kenneth Mallory motioned for Coly Brown to retain his seat on the Winnebago Comprehensive Healthcare System Board for a (3) year term or until his Council Term ends. Louis LaRose seconded.

VOTE: (6) yes (0) no (0) abstain Motion carried.

3. Tribal Transit Board - Request

Kenneth Mallory motioned to affirm the existing Tribal Transit Board; Roads Manager-Elmer Baker, Contract Specialist-Rita Dunn, Physical Resources Director-Ireta Frazier, Facilities Manager-James Price Sr., and HR WinnaVegas. Louis Discussion. LaRose seconded.

VOTE: (6) yes (0) no (0) abstain Motion carried.

Louis LaRose motioned to appoint Christian Rogers HR WinnaVegas to fill a mandatory position from WinnaVegas as a representative for the Tribal Transit Board. Rona Stealer seconded.

VOTE: (6) yes (0) no (0) abstain Motion carried.

4. NCIA - Nebraska Commission on **Indian Affairs**

Rona Stealer motioned to advertise for the Nebraska Commission on Indian Affairs open until filled. Louis LaRose seconded.

VOTE: (6) yes (0) no (0) abstain Motion carried.

activate Kenneth Mallory to the Boys & Girls Club Board. Louis LaRose seconded.

VOTE: (6) yes (0) no (0) abstain Motion carried.

PLANNING DEPARTMENT:

1. 1st draft Policies for WTN Affordable Home Program thru ICDBG and IDBG

2. Resolution – Winnebago Tribe **IHBG Housing Grant**

Rona Stealer motioned to table the New Housing Policy & IHBG Housing Grant until the Mid-Monthly meeting. Louis LaRose seconded.

VOTE: (6) yes (0) no (0) abstain Motion carried.

ENROLLMENT:

1. Resolution – Absolute Relinquishment

Lorelei DeCora motioned to adopt resolution #23-64: Absolute Relinquishment (383-U07649). Rona Stealer seconded.

VOTE: (5) yes, LD, RS, LLR, CB, IS (0) no (1) abstain, KM Motion carried.

2. Resolution - Tribal Enrollment **Applicants**

Rona Stealer motioned to adopt resolution #23-65: Tribal Enrollment Applicants [A3678, A3679, A3912, A3942, A3998, A4000, A4013, A4021, A4022, A4023, A4024, A4026, A4030, A4074, A4075, A4076, A4106, A4116, A4144, A4206, A4208, A4214, A4225]. Lorelei DeCora seconded.

VOTE: (6) yes (0) no (0) abstain Motion carried.

HUMAN RESOURCES:

1. Occupational Health Nurse

Discussion.

Lorelei DeCora motioned to change the Job Title of Occupational Health Nurse to Occupational Health Administrator. Louis LaRose seconded.

VOTE: (6) yes (0) no (0) abstain Motion carried.

2. Off Duty Conduct Policy

Lorelei DeCora motioned to remove the Off Duty Conduct Policy from the Winnebago Tribe of Nebraska Policy and Procedures. Kenneth Mallory seconded.

VOTE: (6) yes (0) no (0) abstain Motion carried.

3. HIRING PRESENTATION: presented by Tania Roberts

NEW POSITION REQUESTS:

1. Renaissance – Language Apprentice Program Manager

Kenneth Mallory motioned to approve the Ho Chunk Renaissance - Language Apprentice Program Manager and Org Chart. Lorelei DeCora seconded.

VOTE: (6) yes (0) no (0) abstain Motion carried.

TRIBAL COUNCIL ITEMS: 1. Admin Leave Policy - discussion

Kenneth Mallory motion to direct the CEO to research a list of essential employees for Premium Pay, Hazard Pay while the Tribe is on Admin Leave. Coly Brown seconded.

VOTE: (5) yes (1) no, IS (0) abstain Motion carried.

TRIBAL COUNCIL ITEMS:

Admin Leave Policy – discussion

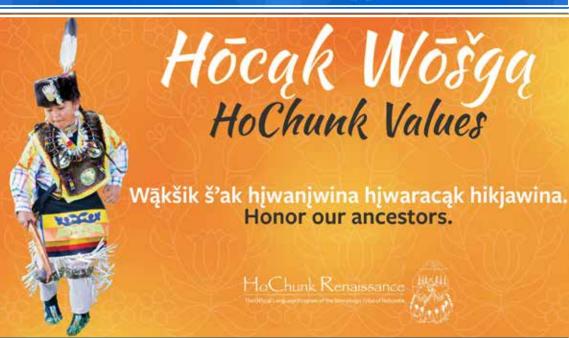
Kenneth Mallory motion to direct the CEO to research a list of essential employees for Premium Pay, Hazard Pay while the Tribe is on Admin Leave. Coly Brown seconded.

VOTE: (5) yes (1) no, IS(0) abstain Motion carried.

Respectfully submitted, Lorelei DeCora, Secretary Winnebago Tribal Council

Minutes to continue next issue...







ITBC Buffalo SeedKeepers Traveling Summer Field Crew

Seeking 4 Field Techs (\$20/hr) and 1 Field Crew Lead (\$25/hr) for 10 Week Appointment (Jun-Aug 2023)

Week Appointment (Jun-Aug 2023) Travel to 5 Tribal and NPS sites in the Great Plains to collect

- Native grass and forb seeds to contribute to a Seed Library All Travel Paid in addition to hourly some camping require Field work experience preferred nearly all outdoor work Shared housing is included in Rapid City for time off work
- Botany experience preferred, but training provided Strong positive attitude and work ethic, and ability to work well on a team is necessary Letter of Interest and Resume Due 3/17/23

ITBC Summer Office Internships

Seeking 2 Interns to help in the ITBC office for Summer 2023

- peking 2 Interns to help in the ITBC office for Summer 2025 Pay is \$15/hr. Shared housing in Rapid City, SD is provided Candidates will have an interest in Tribal Buffalo Restoration and willlingness to learn a wide variety of tasks Most work will be in an office setting but will also include travel and field work as available during the season (travel

ATTEND A WEBINAR 3/2/23 AT 11AM, 3PM, OR 6PM

Webinar Link: http://bit.ly/itbcyouth

- variety of projects
 Letter of Interest and Resume Due 3/24/23
- expenses paid)
 Will learn about all workings of ITBC and participate in a wide



For questions, email admin@itbcbuffalonation.org

HS Summer Program

Accepting 6 Native High School Students for all-expenses paid

ITBC's Red Calf Cohort:

ITBC/Yellowstone National Park

Summer Buffalo Internships

Seeking 4 Summer Interns (\$15/hr) for 9 or 12 Week Appointments to assist the Bison Program at Yellowstone National Park
• 2 internship sessions (Apr 16-Jun 18, and Jul 24-Oct 13) working at Yellowstone National Park
• Small travel and tax reimbursement bonus at the beginning

and end of sessions
Help care for buffalo in the Bison Conservation Transfer Program and also assist field crews - some backcountry

hiking and camping required Field work experience preferred. Interest in Tribal Buffalo Restoration required. Environmental experience preferred Shared housing provided in Gardiner, MT for duration of

internship Letter of Interest and Resume Due 3/10/23

- nmer experiences in 3 locations
 Spend the summer learning about buffalo, nature, and careers in the natural resources with other like-minded students and
- 1 week-long camp in the Black Hills of SD (June 19-23) 1 week-long camp in Yellowstone National Park, WY (Aug 14-
- Attendance for you and a guardian at ITBC's Annual Membership Meeting (Fall 2023, Date and location TBD)
 All expenses paid for Camp Weeks
 Application details TBD!

***InterTribal Buffalo Council is an equal opportunity employer. The Organization does not discriminate by race, color, creed, national origin, age, religion, sex, marital status, sexual orientation, or disability, although the Organization provides an Indian preference for employment. INTERESTED? TO LEARN ABOUT ALL OPPORTUNITIES

\$10,000 EARTISTS

OPEN ARTISTS

LIVE WITHIN 80 MILES OF OMAHA (INCLUDING ALL OF WINNEBAGO AND OMAHA RESERVATIONS)

PROPOSE VISUAL-ARTS PROJECTS

ARE 18+

APPLY NOW!

THROUGH APRIL 30

U-CA.ORG/POPULUSFUND



Populus Fund is facilitated by The Union for Contemporary Art and is committed to funding innovative artist projects that connect with communities. Grant funds can be used for the research, development, and creation of public-facing new work, a project, performance. Public engagement can occur via production. presentation, publication. This may include exhibitions, performances, events, lectures, workshops, screenings, readings, publications, residencies, programming at artist-run-spaces, projects, etc. Projects cannot be presented at art museums or commercial galleries.

The Union for Contemporary Art (Omaha, NE) strengthens the cultural and social landscape of our community by using the arts as a vehicle to inspire positive social change.

Apply Now! Through April 30th u-ca.org/populusfund



COMMUNITY

Native Community Meeting

Sioux City Museum

Date: March 22, 2023

Time: 530-7

TOPICS: Val Uken-New Support Services,

Fingerprinting, background checks

Tanner Drapeau- Cultural foods & Nutrition

Aaron Poor Bear- Education

Jeremy McClure-Social Media Safety, Snapchat

M. LaMere-Community Violence Native on Native

Daniel Bearshield-Drug epidemic

Dinner & Refreshments will be served.

Questions: Please contact Val Uken

Valerie.uken@winnebagotribe.com

712-212-2590



NEBRASKA COMMUNITIES

THE 211 HELPLINE IS A FREE SERVICE THAT REFERS CALLERS TO NON-EMERGENCY HEALTH AND HUMAN SERVICES.

TOTAL CONTACTS

CALLERS' TOP 5 NEEDS



- 54% Housing
- 21% Utility Assistance
- 5% Employment
- 4% Healthcare
- 3% Food

CALL 2-1-1 OR TEXT 898211

402.444.6666 OR TOLL FREE 866.813.1731 AVAILABLE AT NE211.ORG OR 211IOWA.ORG FREE IN THE APP STORE. SEARCH 211 NE





United Ways

ADDITIONAL 211 INFO

New enhancements were added to the website to provide better service. to users as well as Google Analytics to be able to track where users were looking for help, and the type of support needed.

Other funders in this public-private partnership included The Robert Daugherty Foundation, United Way Worldwide, Cox Communications, Lyft, CyncHealth, Childrens' Hospita Metro Area Continuum of Care for the Homeless (MACCH), and others

y Self-Love **AFFIRMATIONS**

- I. LIFE DOESN'T HAVE TO BE PERFECT TO BE BEAUTIFUL.
- 2. I AM MORE THAN ENOUGH.
- MY NEEDS MATTER.
- 4. PEACE AND HAPPINESS ARE INSIDE OF ME.
- I AM KIND TO MYSELF.
- 6. I FOLLOW MY OWN HEART, NOT THE EXPECTATIONS OF OTHERS.
- 7. I AM GENTLE WITH MYSELF AND MY MISTAKES. I UNDERSTAND THEY ARE A GREAT WAY TO LEARN.
- 8. I LOVE THE PERSON THAT I AM AND THE PERSON I AM BECOMING.
- 9. I AM NOT LESS FOR MAKING MISTAKES. I AM MORE. I LEARN FROM THEM.

LEARN MORE!

V W W . H E A L T H Y H A P P Y I M P A C T F U L . C O

COMMUNITY UPDATE HIGHLIGHTS 'DEVELOPING LEADERS'

Submitted by: Ho-Chunk Inc. Communications



Thank you to everyone who attended the recent community update in Winnebago! The goal of these updates is to promote communication and transparency by providing a space for the company and the Winnebago community to come together, share a meal, and learn about company activities and updates.

This session was centered around how we can work together to develop leaders within the Winnebago community. The discussion included highlights from each of our education programs, such as the Apprenticeship Program, the Internship Program, the Ambassador Program, and our various internal and external leadership development programs. Testimonials were shared directly from program participants about how the programs have impacted their lives and their leadership development journey.

We would like to thank all the guest speakers, including Prosper Blackhawk, LeAngela Robinson-Lincoln, Danielle Gutierrez, Cory Cleveland, Sharon Bassette, Charli Earth, Dulcie Greene, Aaron LaPointe, Jill Meadows-Joynes, Willy Bass, and Lance Morgan.

Special guests included elders, Winnebago Tribe of Nebraska Council members, Ho-Chunk, Inc. Board Members, and Winnebago Public School Student Council members. The community update was livestreamed through Zoom for those who couldn't make it in person.

Pinagigi (Thank you) to all who had a hand in the event's success!

COMMUNITY TURNS OUT FOR YOUTH AND FAMILY NIGHT AT THE SIOUX CITY BANDITS

Submitted by: Ho-Chunk Inc. Communications



Thank you to everyone who attended the recent Winnebago Youth and Family Night presented by Ho-Chunk, Inc. at the Sioux City Bandits game.

A special thank you to New Breed, dancers from the Winnebago community, and Winnebago Public School youth football players.

Shout out to Tribal member and former Ho-Chunk, Inc. intern Caden Cleveland, who interns with the Bandits, for coordinating this event for the community!





IT'S JUST MORE FUN



SATURDAYS MARCH

FROM 7PM TO 10PM DRAWINGS EVERY 30 MINUTES

Win your share of \$55,000 Cash! Every
Saturday in March at WinnaVegas! Starting at
7pm we'll draw one winner of \$1,000 every 30
minutes. If the winner is not present we'll roll
over any unclaimed prizes plus \$5,000 to the
10pm drawing!



SATURDAY, APRIL 1

Early Bird 5pm • Main session 7pm • Packages starting at \$75

