

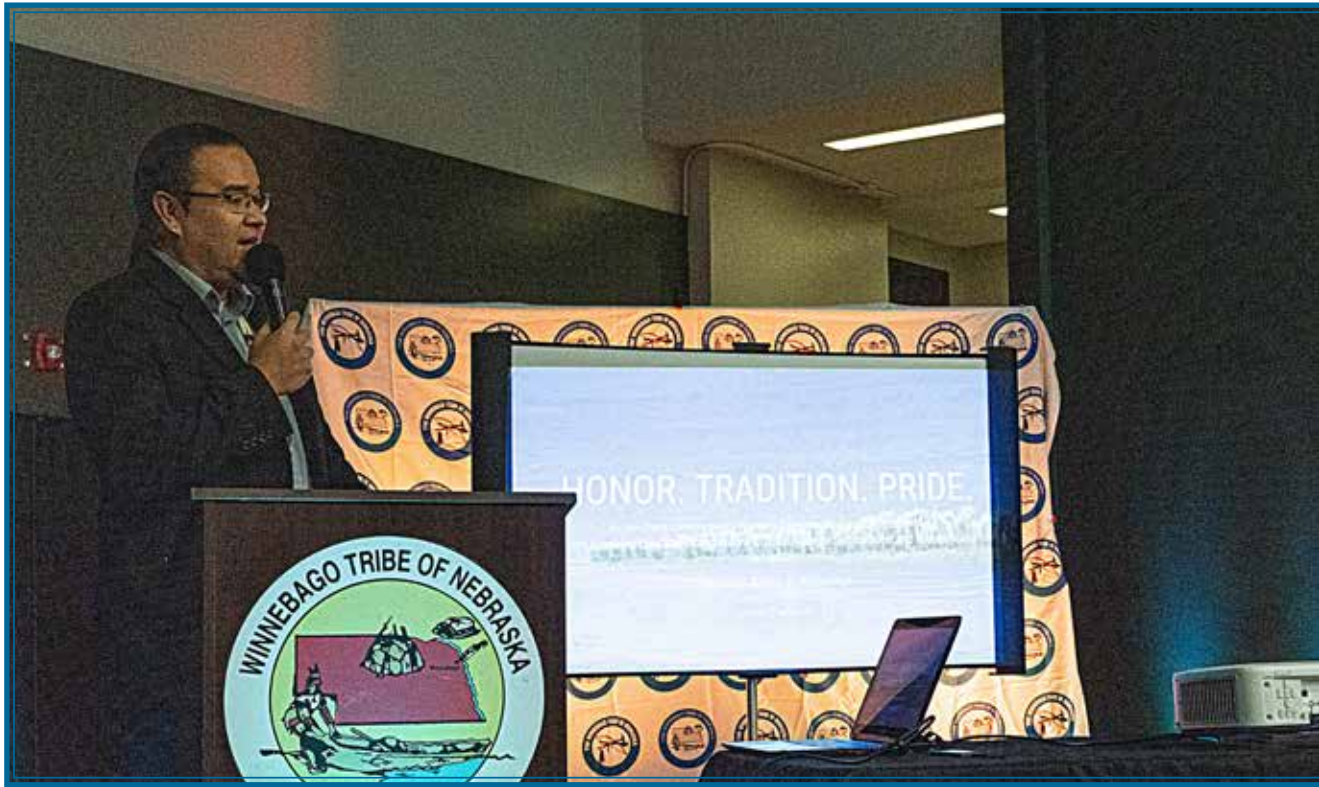
WINNEBAGO TRIBE COMMUNICATIONS HOSTS WINNEBAGO TRIBE WEBSITE LAUNCH PARTY

Written/Photography by: Jordana R. Bass

WINNEBAGO, NE – The Winnebago Tribe of Nebraska’s (WTN) official website has recently received an all new face-lift and rebrand. On Wednesday, April 5th, 2023 the WTN Communications Dept. hosted a launch party for the community to share in a small meal, while hearing words from Tribal Council and the WTN Webmaster.

Guests were greeted by Communications Officer Garan Coons, while tribal council member Isaac Smith offered a word of prayer over the meal. Promotional items were also given away to attendee’s, that included WTN branded computer mouse pads, pens, notepads, and Big Voice and WIN t-shirt’s. Just about 80 people were in attendance, and the team ordered just enough food to waruc.

When it comes to the website, go online and hit www.winnebagotribe.com. Where the website opens up with a photo of the Missouri river. With the words HONOR * TRADITION * PRIDE. Underneath is a quote by Reuban



Opening statement offered by WTN Communications Officer Garan Coons after the official launch of the new website.

A. Snake Jr. “As Ho-Chunk (Winnebago) working together, nothing can prevent us from achieving our dreams and visions to once again be self-sufficient and economically self-reliant.”

The WTN webmaster is Christina Parker (Hiugiwimaniwiga – Water Spirit Clan) is the daughter of Olivia Parker & Howard Bassette. She is the granddaughter of Howard Bassette & Pamela Earth, as well as Oliver Parker & Maxine Hamilton. She received her Bachelor of Science degree from Wayne State College, in Wayne Nebraska. With an abundant amount of experience in the field of graphic design, she transitioned into web design through her experience with Winnavegas Casino.

“The guy at the time was Frank Hensley, who was maintaining it (website) at the time. He was looking at a different position. He wanted me to fill that spot, so he trained me on basic coding and different stuff, then basically said here you go.”

Handing over the reigns she now got her first experience in web design. “I was out at Winnavegas for eight years, during that time I was able to switch it twice (management system). I was able to learn all that, then of course technology is always changing. It was a lot different at that time.”

Currently the website is being built by GoDaddy.com Their web marketing service will be assisting with any issues the website may need to

improve on. Parker shared “right now I have the calendar on the tribal council page that’s not lining up. In order for me not to do all the code work, I’m having them help fix it.”

The website went under construction in October. “I felt like I had a fire under my feet the whole time.” (Editors note: working in the same office, Christina worked constantly on the website, and also ensuring tribal council meetings were livestreamed I personally seen the work that was put into her work day. I’m not sure if she ever took a break lol.)

The website will be maintained consistently, and there is more work to be done. Parker shared “once I get everything where it needs to be, it’s still going to get busy. I got to update the calendars all the time. The WIN page will need to be updated a lot.”

On the main page of the website, the Upcoming Events section will showcase all events coming up. April 20th, from 9am – 11am will be the Breakfast with Council. Hosted at Whirling Thunder Wellness Center gymnasium. On May 2nd to May 4th, is the 2023 Spring Community Clean up. You can also click the “view calendar” link to view other upcoming events. Is one major addition to the website. So if you want to stay up to date with all upcoming events, the website is the best place to go.

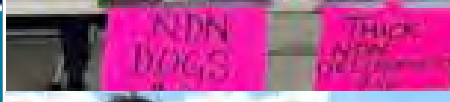
Story Continued. p. 3
See WEBSITE

BAGO BITS

By: Tyler Snake



Saturday, April 1st The Boys and Girls Club held post-prom in the Whirling Thunder Wellness Center! Shoutout to their Sponsors- Morningstar Counseling, Winnebago Health Department, Winnebago Public, Tribal Higher Education, WinnaVegas and PepsiCo for providing a safe environment for the youth to have fun!



As the temperature rises the Village Farmers Market prepares for their 4th season! Starting this Friday, April 14th and every Friday following through October 27th 9am to 5pm!! Stop by and check out what the local vendors have to offer, from baked goods, locally famous specialties, baked goods, arts and crafts to raffles and more! For those inquiring about becoming a vendor reach out to (402)878-2192 for more info. #SupportSmallBusinesses



Top to bottom: WTN Communications Webmaster Christina Parker shared some words about the website, after the launch. A small meal was served to attendants!



Top: many were in attendance and were offered promo items!

THE BIG VOICE RADIO LAUNCHES YOUTH BASED RADIO SHOW

Written by: Jordana R. Bass



First pre-recorded session with Marlin and Morgan as they learn the ropes of hosting.

WINNEBAGO, NE – The Big Voice radio station has recently added a ton of new shows to the line up for their listening and viewing audiences.

One in particular is a youth hosted show called Baby Bison Beats, that is hosted by Winnebago youth and Ho-Chunk Inc. apprentices Marlin Mousseau III and Morgan Earth. Who are currently placed within the Winnebago Tribe of Nebraska's (WTN) Communications Dept. Both have previously been placed with the Communications through the Summer Youth Employment Program (SYEP) and HCI Apprenticeship.

They are being mentored by Bethani Redhorn who is the WTN Communications Office Manager and host of All Request Live, as well as Jordana Bass who is the Editor of the Winnebago Indian News.

At the beginning of their apprenticeship's, they learned about branding and logo development, where they then designed their own logo for their radio show and creating their own promo graphics. Now having moved into the radio station where they now host and DJ their show for Baby Bison Beats, also gaining experience in working with the radio equipment and postproduction sound editing.

Bass expressed to the boys in a recent interview "you guys are learning things that I learned even after graduating from college. So if there any times of struggling with a task, don't feel bad cause you guys are learning advanced work."

Mousseau III (MC Mousseau) shared "a lot goes into it, the logos and websites use certain colors to catch peoples attention, to lure people in to look at their products." Earth (DJ Grandson) added "you want logos to look more simple in certain aspects." Partnering with the Big Voice, they are getting their feet wet in radio experience.



Mousseau III expressed "it's a lot of multitasking and you have to check a lot of things and making sure everything is ready."

This isn't the first time Earth has co-hosted in the studio. He's also been with the department through SYEP, but expressed "I got more comfortable speaking outward, I'm thinking more forward and fluent, rather than up and rushed."

Baby Bison Beats have also invited guests to their show. With multiple other students apart of the HCI Apprenticeship program, and they are invited on the show to share their experiences as well, to give more of a voice to the youth of Winnebago.

Isaiah Walker (Winnebago) is the son of Esther Mercer & James Armell. He is the grandson of Eraine Mercer. His is placed at the IT Department of the WTN, under supervision of Brandon Stout.

He expressed on a recent interview

on Baby Bison Beats, "I've been wanting to go into IT for a really longtime, and it's been really good so far. I'm really finding a passion for it."

Walker learned how to make patch wires. "they're ethernet cables that are hooked up to all of your stuff." He expressed. Also assisting in setting up printers, and fixing PC computers. He adds "just all sorts of stuff that any normal IT person would do."

"The only challenging part is the down time honestly. I'm more of a work and just work, work, kind of person." Walker seems to be a good student, also adding he makes sure to get his homework done at school so he has free time after classes.

Each Friday the students are out of their worksites and are taught through the HCI apprenticeship program different "real world" lessons. He finishes off the interview to say "I learned a lot about proper job etiquette, and how to dress."

The purpose of Baby Bison Beats is to allow the youth to share their music. Stay tuned for updates in future WIN issues, as we will continue to invite other youth to Baby Bison Beats!



MC Mousseau and special guest co-host Isaiah Walker, and DJ Bessami after a fun day of pre-recording.

WINNEBAGO HIGHER ED. STUDENT SPOTLIGHT

Written by: Jordana R. Bass



Andrew Stone Doctorate of Chiropractic Cleveland University – Kansas City

Stone is currently a coach of boys and girls wrestling at Norfolk Senior High School, where he now resides and sees patients at the Cultivate Chiropractic Center. He is a recent graduate and one of the recipients of the Winnebago Higher Education Scholarship.

"The Higher ed department has allowed me to focus on my classes and grades during my time in undergrad to be eligible and accepted into chiropractic school. While in chiropractic school their support helped me to be able to take classes year-round, without a part time job. The higher ed. scholarship alleviated a lot of financial stress from me to be able to focus completely on my education and to now be a

Doctor and provide the best care possible to my patients."

Currently his career goals are to continue to treat patients as an associate chiropractor at Cultivate Chiropractic in Norfolk, NE and West Point, NE. "I also plan to stay involved in the sport of wrestling as a coach at Norfolk Senior High. In the future I will likely be looking into buying into a practice as a part owner or looking to open my own chiropractic practice."

The purpose of the scholarship is to provide eligible members of the Winnebago Tribe of Nebraska with financial assistance to complete their educational goals.

For more information regarding the scholarship or other opportunities the Higher Ed. Department has to offer, go online and visit winnebagotribe.com/higher-education

Or call 402.878.2631, or stop by the office at 916 N. Mission Dr., Winnebago, NE 68071

The next issue of the WINNEBAGO INDIAN NEWS will be published on April 29, 2023. DEADLINE for this issue will be April 26, 2023

Winnebago Indian News

Postmaster
Send Address Changes To
Winnebago Indian News
P.O. Box 687
Winnebago, Nebraska 68071

The Winnebago Indian News (WIN), founded in January 1972, is published bi-weekly for the Winnebago Tribe of Nebraska.

The Mission of the WIN is to inform and to educate the Winnebago Tribe of Nebraska of issues that affect them, and to be a vehicle in which stresses positive and beneficial concerns and points of view.

LETTER POLICY: Signed editorials, letters and articles appearing in the WIN are the responsibility of the authors and do not necessarily reflect the opinion or attitude of the Winnebago Indian News or the Winnebago Tribal Council. The WIN encourages the submission of Letters to the Editor; however, letters must be signed and addressed. Letters may be edited for language and length.

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402-878-2272

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Jordana R. Bass Editor
Tyler Snake..... Office Manager

WTN Communications
Garan Coons.....Comm. Officer
Bethani Redhorn.....Comm. Office Manager
Christina Parker.....Comm. Web Master

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Rona StealerTreasurer
Coly Brown..... Member
Kenny Mallory..... Member
Arik ArmellMember
Louie LaRoseMember
Isaac Smith.....Member



TOP STORIES

WEBSITE

continued from page 1...

If you would like to stay up to date with upcoming WTN Tribal Council meetings, the website also have the calendar of all tribal council meetings. If you go online, click on the ABOUT US, then click the TRIBAL COUNCIL tab where it will take you to the page with the calendar and contact information for all Tribal Council members.

Other updates to come on the website will be to match the new branding throughout the whole website, as well as adding other tribal program content to enhance services on the website, and give easier access to all the multiple tribal programs and entities within the Winnebago Tribal organization.

The KWTN 100.9FM radio station will also receive an all new website to enhance the radio stations output and outreach to their audience. Parker wraps up by sharing, "the site is about 60 - 80 percent complete. But there will probably be more to add later."

Technology changes consistently, staying up to date and adapting with the times will enhance and improve services for tribal members who live on and off reservation. If you have time, go check out the all new Winnebago Tribe of Nebraska website at www.winnebagotribe.com



Top to Bottom: go to www.winnebagotribe.com and you will see this opening screen. 2nd from top, Tribal Council Member Isaac Smith offers a prayer over the meal. Bottom, Emily Smith wins the door prize, which was a brand new Lenovo laptop.



On behalf of the Winnebago Tribe of Nebraska, we would like to congratulate Sgt. Arika Armell on her graduation from the Marine Corps Drill Instructor School.

She graduated on March 29th, 2023 at the Marine Corps Recruit Depot in San Diego, CA. She is the daughter of WTN Councilman and Marine Corps & U.S. Army Veteran, Arik "Dusty" Armell.

LOOKING BACK ON THE 2023 WCHS ANNUAL EASTER EGG HUNT

Submitted by: Robert Ironshell, Winnebago Comprehensive Healthcare System

WINNEBAGO, NE - The 2023 Winnebago Annual Easter Egg-Stravaganza was a resounding success! The WCHS team came together in full force to make this year's event one to remember.

"Beautiful weather led to the beautiful sound of children celebrating at the Annual Winnebago Egg Hunt. One of the biggest turnouts in years where close to 1,400 eggs were found, pony rides and petting zoo kept busy, an appearance of the Easter bunny, 100 pizzas devoured in 40 minutes, music and prizes abound. It was a great event brought together by the Dental clinic, WCHS staff, and help from Heelan students."

-Dr. Rex Monif, Winnebago Chief Dental Officer

We would like to extend a heartfelt thank you to everyone who came out to the 2023 Winnebago Annual Easter Egg-Stravaganza. Your participation and support made the event a tremendous success. Your presence added to the festive atmosphere and helped to create an unforgettable experience for everyone. We are grateful for your support and hope that you had as much fun as we did.

Once again, thank you for making the 2023 Winnebago Easter Egg-Stravaganza a memorable and successful event. We look forward to seeing you again next year!



ANNOUNCEMENTS

Winnebago Forest Management Plan

The BIA Winnebago Agency and BIA Rocky Mountain Regional Office are updating the Winnebago Reservation's 2009 Forest Management Plan while simultaneously completing an Environmental Assessment.

BIA is seeking community input to help update the management vision and goals for forested areas of the Reservation.



WHAT DO YOU THINK?

COMPLETE THE ONLINE COMMUNITY SURVEY AT THE WEBSITE BELOW OR BY SCANNING THE QR CODE

<https://www.surveymonkey.com/r/WinnebagoFMP>

Survey Ends April 21, 2023



Hard copy versions of the survey available at BIA Agency Office

\$10,000 PROJECT GRANTS FOR ARTISTS

OPEN TO ARTISTS WHO

X LIVE WITHIN 80 MILES OF OMAHA (INCLUDING ALL OF WINNEBAGO AND OMAHA RESERVATIONS)

X PROPOSE VISUAL-ARTS PROJECTS

X ARE 18+

APPLY NOW!

THROUGH APRIL 30

U-CA.ORG/POPULUSFUND



Populus Fund is facilitated by The Union for Contemporary Art and is committed to funding innovative artist projects that connect with communities. Grant funds can be used for the research, development, and creation of public-facing new work, a project, or performance. Public engagement can occur via process, presentation, production, or publication. This may include exhibitions, performances, events, lectures, workshops, screenings, readings, publications, residencies, programming at artist-run-spaces, online projects, etc. Projects cannot be presented at art museums or commercial galleries.

The Union for Contemporary Art (Omaha, NE) strengthens the cultural and social landscape of our community by using the arts as a vehicle to inspire positive social change.

Apply Now!
Through April 30th
u-ca.org/populusfund



COLLEGE & CAREER FAIR

APRIL 19TH

15+ COLLEGES
MILITARY ACADEMIES
LOCAL BUSINESSES

WINNEBAGO PUBLIC SCHOOL PRACTICE GYM

WCHS HO-CHUNK INCORPORATED 9AM-2:30PM

9AM-12:45PM STUDENTS ONLY
1:30-2:30PM OPEN TO THE COMMUNITY

LITTLE PRIEST TRIBAL COLLEGE

"BE STRONG AND EDUCATE MY CHILDREN"

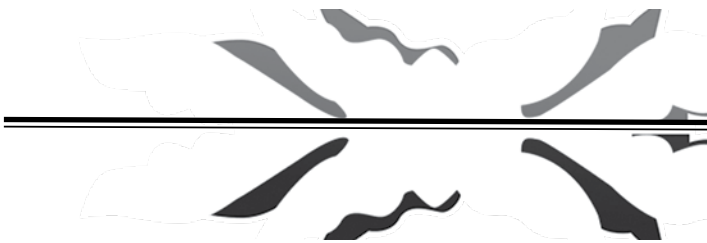
is NOW HIRING Full Time Faculty

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For more information, visit us online at <https://littlepriest.edu/job-openings/>

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Little Priest Tribal College is an equal opportunity employer



NOTICE TO CREDITORS

STATE OF: Elizabeth Walker
Date of Birth: July 11, 1944

To All Creditors:

Notice to Creditors: The decedent, Elizabeth Walker, who lived at 2962 BIA Rd 52, Winnebago, Nebraska 68071 died on August 17, 2022.

Creditors of the decedent are notified that all claims against the estate will be forever barred unless presented to Autumn Nieman, personal representative, within 4 months after the date of publication of this notice.

April 3, 2023

Autumn Nieman,
Personal Representative for the Estate

PO Box 819
Winnebago NE 68071

WINNEBAGO HEALTH ALERT!!

Parents or Guardians of elementary students. Lock up your vaping products. Our children are utilizing these items at school.

- Vaping products can contain high levels of Nicotine, A highly addictive drug. Vaping is not harmless.
- Vaping carries real health and safety risks, including addiction and other negative health effects.
- School age youth who vape may experience coughing, wheezing, nausea, vomiting, headaches and dizziness.
- **UNDER FEDERAL LAW, YOU MUST BE AGE 21 OR OLDER TO BUY VAPE PRODUCTS!**

Help youth quit with Smokefree Teen. The website features a Quit Vaping section with resources to help teens quit and stay vape-free. Visit teen.smokefree.gov/quit-vaping

QuitNow.ne.gov 1-800-QUIT-NOW(784-8669); Nebraska Department of Health & Human Services, Tobacco Free Nebraska.

For more information contact: The Winnebago Public Health Department, Winnebago Healthy Promotions and Education or Tobacco Free Nebraska.

SPRING CLEANING IS AROUND THE CORNER

Submitted by: Winnebago Housing Development, Rena Brownrigg-Harden



As we all know annual inspections have started and it's time to do spring cleaning and spring yard clean.

Resident Services will be going around and looking at yards and doing door knockers. We hope you take advantage of the nice days to get your yards in order.

In your leases it states: Obligations of the resident;

Part S. "Not to keep unlicensed or inoperable vehicles in the development or to leave any vehicle on blocks or jacks". "To Not drive or park and to inform guest not to drive or park on the lawn".

Section H. "To dispose of all garbage, rubbish and other waste from the premises in a sanitary and safe manner.

Please let's get all our yards looking good.

Have a Happy Easter!!

WHDC Resident Services,
Rena Brownrigg/Harden

ANNOUNCEMENTS

ATTENTION ALL WINNEBAGO MEDICAID MEMBERS

The continuous coverage requirement, which has allowed waiver participants to keep both waiver and Medicaid coverage even if they were no longer eligible, will expire on March 31, 2023. This means that starting March 1, 2023, the Division of Developmental Disabilities and the Division of Medicaid and Long-Term Care will resume regular reviews of Medicaid eligibility, and state Medicaid programs can begin disenrolling ineligible individuals by April 1, 2023. It is crucial that members update their contact information with Nebraska Medicaid and check their mail regularly to avoid unnecessary loss of Medicaid or Waiver coverage.

If you have questions about your coverage. TCUH Patient Benefit Coordinator, Glenda Bruggeman, is available Mon-Fri, 8AM-4:30PM in person or by phone at 402-878-3570. In addition, A NE Medicaid Representative, Liliana Flores, is available at TCUH to assist you in completing a Medicaid Application as well as answer any questions that you may have. She is here on the 1st and 3rd Thursday of every month from 9AM to 4:30PM on the 2nd Floor across from medical records. NE Medicaid Contact: Liliana.flores@nebraska.gov

For more information and to update your contact information, visit the Medicaid renewal page or contact ACCESSNebraska.

Online at ACCESSNebraska.ne.gov

Email DHHS.ANDICenter@nebraska.gov

Fax (402) 742-2351

Call ACCESSNebraska at:

Omaha: (402) 595-1178

Lincoln: (402) 473-7000

Toll Free: (855) 632-7633



ALL LEGAL NOTICES ARE POSTED ON BEHALF OF: Winnebago Tribal Court

228 Industrial Rd, Winnebago, NE 68071
402.878.2570

LEGAL NOTICE: 2/3

Notice of Hearing
Case No. CV23-018

In the Matter of the Guardianship Petition of: Matthew Moniz Sr.

In Re:
M.A. (Born 09/2017)
Simone Aldrich, Mother
Shaquille Moniz

To: SIMONE ALDRICH, Mother
SHAQUILLE MONIZ, Father

You are hereby notified that a petition has been filed for Guardianship and a hearing concerning the above referred Individual(s) in Case No. CV23-018 has been scheduled and will be heard in the Winnebago Tribal Court of Winnebago, Nebraska on the 18th day of April, 2023 at the hour of 9:30 A.M.

Dated this 20th day of March, 2023

LEGAL NOTICE: 2/3

Notice of Hearing
Case No. JFJ23-010

The People of the Winnebago Tribe In the Interest of: S.S.B (Born 02/2023)

To: AARON CURRY, FATHER
ALL POTENTIAL FATHERS

You are hereby notified that a hearing for an Adjudication concerning the above referred minor individual(s) in case no. JFJ23-010 has been scheduled and will be heard in the Winnebago Tribal Court of Winnebago, Nebraska on the 11th day of APRIL, 2023 at the hour of 1:00 P.M.

Dated this 8th Day of March, 2023.

LEGAL NOTICE: 1/3

Notice of Hearing
Case No. CV23-027

In the Matter of the Guardianship Petition of: Denise Lincoln
In Re:
A.L. (Born 05/2013)
Reuben Horned Eagle, Father

TO: REUBEN HORNED EAGLE, Father

You are hereby notified that a petition has been filed for Guardianship and a hearing concerning the above referred Individual(s) in Case No. CV23-027 has been scheduled and will be heard in the Winnebago Tribal Court of Winnebago, Nebraska on the 13th day of April, 2023 at the hour of 11:30 A.M.

Dated this 27th day of March, 2023

LEGAL NOTICE: 2/3

Notice of Hearing
Case No. CV23-040

In the Matter of the Guardianship Petition of: Wilhelmina Sharpback

In Re:
M.F. (Born 01/2021)
Jasmine Harden, Mother

TO: JASMINE HARDEN, Mother
JARED FRAZIER, Father

You are hereby notified that a petition has been filed for Guardianship and a hearing concerning the above referred Individual(s) in Case No. CV23-040 has been scheduled and will be heard in the Winnebago Tribal Court of Winnebago, Nebraska on the 17th day of APRIL, 2023 at the hour of 11:00 A.M.

Dated this 20th day of March, 2023

Sincerely, Tribal Court Judge

EDITORIALS

NATIONAL CRIME RIGHTS VICTIMS WEEK IN WINNEBAGO

Submitted by: Thelma Whitewater

Hello my name is Thelma Whitewater and I am the Crime Victim Advocate for the Winnebago Tribal Court. The National Crime Rights Victims Week is April 24-28, 2023. We will be having events all week.

The Kickoff event is a Round Dance April 24th, with our partners from the area tribes, Isanti, Omaha, Ponca and Winnebago Domestic Violence Programs. We will have program booths set up, we will have a meal at 6pm and the Round dance to follow, location is the Whirling Thunder Gym. I invite the MMIW, 2 spirited and anyone who wish to attend. We will have speakers on the topic. A meal will be sponsored by the Winnebago Health Department

Tuesday April 25th we will have a Walk for Child Abuse Awareness at noon, location Land of Wellness. T-shirts will be given out to those who walk and for the first 150 attendees. We will have local programs set up around the field to inform you of what services they provide.

I want to give a big shout out and credit to the Winnebago Public School Shop Class for the making of Silhouettes that will be placed at the Statue Garden, these silhouettes will have a survivor story on them. These silhouettes will be placed there on Monday on to Friday, then on Friday we will have a candlelight vigil to end the Crimes Victim Rights Week. Join us for a candle light vigil in honor and remembrance of our lost relatives, survivors, and the families left impacted by these violent crimes.

On March 10, 2023 We had a Crimes Victim Rights Proclamation that was approved by the Winnebago Tribal Council.

Thanks to Trisha Etringer, and the Great Plains Action Program for your assistance with the event, and for all who assisted.

Any questions please call Thelma Whitewater at (402) 878-2570 ext. 4114

MOTHER EARTH, A LOVE STORY

Submitted by: Denise Jensen, EPD



Earth Day is once again quickly approaching, and April 22nd will be upon us without notice or regard for our busy schedules. So decided to take a few moments to remind us all to celebrate the planet upon which we live on this very special day. But first comes the science lesson.

Mother Earth is about 4.5 billion years old supporting about 8 billion people. She is the third planet from the sun, the fifth largest planet in our solar system and has one moon. The planet is made up of three different layers: the crust, the mantle, and the core. The crust is the outside layer or surface that we live on. The mantle, the next deeper layer, is mostly solid bulk. The core is the very hot, very heavy center of the planet. She is the right distance from the sun so is protected from harmful sun's rays by her magnetic field. She is kept warm by a shielding sky and has

the right chemical ingredients for life including water, air, and carbon.

Known as the 'Blue Planet' because water covers about 71% of the Earth's surface and from outerspace appears blue. Most of the water is found in the oceans. Only about 1% of the Earth's water is available to us for our daily water supply needs. The water on the Earth today is the same water that's been here for 4.5 billion years. We haven't managed to create any new water just contaminate. Just a tiny fraction of our water has managed to escape into space. The only thing that changes is the form that the water takes as it travels through the water cycle. But that's a science lesson for another day.

Mother Earth is a giving planet. Everything we need to survive has been provided by her, water, food, shelter, medicine, and natural wonders. Yes, man has created imitation materials, but it all starts with the Mother, much like an infant carried in their mother's womb. She supplies the precious metals that we prize so much, animals that feed our body and our spirits, energy needed to run our cars, homes and factories, and natural wonders where one can get lost and reconnect on a physical and spiritual level.

She greets us every morning as our feet hit the floor after awaking from

our slumber. She creates the sound of the wind wisping through the leaves of the trees, the babble of the water in a stream traveling on its way, the smell of wildflowers dancing in the meadow, the quick glimpse of a deer leaping through thick brush, a choir of birds singing their songs during pre-dawn light, children's laughter as they play, the gentle tapping of rain on the window pane, and so many other wonders as humans we may take for granted. Her voice speaks to us in a quiet whisper, but we are often too busy to hear. Her wisdom guides and grounds us. Her embrace heals, protects, teaches, and nurtures us.

What would make Mother Earth happy? Can speak of the normal things such as conserve water and energy; reduce, reuse, and recycle; plant trees; and eat organic foods. These all sound great and in fact are very important. Most of all, I think, she wants our love. Blessed is the mother whose children love her.

Started this story to express how much we all should love our Mother Earth but during the journey she revealed to me how much she truly loves us. So, let's kiss and hug our Mother Earth each and every day the best we can from our hearts. Rejoice in the love story, Mother Earth has for us and as we should for her in return. Be thankful and express our blessing for her.

Oh, would not be doing right by Mother Earth if I didn't remind everyone that really when it all comes down to it, every day is Earth Day, celebrate her.

Denise Jensen, EPD

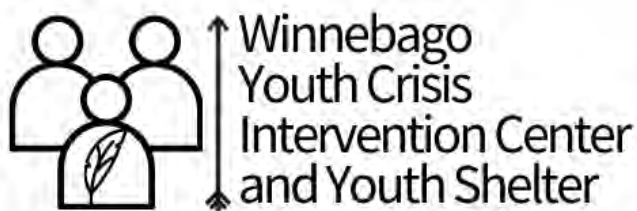
Resources obtained from various sources included but not limited to USGS, EcoWatch, and Wikipedia.



EDITORIALS

SUICIDE IN INDIAN COUNTRY PT. 28

Submitted by: Youth Crisis Intervention Center



Media Guidelines for Suicide Reporting

Great care should be given to the way in which suicides are reported in the media. Improper reporting techniques can lead to suicide contagion (copycat suicides).

One of the best examples of suicide contagion was that of the Vienna train suicides of the 1980s. For about four years, from 1984 to 1987, several individuals died by suicide by running or jumping in front of oncoming trains. The media coverage of each suicide was sensational and extensive, and caused numerous “copycat” suicides.

Finally, in 1987, a campaign was launched to alter the way the media reported the suicides. The result of the campaign was dramatic – suicides and attempted suicides dropped by over 80% after only six months.

Thus, the way suicides are reported in the media can either CAUSE suicides or PREVENT suicide

Minimize coverage of suicides. Keep the stories relatively brief and do not run too many stories. But it is important to run stories!

ALWAYS provide suicide prevention information with suicide stories. This is CRITICAL.

So a statement like the following can **SAVE LIVES:**

Anyone who is suicidal may receive immediate help by calling 1-800-SUICIDE. Suicide is preventable, and if you are feeling suicidal, you must get help.

Do not hesitate to talk about suicide in stories. But ALWAYS do so in a way that provides help, hope, and resources for the suicidal and suicide survivors.

There is a strong stigma associated with suicide, so it **MUST** be talked about. Sensitive articles about suicide can help **REDUCE** this stigma; but please be **EXTREMELY** careful about how you talk about it and how you cover stories about suicide.

- Do not begin a television newscast with a suicide story.
- Do not place suicide stories on the cover of newspapers or magazines.
- Do not sensationalize suicides.
- Do not romanticize suicides.
- Never portray suicides as heroic.
- Never say that a suicide “ended pain” or “ended suffering.” Suicide **CAUSES** excruciating pain for suicide survivors.
- Also, people need to be alive to feel relief from pain. Suicide **CAUSES** pain.
- Be careful about describing the methods used. Do not go into great detail about the methods, and do not show detailed pictures of the locations where the suicides occurred.
- Do not say suicides occur because of one event. (Suicides rarely occur because of one event.)
- Be careful with the wordings of headlines.
- Be careful with all of the words that are used in the story.

**National Suicide Prevention Lifeline
1-800-273-8255 (TALK) or the**

**Winnebago Behavior Health 1-402-878-2911
or After Hours Crisis # 1-712-259-3263.**






suicideTALK

An exploration in suicide awareness

Monday April 17th
12-1pm and 5-6pm
YCIC Basement
To register: email:
donna.wolff@winnebagotribe.com

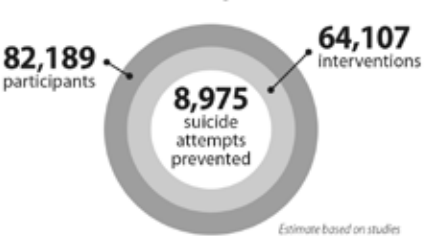


Make a connection. Help save a life.

Suicide is preventable. Anyone can make a difference.

- Half-day training in suicide alertness skills
- Learn four basic steps to create a life-saving connection
- Widely used by professionals and the general public

safeTALK's impact in 2016



safeTALK works

Studies show that participants gain confidence:

- Asking people about suicide directly
- Connecting them to life-saving resources
- Keeping them safe until those resources take over

People making a difference with safeTALK

Upcoming safeTALK training
Date: April 20, 2023 12-3pm
Location: YCIC basement
Hosted by: YCIC

Cost: Free
To inquire or register, call 402-841-3834 or email:
donna.wolff@winnebagotribe.com

Learn more about safeTALK and see the evidence at www.livingworks.net/safeTALK

National Indian Health Board

HAVE HEALTH INSURANCE?

Don't Lose Your Medicaid Coverage

Cost: Free
To inquire or register, call 402-841-3834 or email:
donna.wolff@winnebagotribe.com

WCHS
Winnebago Cooperative Healthcare System

Volume 52, Number 8 • Saturday, April 15, 2023

TRIBAL COUNCIL MINUTES

minutes continued from last issue...

CALL TO ORDER: Chairwoman Kitcheyan called to order at 9:10 a.m.

OPENING PRAYER: Brian Chamberlain offered the opening prayer.

APPROVE AGENDA:
Additions: Gaming Tax Code, Resolutions Support, Contract update/ support

Kenneth Mallory motioned to approve the agenda with additions. Brian Chamberlain seconded.

VOTE: (7) yes (0) no (0) abstain
Motion carried.

DC TRIP UPDATE:

1. Land Legislation
2. IHS Funding

BIA FACILITY LEASES:

1. Complaint
2. Agency & OJS Lease Renewals
3. 105(1) leases for 638 programs

BIA LAW ENFORCEMENT – TRIBAL MEMBER COMPLAINT:

Brian Chamberlain motioned for the Chair to take all actions necessary to officiate the complaint. Aric Armell seconded.

VOTE: (6) yes (0) no (0) abstain
Motion carried.

Discussion on the Police Review Board

CAO – Policy needs to be revised/ revamped (TC reps to the Board; AA, IS, CB).

CEO – Recommends revising the Policy before we appoint more board members.

TRIBAL ENROLLMENT CRITERIA:

[Aric Armell out]

Brian Chamberlain motioned to table the one pager on Enrollment until further review by Mid-Month. Lorelei DeCora seconded.

VOTE: (6) yes (0) no (0) abstain
Motion carried.

[Aric Armell out, Rona Stealer in]

VILLAGE OF WINNEBAGOWATER & SEWER SYSTEM:

1. Transfer of ownership of Village Water & Sewer System

Isaac Smith motioned to support the Petition for Brian Chamberlain to file to transfer ownership of the Village Water & Sewer System. Coly Brown seconded.

OBJECT: Brian Chamberlain

VOTE: (6) yes (0) no (1) abstain, BC
Motion carried.

[Aric in]

THURSTON COUNTY REDISTRICTING LITIGATION STATUS:

- Filed on February 10, 2023
- County has to respond by March 9, 2023

NE GAMING COMPACT RESEARCH:
Discussion on Sports betting.

Aric Armell motioned to begin the Class III Compact with Nebraska. Brian Chamberlain seconded.

OBJECT: Lorelei DeCora, Louis LaRose

VOTE: (4) yes, BC, AA, CB, IS (4) no, LD, KM, LLR, RS (0) abstain

Chair votes no to break the tie.

FINAL VOTE: (4) yes, BC, AA, CB, IS (5) no, LD, KM, LLR, RS, VK (0) abstain
Motion failed

Until we connect with the Winnebago Gaming Development Board.

DOLLAR GENERAL UPDATE:

- Isles cleaned up since WTN letter to the Dollar General Corporate office
- Dollar General is now open after weekend incident per facebook post

Isaac Smith volunteers to serve on a Work Group to look at the store.

Aric Armell would like a Special Meeting with planning, and Tribal Administration on a store.

BREAK: back at 12:26 p.m.

TRIBAL COUNCIL ITEMS:

1. BC - Gaming Tax Update
2. BC - Resolution Support
3. Contract update – Content distributor for KWTN Contract

Aric Armell motioned to direct General Counsel to research WTN Eminent domain of within the tribal boundaries. Brian Chamberlain seconded.

VOTE: (8) yes (0) no (0) abstain
Motion carried.

Aric Armell motioned to direct the General Counsel to research whether our intellectual property was stolen by the business. Lorelei DeCora seconded.

VOTE: (3) yes, LD, IS, AA (4) no, BC, LLR, RS, CB (1) abstain, KM
Motion fails.

ADJOURN:

Aric Armell motioned to adjourn at 1:16 p.m. Brian Chamberlain seconded.

VOTE: (8) yes (0) no (0) abstain
Motion carried.

Chairwoman adjourns the meeting at 1:16 p.m.

WINNEBAGO TRIBE OF NEBRASKA PHYSICAL RESOURCES REPORT
February 16, 2023

TRIBAL COUNCIL PRESENT:

Brian Chamberlain
Lorelei DeCora
Rona Stealer
Coly Brown (in @ 1:09 p.m.)
Aric Armell (in @1:10 p.m.)
Isaac Smith
Louis LaRose
Kenneth Mallory

TRIBAL COUNCIL ABSENT:
Victoria Kitcheyan (leave)

OTHERS PRESENT:

Lynelle Blackhawk
Sharon Frenchman
Jack LaMere
Ron Nohr
Danae Varges
Ireta Frazier
Julie Smithart
Autumn Nieman
Lola Kearnes
Fannie LaTray
Kellie Snow

Michael Shonka
Cecelia Earth
Esther Mercer

CALL TO ORDER:
Vice Chairman Chamberlain called to order at 1:06 p.m.

OPENING PRAYER:
Fannie LaTray offered the opening prayer.

APPROVE AGENDA:
Rona Stealer motioned to approve the agenda with additions.

Isaac Smith seconded.

VOTE: (4) yes (0) no (0) abstain
Motion carried.

[Coly Brown in at 1:09 p.m.)

LAND MANAGEMENT:

1. Agricultural Lease Bid – Allotment 853-2 Hanna Whitefish

Rona Stealer motioned to adopt resolution #23-75: Ref: Agricultural Lease Bid – Allotment 853-2 Hanna Whitefish, (5) five years for Tremayne Farms Inc at the rate of \$4,100.00 per year for the term of the lease. Isaac Smith seconded.
VOTE: (5) yes (0) no (0) abstain
Motion carried.

[Aric Armell in at 1:10 p.m.)

2. EMS Building – discussion [Esther Mercer in at 1:25 p.m.)

Aric Armell motioned to adopt resolution #23-76: Ref: Land Purchase – Edward Rave Allotment – 164L to offer option 1 as specified in the spread \$22,314.28. Isaac Smith seconded.

OBJECT: Coly Brown
VOTE: (4) yes, AA, IS, RS, LD (2) no, LLR, CB (0) abstain
Motion carried.

3. Thurston Bar Building – Discussion

Aric Armell motioned to authorize Land Management to begin negotiations for purchase of the Thurston Bar. Isaac Smith seconded.

OBJECT: Louis LaRose, Lorelei DeCora

VOTE: (4) yes, IS, AA, RS, CB (2) no, LD, LLR (0) abstain
Motion carried.

4. Adopt resolution – Ag Lease – Allotment 865 Walking Soldier 69.4%

Aric Armell motioned to adopt resolution #23-77: Ref: Agricultural Lease Bid – Allotment 865 Walking Soldier 69.4%. Isaac Smith seconded.

VOTE: (6) yes (0) no (0) abstain
Motion carried.

5. Adopt resolution – Ag Lease – Allotment 812-1-Alice Ricehill, Allotment 814-H. Whitewater

Rona Stealer motioned to adopt resolution #23-78: Ref: Agricultural Lease Bid – Allotment 812-1-Alice Ricehill, Allotment 814-H. Whitewater. Isaac Smith seconded.

VOTE: (6) yes (0) no (0) abstain
Motion carried.

6. D. Ave Bridge

Aric Armell motioned to authorize the Chairwoman to sign letter for application on the D. Ave Bridge replacement. Isaac Smith seconded.

VOTE: (6) yes (0) no (0) abstain
Motion carried.

7. Adopt resolution – BIA 17 – New Bridge Requested

Louis LaRose motioned to adopt resolution #23-79: BIA Road 17 – New Bridge Requested. Isaac Smith seconded.

VOTE: (6) yes (0) no (0) abstain
Motion carried.

8. Adopt resolution – Request for Preliminary Engineering Services from BIA

Lorelei DeCora motioned to adopt resolution #23-80: Request BIA Preliminary Engineering Services from BIA. Louis LaRose seconded.

VOTE: (6) yes (0) no (0) abstain
Motion carried.

EMERGENCY MANAGEMENT SERVICES:

1. Monthly Report

Aric Armell motioned to accept the Emergency Management Report as submitted. Louis LaRose seconded.

VOTE: (6) yes (0) no (0) abstain
Motion carried.

PHYSICAL RESOURCES REPORT:

1. Monthly Report

Michael Shonka – Solar Feasibility Results.

Aric Armell motioned to accept the Solar Feasibility Results as presented. Louis LaRose seconded.

VOTE: (6) yes (0) no (0) abstain
Motion carried.

2. Demolition Application

Aric Armell motioned to approve the Demolition application. Louis LaRose seconded.

VOTE: (6) yes (0) no (0) abstain
Motion carried.

3. ARPA Home Repair Round 2

Isaac Smith motioned to approve the ARPA 2 Home Repair Round 2 Home Application. Aric Armell seconded.

VOTE: (6) yes (0) no (0) abstain
Motion carried.

4. Plumbing issues at Pony Store

Ron Nohr updates Tribal Council – Morningside plumbing to assess the sewer under the store tomorrow (2-17-23).

ADJOURN:

Aric Armell motioned to adjourn at 2:50 p.m. Rona Stealer seconded.

VOTE: (6) yes (0) no (0) abstain
Motion carried.

Vice Chairman Chamberlain adjourned the meeting at 2:50 p.m.

WINNEBAGO TRIBE OF NEBRASKA CEO REPORT MEETING
February 17, 2023

TRIBAL COUNCIL MINUTES

<p>TRIBAL COUNCIL PRESENT: Brian Chamberlain (in @ 9:20 a.m.) Rona Stealer Lorelei DeCora Isaac Smith Louis LaRose Kenneth Mallory</p>	<p>seconded.</p> <p>VOTE: (4) yes (0) no (0) abstain <i>Motion carried.</i></p> <p>Andie Snowball provides an update on the Regulatory process our HEMP Commission does.</p>	<p>OBJECT: Rona Stealer</p> <p>VOTE: (4) yes (1) no, RS (0) abstain <i>Motion carried.</i></p> <p>Isaac Smith motioned to authorize the Secretary to schedule a Disenrollment Hearing date (30 days down the road).</p> <p>Rona Stealer seconded.</p> <p>VOTE: (5) yes (0) no (0) abstain <i>Motion carried.</i></p> <p>BREAK: return at 11:23 a.m.</p> <p>ANGEL DECORA MUSEUM: Drum Group Project</p> <p>Isaac Smith motions to schedule a meal with the drum groups with the Tribal Council present (paid out of Tribal Council events budget). Kenneth Mallory seconded.</p> <p>VOTE: (5) yes (0) no (0) abstain <i>Motion carried.</i></p> <p>2. NARF/Carlisle Cemetery</p> <p>[Lorelei DeCora out]</p> <p>Kenneth Mallory motions to refer NARF/Carlisle agreement to the General Counsel. Isaac Smith seconded.</p> <p>VOTE: (4) yes (0) no (0) abstain <i>Motion carried.</i></p> <p>[Lorelei DeCora in]</p> <p>TRIBAL COUNCIL ITEMS: 1. UNMC</p> <p>Rona Stealer motions to authorize the Tribal Council to schedule the UNMC meeting in April 2023. Kenneth Mallory seconded.</p> <p>VOTE: (5) yes (0) no (0) abstain <i>Motion carried.</i></p> <p>2. Donation Request</p> <p>Kenneth Mallory motioned to approve the donation request of \$5,000.00 to students attending AIHEC out of Tribal Council Donations. Lorelei DeCora seconded.</p> <p>VOTE: (5) yes (0) no (0) abstain <i>Motion carried.</i></p> <p>3. Executive Session</p> <p>Kenneth Mallory motioned to go into Executive Session at 12:11 p.m. Louis LaRose seconded.</p> <p>VOTE: (5) yes (0) no (0) abstain <i>Motion carried.</i></p> <p>Kenneth Mallory motioned to come out of Executive Session at 12:45 p.m. Rona Stealer seconded.</p> <p>VOTE: (5) yes (0) no (0) abstain <i>Motion carried.</i></p> <p>ADJOURN: Rona Stealer motioned to adjourn at 12:46 p.m. Isaac Smith seconded.</p> <p>VOTE: (5) yes (0) no (0) abstain <i>Motion carried.</i></p> <p>Vice Chairman Chamberlain adjourned the meeting at 12:46 p.m.</p> <p>WINNEBAGO TRIBE OF NEBRASKA MID-MONTHLY TRIBAL COUNCIL MEETING February 20, 2023</p>	<p>TRIBAL COUNCIL PRESENT: Brian Chamberlain Rona Stealer Lorelei DeCora Kenneth Mallory Aric Armell (in at 5:40 p.m.) Louis LaRose Isaac Smith</p>	<p>TRIBAL COUNCIL ABSENT: Victoria Kitcheyan (leave) Coly Brown (excused)</p>	<p>OTHERS PRESENT: Cecelia Earth LaDonna Holstein</p>	<p>CALL TO ORDER: Vice Chairman Chamberlain called to order at 5:07 p.m.</p>	<p>OPENING PRAYER: Isaac Smith offered the opening prayer.</p>	<p>APPROVE AGENDA: Additions: New Position request from Physical Resources, Last Bear Moon Pow-wow update.</p> <p>Isaac Smith motioned to approve the agenda as amended.</p> <p>Rona Stealer seconded.</p> <p>VOTE: (5) yes (0) no (0) abstain <i>Motion carried.</i></p>	<p>READING OF THE MINUTES: 1. 2-2-23 Special Tribal Council meeting – BIA Regional Director Visit</p> <p>Isaac Smith motioned to approve the February 2, 2023 Special Tribal Council meeting – BIA Regional Director Visit meeting minutes. Kenneth Mallory seconded.</p> <p>VOTE: (5) yes (0) no (0) abstain <i>Motion carried.</i></p> <p>2. 2-15-23 Regular TC mtg</p> <p>Isaac Smith motioned to approve the February 15, 2023 Regular Tribal Council meeting minutes. Rona Stealer seconded.</p> <p>VOTE: (5) yes (0) no (0) abstain <i>Motion carried.</i></p> <p>3. 2-15-23 General Counsel mtg</p> <p>Isaac Smith motioned to approve the February 15, 2023 General Counsel meeting minutes. Rona Stealer seconded.</p> <p>VOTE: (5) yes (0) no (0) abstain <i>Motion carried.</i></p> <p>4. 2-16-23 Physical Resources Report mtg</p> <p>Isaac Smith motioned to approve the February 16, 2023 Physical Resources Report meeting minutes. Rona Stealer seconded.</p> <p>VOTE: (5) yes (0) no (0) abstain <i>Motion carried.</i></p>
<p>TRIBAL COUNCIL ABSENT: Aric Armell (leave) Victoria Kitcheyan (leave) Coly Brown (attending WCHS mtg.)</p>	<p>[Brian Chamberlain in, assumes chair]</p> <p>2. Pow-wow Committee</p> <p>Lorelei DeCora motions to appoint Kiva Harden-Free, Char Richardson, Sunshine Bear, Tara Hernandez and Tyresha Wolfe to the 2023 Pow-wow Committee and advertise one vacancy for 30 days. Louis LaRose seconded.</p> <p>VOTE: (5) yes (0) no (0) abstain <i>Motion carried.</i></p> <p>3. Credit Committee</p> <p>Rona Stealer motions to advertise one vacancy for the Credit Committee for 30 days. Existing members can re-apply.</p> <p>Lorelei DeCora seconded.</p> <p>VOTE: (5) yes (0) no (0) abstain <i>Motion carried.</i></p> <p>4. Wildlife & Parks Commission</p> <p>Kenneth Mallory motions to nominate Leslie Brownrigg to the Wildlife & Parks Committee. Rona Stealer seconded.</p> <p>VOTE: (5) yes (0) no (0) abstain <i>Motion carried.</i></p> <p>5. Tribal Housing – Tenant Vacancy</p> <p>Kenneth Mallory motioned to appoint Carmelita LaTray to the Tribal Housing Committee. Louis LaRose seconded.</p> <p>VOTE: (5) yes (0) no (0) abstain <i>Motion carried.</i></p> <p>6. Little Priest Tribal College</p> <p>Lorelei DeCora motioned to appoint Lynelle Blackhawk to the Little Priest Tribal College Board of Trustees vacancy. Louis LaRose seconded.</p> <p>VOTE: (5) yes (0) no (0) abstain <i>Motion carried.</i></p> <p>7. IRB</p> <p>Rona Stealer motioned to authorize the CEO to take all action necessary to work with legal to remedy the IRB issue. Louis LaRose seconded.</p> <p>VOTE: (5) yes (0) no (0) abstain <i>Motion carried.</i></p>	<p>ENROLLMENT: 1. Resolution #23-82; Tribal Enrollment Applicants</p> <p>Kenneth Mallory motioned to adopt resolution #23-82: Tribal Enrollment Applicants [A4083, A4110, A4146, A4147, A4148, A4154, A4168, A4202, A4217, A4236]. Lorelei DeCora seconded.</p> <p>VOTE: (5) yes (0) no (0) abstain <i>Motion carried.</i></p> <p>2. Memorandum/Notice Letter</p> <p>Kenneth Mallory motioned to approve the notice letter on Disenrollment. Lorelei DeCora seconded.</p>	<p>BOARDS AND COMMITTEES: 1. Hemp Commission</p> <p>[Brian Chamberlain – out while brother is presenting, Lorelei assumes chair]</p> <p>Kenneth Mallory motions to accept TBH resignation from the Hemp Commission and advertise for 30 days. Rona Stealer seconded.</p> <p>VOTE: (4) yes (0) no (0) abstain <i>Motion carried.</i></p> <p>Kenneth Mallory motions to approve the Hemp Commission to travel to the 8th Native American Cannabis & Hemp Conference, June 6-7, 2023, in Femecula, CA. Rona Stealer</p>	<p>OTHERS PRESENT: Esther Mercer Lynelle Blackhawk Kellie Snow Tyresha Wolfe Andie Snowball Joshua Chamberlain Joy Johnson Liz Bayer Billie Kitcheyan Kiva Harden-Free Ramona Sheridan</p>	<p>CALL TO ORDER: Secretary DeCora calls the meeting to order at 9:14 a.m.</p>	<p>OPENING PRAYER: Joshua Chamberlain (tribal member) offers the opening prayer.</p>	<p>APPROVE AGENDA: Louis LaRose motioned to approve the agenda with additions. Rona Stealer seconded.</p> <p>VOTE: (4) yes (0) no (0) abstain <i>Motion carried.</i></p>	<p>ADMINISTRATION REPORTS: 1. CEO Report</p> <p>Lorelei DeCora motions to approve the CEO Report as submitted.</p> <p>Rona Stealer seconded.</p> <p>VOTE: (4) yes (0) no (0) abstain <i>Motion carried.</i></p> <p>[Brian Chamberlain in at 9:20 a.m., assumes chair]</p> <p>2. CAO Report</p> <p>Rona Stealer motions to approve the CAO Report as submitted. Lorelei DeCora seconded.</p> <p>VOTE: (5) yes (0) no (0) abstain <i>Motion carried.</i></p> <p>3. Community Breakfast Budget</p> <p>Kenneth Mallory motions to approve the Community Breakfast Budget of \$600.00 out of the Tribal Council Events budget.</p> <p>Lorelei DeCora seconded.</p> <p>VOTE: (5) yes (0) no (0) abstain <i>Motion carried.</i></p>	<p>Respectfully submitted, Lorelei DeCora, Secretary Winnebago Tribal Council</p> <p>Minutes to continue next issue...</p>

CULTURE & ART



Hōcāk Wōšgā HoChunk Values

Hōcāk wōšgā hanjwina wakaracāk wiāje.
Honor our traditions.

HoChunk Renaissance
The Official Language Program of the Winnebago Tribe of Nebraska

Wēnā (Spring) Weather Terms

<i>Majtajēhi</i> WIND	<i>Nižu</i> RAIN	<i>Wira cat'i</i> SUNSHINE
<i>Maxi</i> CLOUD	<i>Wipamakere</i> RAINBOW	

HoChunk Renaissance



APRIL 19, 2023

Mahitawus hī wīra EARTH DRYING MOON

HoChunk Renaissance
The Official Language Program of the Winnebago Tribe of Nebraska



HoChunk Renaissance
The Official Language Program of the Winnebago Tribe of Nebraska

Emily Smith

Community Outreach Specialist

Emily Smith, Maḡxi ska pi, from the Thunder Clan. I am from Winnebago, Ne and I am the new Community Outreach Coordinator for HoChunk Renaissance. My mom is Cheryl Smith, and my grandparents are Waukon and Emily Smith. I graduated from Winnebago High School and continued to Little Priest Tribal College. I received my associate's degree and went on to Wayne State College. I have seven children ranging from 27 years to 11 years. I worked a variety of jobs in my past, but the best one was the Museum/Repatriation job. I started as a VISTA worker and became a full-time tribal employee in 2001. I worked with my uncle, David Lee Smith. We traveled to Illinois, Wisconsin, and Iowa to do a lot of repatriations for the Winnebago Tribe. I learned a lot while working with him and traveled to participate in a lot of meetings and burials. After he retired, I then became the Museum and Repatriation Director. I left the tribe in 2015 when I moved to Lincoln, Ne. I worked at the Crete Carrier Trucking in Billing Department for a few years, I worked part time with the Nebraska Regional Center, which is the State of NE Mental Hospital and lastly, I worked for six years at Kawasaki in the Shipping Receiving Department. I learned how to drive a forklift and I was assigned to load and unload trailers every night. I also learned how to drive other machines that we operated in the warehouse. I moved back to Sioux City in November 2022. I am glad to be back with the Winnebago Tribe of Nebraska and working with the Language. I am hoping that I can learn more and help with different projects for our community.

ANGEL DECORA MUSEUM ARTIST SPOTLIGHT

Submitted by: Youth Crisis Intervention Center



Lori Pearson is one of the artist's who were selected to have their artwork on display.

WINNEBAGO, NE - Recently the Angel Decora Museum and Research Center contracted more artwork to be implemented and displayed at the museum. Artist's were to be of Hōcāk descent. 5 artists were selected and the WIN will be spotlighting each of those artists.

Lori Pearson (Woman that Walks at Night - Bear Clan) is a member of the Winnebago tribe, and a resident of Minnesota. She is the daughter of Sharon Armell Lynch and Lowell Lynch. She is the granddaughter of Alberta Rave and Lawrence Armell Sr.

She is a self-taught artist with a focus on embroidering Native designs. She is also a photographer and much of her photographs inspired her to translate Winnebago women's applique patterns to embroidery. She finds inspiration from her family, her tribe, and the land. She designs her patterns with an intentional focus on reciprocity and challenging traditional paradigms in both embroidery and Native symbolism. Each piece has been embroidered by hand.

Pearson shared "My art is inspired by the mirrored applique dress designs crafted by the women of the Winnebago Tribe. In 2019, after retiring from a 35-year corporate career in Minneapolis, MN, I started drawing and hand embroidering patterns taken from my pow wow

photographs. Next, I visited my Grandma and Aunties to photograph and copy their stitchwork. I continue to be influenced by elder stories, historical photographs, personal memories, and my relationship with the land. My intention is to merge and morph contemporary threads with traditional notions to create new works depicting reciprocity and resilience. The time to do this work is lengthy and has proven to be a valuable gift. Time spent stitching allows for introspection and the physicality of creating a tangible story from a dream. It took much planning and much work for our women to create the traditional, balanced harmony in their applique designs. As a Winnebago woman and a feminist, I celebrate the beauty of their applique patterns through embroidery, reflecting harmony in my art and striving for balanced harmony in my life.

It's hard to walk into a forest without bluejays instantly sharing news of your supposed trespass. They have sharp eyes and a sharp raucous voice. The Winnebago name for bluejay is Jejec (jay-jaych). This trickster is the symbolic storyteller of the Winnebago people. Some of their stories may not be so nice.

This piece was inspired by the bluejays visiting our bird feeder right outside our kitchen window. I took this photo in February 2022 when it was very cold and the jay's feathers were full. The Winnebago Indian News (WIN) had recently published a story about the bluejay, and I was able to bring it to life."

To see the new contemporary art displayed at the Angel Decora Museum, visit them in Winnebago, Nebraska at 601 E. College Dr. Hours from 9am-4pm Monday - Friday, 10am-2pm on Saturday.

To see more of Lori Pearson's work, you can visit: www.lorienpearson.com

Wanigiege MĀS ZĪ hōni WINNERS

 LEIGHTON G.	 TAYA K.
 Keith B. Māš ska (Silver) \$200	 ELIAS B. Māš zīrasep (Bronze) \$100
	 KANDY D. Cō kerekereš (Blue Spotted) Nintendo Switch



Artwork Title: "Woman That Walks at Night" by Lori Pearson. Can be viewed only at the Angel Decora Museum

COMMUNITY



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FOR IMMEDIATE RELEASE – March 27th, 2023

Newly-Created Winnebago Health Foundation Announces Board Members and Key Initiatives

Winnebago, NE - The Winnebago Comprehensive Healthcare System (WCHS) has established the Winnebago Health Foundation (WHF), a non-profit organization that is committed to improving the health and well-being of residents in the Winnebago area through targeted investments, strategic partnerships, and community-focused initiatives. The board met for the first time on December 22nd, 2022.

WHF is proud to announce the appointment of several accomplished professionals to its Board of Directors. These individuals bring a wealth of experience, diverse perspectives, and passion for improving community health to the Foundation's leadership team. They will play a pivotal role in shaping the Foundation's strategic direction, initiatives, and community impact.

The board is as follows:

Danelle Smith, Chair
Dave Bernstein, Vice Chair
David Edwards, Secretary
Pat Hubbard, Treasurer
Amy Encinger, Board Member

Patricia Idoate, Board Member
Sunshine Bear, Board Member
The Hon. Rona Stealer, Board Member
The Hon. Tori Kitcheyan, Board Member

"I am thrilled to be joined by these exceptional individuals on our Foundation Board of Directors," said Danelle Smith, WHF Chair. "Their unique experiences and perspectives will be vital as we work together to build a healthier future for our community. My time as the former Chief Executive Officer of WCHS has made me keenly aware of the value in developing strong partnerships and systems to help support the dynamic and growing health care needs of our Tribe and community."

One of the initial focuses of the WHF is to provide scholarships to local students pursuing careers in healthcare. By investing in the next generation of healthcare professionals, the Foundation aims to foster a sustainable pipeline of talent dedicated to improving health outcomes of the Winnebago community and surrounding communities.

Additionally, WCHS is planning to soon launch an Employee Giving Campaign that will empower staff members to become an integral part of the Foundation's philanthropic efforts. This initiative will allow employees to contribute to the Foundation's mission and support the projects and programs they are most passionate about.

By engaging board members with diverse backgrounds and expertise, the Foundation is better positioned to address the complex health challenges facing our community today.

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About the Winnebago Health Foundation

The Winnebago Health Foundation is a nonprofit organization dedicated to improving the health and well-being of residents in the Winnebago area. Through strategic investments, partnerships, and initiatives, the Foundation works to address critical health issues and foster a healthier future for the Winnebago community. If you would like more information or are interested in donating, please contact linda.santi@winnebagoTribe.com.

In partnership with the Winnebago Comprehensive Healthcare System.

What is Self-Care?



WHAT IS SELF-CARE?

Self-care is the ability of individuals, families and communities to promote health, prevent disease, maintain health, and cope with illness and disability with or without the support of a health worker ("Self-care interventions,"n.d.).

Self-care is a fluid concept, meaning that it looks different from person to person. Some people might see self-care as eating ice cream while watching Netflix, taking a bubble bath, lighting a scented candle, or going out for a jog ("Indigenizing Your,"n.d.).

WHAT IS INVOLVED WITH SELF-CARE?

Making healthy lifestyle choices
Being physically active and eating healthily.

Avoiding unhealthy lifestyle habits
Avoiding smoking and excessive alcohol consumption.

Self-recognition of symptoms
Assessing and addressing symptoms, in partnership with a healthcare professional where necessary.

Self-monitoring
Checking for signs of deterioration or improvement.

Self-management
Managing symptoms of disease, either alone, in partnership with healthcare professionals, or alongside other people with the same health condition.

INDIGENIZING SELF-CARE

Plant Medicine
The act of harvesting, grinding and creating traditional medicines made from plants is a great way to get the body moving and to spend some time outdoors. Different berries, flowers, trees, and other plants have a variety of soothing properties.

Traditional Dance
Traditional dance gatherings are typically held for celebrations, but that doesn't mean practicing is off the table. Practicing traditional dance is a great way to get the body moving while learning the moves, stories and language of the community.

Sources:
https://www.who.int/health-topics/self-care#tab_1
<https://www.selfcarefederation.org/what-is-self-care>
<https://www.wernative.org/articles/indigenizing-your-self-care>

Created by Morningstar Counseling



WINNEBAGO TRIBAL FARM

GARDEN PREP & TILLING SERVICES

We are delighted to offer our services to you! Here at the Winnebago Tribal Farm our employees are here to offer free tilling and gardening services, we aim to provide you with the best possible services from gardening to landscaping.

Contact Trey Blackhawk
@ 402-385-8766



PROTECT YOUR SEXUAL HEALTH

Submitted by: Winnebago Public Health Department

April 9-15 is Sexually Transmitted Infection (STI) Awareness Week. If you are sexually active, there are a few things you need to know. First, STIs are preventable. You can lower your risk by using condoms and latex barriers during sex (oral, vaginal, and anal).

Talk openly and honestly to your partner(s) and your healthcare provider about sexual health and sexually transmitted infections, or STIs.

Get Yourself Tested!

Call 878-3404 to schedule an appointment today! Once you complete your testing, stop down to the PHN department for a \$25 Visa gift card sponsored by the Great Plains Tribal Leaders Health Board.

Any questions, please call Shannon Wright, Winnebago Public Health Nurse at 402-878-3619.

Winnebago Public Health Department Kidz Café



2023



June 5th - July 14th
Serving time:
11:30AM-1:00PM

Ages 1-18

Location: Whirling Thunder Wellness Gym
100 Bluff St. Winnebago, NE 68071

DYK?

MANY STIS HAVE NO SYMPTOMS
PROTECT YOUR HEALTH
GET TESTED



\$500,000 CRACK THE CODE

Every Saturday in April
From 7pm to 10pm

Win up to \$500,000 Cash!
Every Saturday in April at
WinnaVegas! Starting at
7pm we'll draw two
winners every 30 minutes.
Crack the code on the
Super Vault and win cash!



Zooght

ROAD
FEVER
TOUR

GREATEST HITS
INCLUDE:
"Slow Ride"
"Fool For The City"
"I Just Want To Make
Love To You"
AND MUCH MORE!



**SATURDAY
AUGUST 12**

**DOORS AT 7PM
SHOW AT 8PM**

**TICKETS
STARTING AT \$22**